

Submissive _____ Contract to _____

I, _____, hereinafter, referred to as submissive, does of his/her own free will, and being of sound mind and body, offer himself/herself in consensual submission to _____, hereinafter referred to as Dominant, for a 1 year period beginning _____ through _____ at which time contract will be reviewed and discussed for any necessary alterations.

Responsibilities/Rules for submissive

1. submissive will communicate honestly and openly with Dominant any time he/she is distressed and at a proper time.
2. submissive will be completely obedient and mindful of his/her submission whether Dominant is present or not.
3. submissive will always speak to Dominant in a respectful and calm tone.
4. submissive will remain shaved and clean at all times.
5. submissive will thank Dominant for all he/ she is given at the time he/she receives it.
6. All of submissive's choices will be based on whether or not they will please Dominant.
7. submissive will never show any disrespect to Dominant whether in His/Her presence or not, and will never speak disrespectfully of Him/Her in the presence of others.
8. The WANTS of Dominant will always come before the WANTS of the submissive. The NEEDS of both will always come before anyone's WANTS.
9. submissive is able to suggest ways to further his/her training or use of him/her as long as it's done in a respectful manner.
10. submissive will vocally thank Dominant any time he/she has an orgasm whether Dominant is present or not (ie. Thank you, Sir/Miss.), unless in the presence of others.
11. submissive will maintain a journal and it will be available for Dominant's review at any time.
12. submissive will have use of a "safe word". "Yellow" meaning to slow down and check in. "Red" meaning all play will stop and both will discuss the reason the safe word was used.
13. submissive will take an active part in maintaining the household while he/she is present at Dominant's home.
14. When eating, submissive will wait to start eating until Dominant has started first.
15. submissive will be in bed by 11pm every night with no electronic devices unless given permission otherwise or up talking to Dominant.

Dominant's responsibilities to submissive

1. Dominant will make time when necessary to listen to submissive's thoughts and concerns when he/she is distressed.
2. Dominant will make sure to give submissive tasks that keep him/her in his/her submissive mindset and continually remind him/her of his/her position in Dominant's life.
3. All of Dominant's decisions will be based on keeping His/Her submissive safe and in a healthy state of mind.
4. Dominant will never speak disrespectfully of submissive in the presence of others.
5. Dominant will always be mindful to keep submissive in the proper submissive mindset.

Poly Rules

submissive's responsibilities

1. submissive will give full disclosure to Sir of any other person he/she is considering any type of relationship with, whether it be in a Domination/submission, Sadism/masochism, or sexual context.
2. submissive will acquire STI testing on any partner prior to any sexual contact including oral, vaginal or anal sex, or any type of play that includes any form of blood play/bodily fluids and will use proper protection during sex.

Dominant's responsibilities

1. Dominant will give full disclosure to submissive of any other submissive that He/She is considering any type of relationship with, whether it be as a submissive or play partner.
2. Dominant will acquire STI testing on any partner prior to any sexual contact including oral, vaginal or anal sex, or any type of play that includes any form of blood play/bodily fluids and will use proper protection during sex.

Rituals

Morning Rituals while in the presence of Dominant:

1. When submissive gets out of bed, he/she will kneel next to the bed and say the following aloud.

(Insert desired mantra)

2. Once Dominant has risen, submissive will make the bed. Then prepare Dominant's coffee and serve it to Him/Her in a proper manner.

Morning Rituals while not in the presence of Dominant:

1. When submissive gets out of bed, he/she will kneel next to the bed and text Dominant the following:

(Insert desired mantra)

2. submissive will remain kneeling with his/her head against the bed for two minutes and reflect on his/her submission to Dominant. When finished he/she will rise and make his/her bed.

Arrival Ritual:

1. When submissive arrives at Dominant's home, he/she will immediately undress once inside and leave his/her clothes folded by the door

2. submissive will bring his/her collar to Dominant and kneel before His/Her feet, presenting Him/Her with his/her collar and saying the following:

(Insert desired mantra)

3. Once Dominant has taken the collar, submissive will take the collaring pose for Dominant to place the collar on him/her.

4. submissive will then kiss each of Dominant's boots/shoes then rest his/her forehead on them until he/she is instructed to rise and given further instructions.

Alone Time Rituals:

1. As soon as reasonably possible after Dominant's return home from work, Dominant and His/Her submissive will retire to Dominant's bedroom for alone time.

2. Dominant will sit and His/Her submissive will kneel before Him/Her. Repeating the following.

(Insert desired mantra)

3. submissive will then kiss each of Dominant's boots/shoes then rest his/her forehead on them until he/she is instructed to rise.

3. submissive will tell Dominant of the chores he/she performed for Him/Her that day in proper order.

4. Dominant and His/Her submissive will then discuss any topics that T/they feel necessary to discuss.

Nightly Rituals:

1. submissive will remove Dominant's boots/shoes then properly worship His/Her feet.
2. submissive will move all clothes to the hamper once he/her and Dominant have undressed.
3. submissive will kneel next to the bed, facing Dominant, and say the following:

(Insert desired mantra)

If Dominant has found submissive pleasing, He/She will invite him/her into His/Her bed. If He/She has not, then submissive shall sleep on the floor at the side of the bed.

4. submissive will present Dominant with his/her chain and collar for Him/Her to secure her to the bed for the night.

Nightly Rituals when not in the presence of Sir:

1. submissive will undress and place his/her clothes in the hamper.
2. submissive will kneel next to the bed and text Dominant the following:

(Insert desired mantra)

Dominant will respond to submissive whether or not she is allowed to sleep in the bed that night. In the case that Dominant is unable to respond, if submissive hasn't received an answer after 5 mins, he/she is allowed to sleep in the bed that night.

Public Rituals during lifestyle functions/events

1. submissive will not use furniture indoors unless Dominant has given express permission to do so. When sitting as a family(poly), Dominant's Alpha will sit or kneel to His/Her right and His/Her beta will sit or kneel to His/Her left.
2. submissive will walk behind and to the right of Dominant when walking unless entering through a door. In which case, submissive will enter through the door while Dominant holds it open, then falling back in line behind Him/Her once He/She has entered.
3. submissive will address all known Dominants with respect and the title of Sir/Miss.

4. When greeting other Dominants and their submissives or slaves, Dominants will greet each other first, then the submissives will greet the Dominants in order of status, then finally submissives and slaves will greet each other.

5. submissive will be responsible to being attentive to Sir's needs for food and drink unless stated otherwise.

submissive's legal signature

Sir's Legal Signature