

RECOMMENDED CLOTHING LIST: Fall Season Day Trips



When bringing a group on a one-day outing to the Norval Outdoor School, please take into account the time of the season and the projected weather forecast for the day. In order to fully enjoy their day, students need to be properly attired. Please send a few extra clothing items in case they get wet. All clothing should be labeled with the students name and extra items should be packed into a single backpack for easy access by the student, and to facilitate loading on the bus.

ESSENTIAL ITEMS:

- **Canterbury Hills and Evergreen Brickworks Packed Lunch:** (We will not have access to a microwave) please pack a **nut free** picnic style lunch that can fit in the students backpack.
- **A hat** to protect you from the sun
- **Closed-toe shoes** (No sandals, No water socks, No crocks, No Slides) The tubing program requires old running shoes or water shoes, the high ropes and rappelling program requires running shoes (close-toed shoes.)
- **Old running shoes** (Students will be exploring the Credit River or Norval creek for the crayfish study and rain boots or old shoes that can get wet will help them enjoy this portion of the Norval program)
- **Extra Clothes and Socks** (students may get wet and may need a change of clothes)
- **Towel** (Students may get wet during the river study and the tubing program)
- **Hiking boots or a good pair of running shoes** for the hiking trip to Glen Williams or hike back to Norval.
- **Small Backpack** - Students will need a backpack for the hiking trip to Glen Williams to carry their sunscreen, bug spray, rain jacket and water bottle
- **Water Bottle**
- **Rain jacket with a hood**
- **Rain pants**
- **Water bottle**
- **Sunscreen**
- **Bug Spray**

OPTIONAL ITEMS (depending on the weather):

- A warm jacket or extra layer

