

Favorite Meatloaf

1/2 cup onion, diced
1/4 cup Italian dressing
2 lbs ground beef
3/4 cup ketchup, divided
1 pkg. (6 oz) stuffing mix for chicken
1 cup water
2 egg whites
1/2 cup sharp cheddar cheese

Preheat oven to 375. Cook onions in Italian dressing in a skillet over medium heat for about 8 minutes. Remove from heat; cool slightly.

In a large bowl, combine meat, 1/4 cup of the ketchup, stuffing mix, water, egg whites, and onions. Mix well. Place mixture in a greased 9x13 baking dish. Shape into a 10x5 oval loaf. Spread with remaining 1/2 cup ketchup.

Bake 55 minutes or until cooked through. Sprinkle with cheese; bake 5 minutes, or until cheese is melted.

Recipe adapted from Kraft Food and Family

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