

## RETREAT APPLICATION

**Mail completed applications to:** *Bay Zen Center, 3824 Grand Avenue, Oakland CA. 94610-1004, 510-596-3087*  
**BZC Retreats will be held at:** *Ralston White Retreat Center, 2 El Capitan Ave., Mill Valley, CA 94941*

Please answer all the questions below:

Name:	Telephone:	Age:	Gender:
Address:	Email Address:		
Emergency Contact Name (Local):	Telephone:		

“X” which retreat	Retreats Dates	Director	Director Email
	July 26, 6:00 PM – July 30, 2:00 PM	Brent Beavers	rsg.way@gmail.com
	Nov. 1, 6:00 PM – Nov. 5, 2:00 PM	Dan Birnbaum	dbirnbaum@fastmail.fm

### Cost of retreat - Sliding Scale:

Please pay now if possible.

Members: \$625 – \$1,175

Non-Members: \$725 - \$1,425

**Your payment amount:**

This retreat is being held at a rented facility with overnight accommodations and meals. The minimum on this scale pays for our cost to hold the retreat, as well as small additional support to the center and the teacher.. Please pay as much of the sliding scale as you can afford, as this will support others who cannot afford to attend as well as the center and the teacher. Our intention is to make our offerings available to everyone. We keep our fees as low as possible while responding to our basic expenses and limited financial means. Please don't let financial issues prevent you from attending. Scholarships are available. Please check the box below, and after your retreat application is processed, the retreat director will contact you with further instructions about applying for a scholarship.

I will be applying for a scholarship

**How do I apply?** Submit this application with full payment (check/money order payable to Bay Zen Center or paypal: <http://bayzen.org/paypal>). If you live at a distance, we will notify you of acceptance when we receive your application. The service fee for cancellations up to two weeks before the retreat start date is \$25; less than two weeks before the retreat start date is \$300. There are no refunds for no-shows.

- Are you a member of the Bay Zen Center? Yes \_\_\_ No \_\_\_
- Previous Meditation Experience (for people who are not members of BZC member):
- List any serious physical conditions and any environmental, animal, or food allergies:
- Have there been changes in any of your medications for physical or psychological conditions or any hospitalizations for psychological reasons since the last sesshin you attended? Yes \_\_\_ No \_\_\_
  - If yes, please describe on a separate sheet of paper and mark as "confidential". The only person to review this section of your application will be the teacher, Diane Eshin.

**Form of payment:**      I have enclosed a check      I have paid via PayPal. (<http://bayzen.org/paypal>)

**When do I arrive?** All participants should arrive between 3:30 and 4:30pm, not earlier. Retreat ends at 2:00pm on the last day. Please do not make arrangements to leave earlier. Directions to center: [www.ralstonwhiteretreat.org/directions.asp](http://www.ralstonwhiteretreat.org/directions.asp)

**I am trained to administer:**      First Aid      CPR