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AGOGE NEW IDENTITY TEMPLATE

Ideal Version of Yourself 3-6 Months From Now

Power Phrases (2-3)

- I am Souad Habachi and I gonna make it
- I believe in me
- I got all I need right now, right here

Core Values (2-3)

- Religion
- Empathy
- Indefatigability

Daily Non-Negotiables (2-3)

- Daily checklist
- Do something difficult/ unpleasant everyday
- Study at least one new notion/skill

Goals Achieved

- Better body
- More energy
- Bulding my own business
- Earn at least 2500€ every month

Rewards Earned

- Respect

- Confidence
- A lot of work to do

Appearance And How Others Perceive Her

- Elegant
- Professional
- Strong

Day In The Life

Make it as vivid as possible. What does he FEEL like as he goes through each part of his day? Add images vision board style. Use the first person and present tense, i.e. "I walk through the streets..."

- I wake up early in the morning, exercise, and review my daily tasks, knowing that I'll complete them all before starting my day. A sense of satisfaction and self-assurance pervades me every morning. I wake up knowing it will be another fulfilling day because I am now the person I have always wanted to be. At peace with myself and the world, I have finally found my balance. I don't allow anyone to make any negative comments about me, even the others have noticed my substantial change. I go through the day calmly, free from the fear of failure. For lunch, I eat healthy and I dedicate time to my personal projects and catch up on any missed live calls. In the afternoon, I return to work, I am an interior designer, applying what I've learned in TRW, especially in terms of sales. I am proud of myself and my abilities. My strength lies in being able to learn anything and not setting any limits for myself. In the evening, I reflect on the blessings in my life, sit down with my family, and promise myself that my parents will never have to work another day in their lives. On a personal level, I have a satisfying relationship and have found the right person. Before going to sleep, I think that now I do three times as much as I used to, but I have more energy.

