The Practice of Eucharist

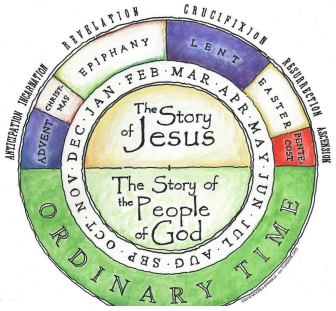
The sacrament of Eucharist was instituted by Jesus at the Last Supper (Luke 22:7-20), practiced by Him after His resurrection (Luke 24:30-35) and given further explanation by the Apostle Paul to the church in Corinth (1 Cor. 11:17-34).

In taking Eucharist, we are not only remembering Jesus' sacrifice of body and blood for the redemption of the world , we are also mysteriously united with Christ. The Apostle Paul takes this union seriously, "Is not the cup of thanksgiving for which we give thanks a participation in the blood of Christ? And is not the bread that we break a participation in the body of Christ?" (1 Cor. 10:16). Furthermore, Eucharist, while personal and intimate, is more than individualistic as we believe that followers of Jesus are also united and mysteriously made one body by sharing in the bread and cup (1 Cor. 10:17).

While we believe nothing magical occurs during Eucharist, something mysterious, real and powerful does. As a result of our theology, we partake in Eucharist on a weekly basis, generally at the end of our worship gathering as a crescendo.

We invite ALL (regardless of denomination) who have begun the journey to trust Jesus as Savior, Teacher and Lord to partake in the Sacrament of Eucharist. If you have not made a decision to follow Christ, please feel free to abstain as we are seeking to create an atmosphere of authenticity in which no one is manipulated into acting against their conscience.

Practicalities: When you come forward for Eucharist, come when you feel ready at your leisure down the center aisle. Receive a piece of bread and then dip that piece of bread into either wine or grape juice before eating it. Then you may return to your seat.



1030 Choteau St. – Helena, MT 59601
406-324-7273
www.helenaheadwaters.org

headwaters
covenant church

Sunday, May 25
Easter Season

Order of Service

Welcome

Call to Worship

Songs of Praise

Prayers of the People/ Offering

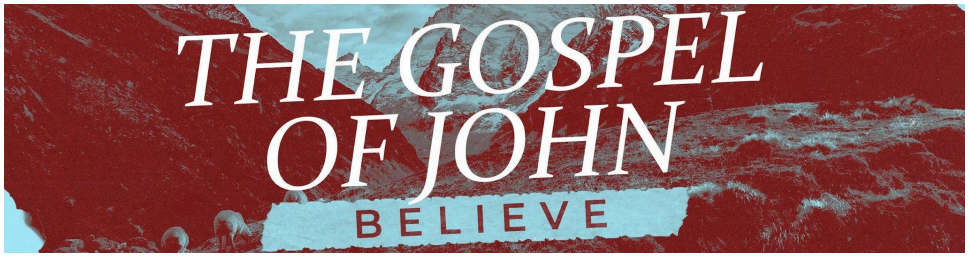
Children's Prayer

Ministry of the Word

Response in Worship

Communion
(Please check out back of bulletin)

Benediction



So…who is Jesus? – John 5:19-47

Why are the authorities so angry at Jesus?

How does Jesus describe his union with the Father?

What two implications result from union with the Father?
#1:

#2:

What makes this miracle so incredible?

How does seeing the chiastic structure of this text help see the heart of it?

What is the main point?

Jesus verifies his claim with 4 witnesses:
#1:
#2:
#3:
#4:

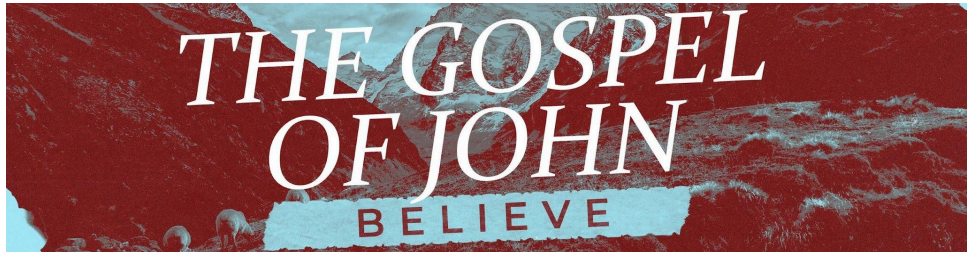
Who does Jesus say he is?

What are the implications based on who Jesus is?

What two responses can we have toward Jesus' gospel claim?
#1:

#2:

How will you respond today?



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How will you respond today?

Special Offering

Between Mother's Day and Father's Day we will be collecting a special offering to bless our neighbors at Options Clinic. Please pick up your baby bottles with instructions by May 12 and plan to bring them back by June 16.

Service Project

Come join us as we put our faith in action and serve our neighbors. We will serve again this year the youth at the Margret Stewart Home. We will be cleaning the outside and planting some flowers as well as any other projects they have for us.
Saturday, May 31; 9:00 am-12:00pm – 200 Miller St

Year Anniversary Party!

Can you believe it has been a year since we have merged Christ the Redeemer and Headwaters! To celebrate we will have a BBQ following the worship service with hot dogs and brats: **Sunday, June 1**. We will get out the bounce houses and some yard games as we enjoy fellowship together celebrating this anniversary. Please bring a desert to share.

Men's Bible Study

When: Join us every Monday @ 6:30am
Where: 1889 Coffee House
The Study: We are working through Ecclesiastes
Contact Pastor Iain for more info. 843.855.0795

Women's Bible Study

! When we want wisdom for life, where do we begin? Join us for a study this summer using the WordGo app, following King David and his son, Solomon, as they write words of wisdom that pray and sing of the ultimate Source of wisdom. We will meet every other **Monday evening at 820 Isy loop, from 6-7:30 pm, starting June 2nd through July 14th** to discuss parts of 1 Kings, Psalms, and Proverbs. We will spend our first meet-up in fellowship and spend time helping everyone get set up to use the app. If you do not have access to the app but still want to participate or if you have any questions, please contact Angie Robertson at 406-531-7366 or abr.dpt@gmail.com.

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headwaters covenant church Summer Events

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Summer Life Together Hangouts

Join us this summer as we connect and share life together! We will have a BBQ, yard games, and a campfire rolling. You can bring something to cook or share (we will have food – just let us know you are coming), or just come to hang out and play or relax, whatever works best for you and your family – we will have s'mores stuff for everyone!

Every other Wednesday @ the Dombach's (and others)
5-9pm Starting June 11

Annual Lake Day

Save the date for an afternoon of sharing life together out at the parallel lakes at the Syvrud's! We will have the bounce houses, yard games, boat for water skiing and tubing! So, bring a sun shade and water toys, paddle boards, life jackets and prepare for fun! Headwaters will provide hotdogs and hamburgers and drinks. Please bring a side dish or dessert to share.

Saturday, July 19th – 10:00am – 4:00pm
4010 Bouy Blvd. (2 miles North of Costco)

All Church Camp Trip

Save the date for our annual church camp trip - **August 15-17**. With so much success, we will again have a Saturday night smoke meat cookoff, plus more of our usual fun at the lake! This year we will be back at the Hellgate Campground on the other side of Canyon Ferry Lake. Please RSVP your site to racheldombach@gmail.com

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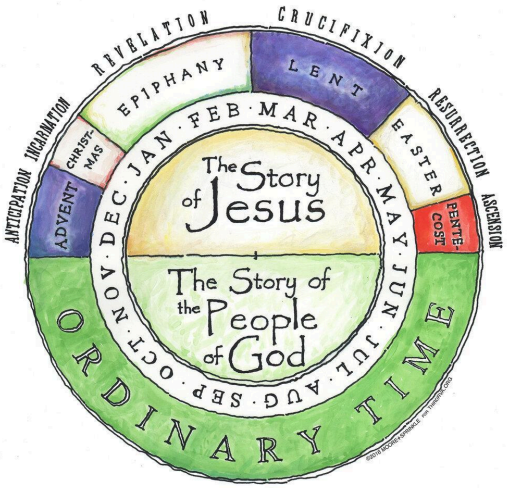


Next sermon series: Proverbs – Skill in the Art of Godly Living

Join us this summer as we unpack timely words and practical life implications from this great book of wisdom.

Children's Church

Children's Church is every other week for kid's preschool-5th grade. We are continuing children's church through the summer and would love more help; if you are interested in serving, please contact Rachel Dombach – 360.305.8052 – Next Children's Church Sunday, June 1st.

Men's and Women's Prayer Times

The most important and powerful thing we can do together is to pray.

Men's Prayer Tuesday's 7:00am-8:00am

Women's prayer Tuesdays 12:30pm-1:30pm

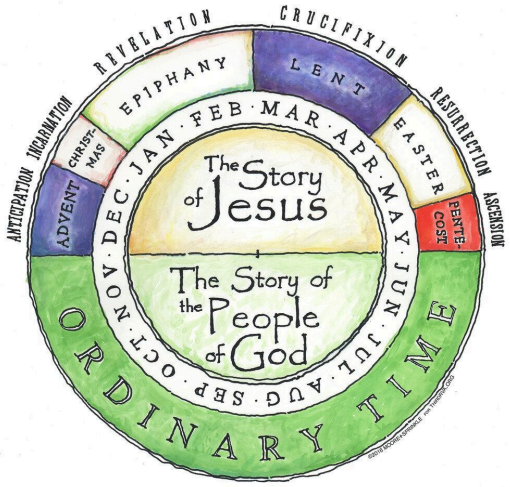
(If you can't make it for prayer please text or email Pastor Seth with requests)

Online Tithes

Thank you so much for your outrageous generosity!
We also want to make it convenient for you to share your resources online. Please scan the QR code to tithe.

Financial Snapshot 2025

	January	February	March	April
Budget –	$13,534	$13,534	$13,534	$13,534
Tithes –	$18,927	$12,937	$15,844	$14,803



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Over/(Under)	$5,393	($597)	$2,310	$1,269