

# **WESTWARD TRAILS**

## **—Nursing★Rehabilitation—**

RELEASED 01-19-22

Westward Trails Nursing and Rehab has had new staff and resident cases of COVID-19 since our last posted update on 01-12-22.

Staff who have tested positive have been sent home. The facility will follow the Centers for Disease Control and Prevention (CDC) and the local health authority's guidelines for staff member's return to work.

Residents who have tested positive have been separated from residents who are negative. As much as is possible, staff working with positive residents do not work in other parts of the facility. Personal Protective Equipment is changed between care.

As cases continue to rise in the community, the team at Westward Trails Nursing & Rehab has stepped up to help the surrounding community by agreeing to accept and treat COVID-19 positive residents from locations outside of our own facility. Our highly skilled team has been extensively trained in infection control procedures. Because we have the necessary equipment, training, space, and supplies, we feel it is our duty to care for one of the most vulnerable populations affected by this virus. We are very proud to offer this service.

When we accept outside COVID positive cases, we treat them in our specialized care hallway until they are recovered and no longer able to infect others. When they have been cleared by our nursing team and a local health authority, they will be sent back to their referring location.

The facility is working closely with the local health authority and all other regulatory agencies. Public updates will be posted to the facility's website each week. Facility administration will report the number of active cases to the CDC weekly.

We are still open for visitation.

We have a few guidelines for visitors so that we can provide a safe environment for all: Visitors are required to wear face masks throughout the visit. Free COVID-19 testing is available to all visitors, but not required. Vaccinated and non-vaccinated residents will be allowed to host visitors both indoors and outdoors. Appointments are requested, but not required. All visitors must screen in by answering a series of questions about symptoms, travel, and contact on our kiosk. Visitors must use hand hygiene before and after their visit.

All visitors must be at least 6ft from staff, other visitors, and other residents

We will continue to practice rigorous COVID-19 infection prevention. This includes: health screening for everyone who enters the facility, hand hygiene, mandatory face coverings, PPE for our staff, resident and staff testing as required, and separate areas for COVID-19 care, as needed.

All staff are wearing appropriate personal protective equipment, per CDC guidelines.

Staff are screened upon arrival for their shift. They answer a series of questions about contact and travel, then a designated team member takes and records their temperature. This staff screening log is submitted to facility administration, daily.

Housekeeping team members have been provided additional,extensive training on proper disinfection techniques, disposal of trash, and cleaning of linens.

We encourage our communities to learn more about the COVID-19 vaccines. We recommend using resources such as [CDC.gov](https://www.cdc.gov) and conversations with personal healthcare providers. To find a vaccine near you, visit: [Vaccines.gov/search](https://www.vaccines.gov/search) .

Please call us at (936) 569-2631, we would be happy to answer any questions you may have.

### Declaración de actualización de COVID

Nosotros estamos ABIERTOS para las visitas.

Tenemos algunas pautas para los visitantes para que podamos proporcionar un entorno seguro para todos: Los visitantes deben usar máscaras faciales durante toda la visita. La prueba gratuita de COVID-19 está disponible para todos los visitantes, pero no es obligatoria. Los residentes vacunados y no vacunados podrán recibir visitantes tanto en interiores como en exteriores. Se solicitan citas, pero no son obligatorias. Todos los visitantes deben ingresar respondiendo una serie de preguntas sobre síntomas, viajes y contacto en nuestro quiosco. Los visitantes deben usar la higiene de manos antes y después de su visita. Todos los visitantes deben estar al menos a 6 pies del personal, otros visitantes y otros residentes.

Continuaremos practicando una rigurosa prevención de la infección por COVID-19. Esto incluye: exámenes de salud para todos los que ingresan a las instalaciones, higiene de las manos, cubrimientos faciales obligatorios, equipo de protección personal para nuestro personal, prácticas mejoradas de limpieza y desinfección, pruebas para residentes y personal según sea necesario, y áreas separadas para el cuidado de COVID-19 según sea necesario.

Todo el personal está usando el equipo de protección personal apropiado, según las pautas del CDC.

El personal es evaluado a su llegada para su turno. Responden una serie de preguntas sobre el contacto y viajar, luego un miembro designado del equipo toma y registra su temperatura. Este registro de selección del personal se envía a la administración de la instalación todos los días.

Hemos mejorado las medidas de desinfección y limpieza. Regularmente limpiamos alto puntos de contacto y áreas de uso para residentes. Se han proporcionado miembros del equipo de limpieza adicionales, capacitación extensa sobre técnicas adecuadas de desinfección, eliminación de basura y limpieza de ropa de cama.

Alentamos a nuestras comunidades a aprender más sobre las vacunas COVID-19.

Recomendamos utilizar recursos como [CDC.gov](https://www.cdc.gov) y conversaciones con proveedores de atención médica personales. Para encontrar una vacuna cerca de usted, visite: [Vaccines.gov/search](https://www.vaccines.gov/search)

Llámenos al (936) 569-2631, estaremos encantados de responder cualquier pregunta que pueda tener.