

CSD 13 SCHOOL BOARD

POLICY NUMBER: 10.14 NEPN/NSBA: JJI

Adopted: 12/2/97

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Revised: 2/5/19

**Deer Isle-Stonington High School
Co-Curricular Code**

1. This code applies to all co-curricular groups at Deer Isle-Stonington High School.
2. Co-curricular activities provide valuable learning opportunities to students outside the classroom. Every student has the right to participate in co-curricular activities provided by our schools.
3. Code of Conduct - All students who wish to participate in any co-curricular activity must comply with the code of conduct. Parents' must understand the student's obligations and to do their part to assure compliance. When students become members of a Deer Isle-Stonington High School team, they are representatives of their school, community and themselves as individuals and are expected to be leaders promoting good sportsmanship and citizenship. Use of vulgar, profane and/or abusive language in the school shall not be tolerated, in accordance with the CSD Civility Policy.
4. Academic Eligibility- All students who wish to participate in an interscholastic event sponsored by the Maine Principals' Association (M.P.A.) and or a co-curricular activity for Deer Isle-Stonington High School are required to abide by the eligibility standards set by the M.P.A. and by Deer Isle-Stonington High School.

Grades will be checked for all co-curricular participants at the end of each ranking period and at the issuance of progress reports. Students deemed ineligible will be placed on academic probation. Students on academic probation must participate in a Student Assistance Team meeting to set up an educational plan to assist the student's successful completion of the learning experience/course. Participation in the co-curricular activity will not resume until the education plan has been successfully completed.

5. Substance Abuse Policy- On or off school property at all times, it is Board policy that no student shall knowingly possess, use, sell, distribute or furnish, transport, or be under the influence of any narcotic drug, hallucinogenic drug, amphetamine, barbiturate, marijuana, alcoholic beverage, intoxicant, controlled substance of any kind, misuse any otherwise legal substance such as correction fluid, antihistamines, propellants in spray products, or substances intended to appear to be any of these. This prohibition shall not apply to medicine prescribed to

the individual and taken as directed. The building Principal or his/her designee shall be responsible for the implementation of this policy. Any student participating in athletic, non-athletic or year-long activities who is in violation of this policy will be subject to disciplinary actions as outlined in the Student Handbook .

6. General Rules

- a. Participation is strictly on a voluntary basis. Therefore, membership in any activity implies understanding of, and adherence to, all sections of this policy and procedures outlined in the Student Handbook. For the purpose of implementing this code, an activity season will begin with the first team meeting and end with the last team meeting.
- b. All members will abide by any additional regulations as set forth by coach/advisor.
- c. Regular school attendance is required of all participants. Rules for participation in the event of absences outlined in the Student Handbook will be followed-
- d. During school sponsored activities, participants are to dress appropriately. The coach/advisor will clearly state behavior expectations to the team.
- e. Once students have joined a group they must stay with the group until the coach/advisor has dismissed them. All participants will travel by bus with the coach/advisor. If a student will be riding home from an away contest with someone other than a parent/guardian a note giving permission is required and must be turned in to the athletic director/administrator 24 hours in advance.
- f. When applicable, players will be issued suitable equipment and each player will assume the responsibility for this equipment. No equipment shall be taken or used without the consent of the coach/advisor. All uniforms/equipment will be cleaned and returned at the conclusion of the season. Students will be assessed for any lost or damaged equipment. Any student owing money or equipment from one activity will not be issued equipment in the next activity until all materials are returned or paid for. If at the time of graduation a student has not returned equipment and/or uniforms they will not be allowed to participate in graduation-related activities until the equipment/uniforms are returned or paid for.
- g. All athletes must complete and parents/guardians must sign the "Sport Waiver Form" adopted by the CSD prior to any participation in the activity.
- h. Students joining an athletic team late (while the season is in progress) will be required to attend a minimum of seven (7) practices before being eligible to participate in contests. Attending games will count towards the minimum number of practices.

7. Mandatory Meeting- A formal meeting of all athletic participants and parent(s)/guardians will be held prior to each school year. Students must attend the mandatory meeting each school year prior to participation in any athletic activity, including practice sessions.

It is expected that parents/guardians of participants attend the mandatory meeting each school year. If extenuating circumstances prevent attendance, the parents are expected to communicate directly (in person or by telephone) with the coach/advisor or the athletic administrator to discuss the critical information presented at these meetings.

8. Health & Safety of Participants

- a. School health insurance or its equivalent is mandatory prior to participating in any co-curricular activity.
- b. For athletic activities, physicals, conducted by a medical doctor, doctor of osteopathy, nurse practitioner, or a physician's assistant, are required for students in grades 9 and 11. Students may use a previous physical exam no more than two years old. Athletes who sustained major injuries or have medical illness will be required to provide a doctor's note giving medical clearance to resume athletic participation.
- c. Concussion Management. A concussion is a traumatic brain injury (TBI) and may occur from a forceful bump, blow or jolt to the head or body that results in rapid movement of the head and may cause the brain cells to stretch and tear.
 - CSD 13 Policy 10.19K Management of Concussions and Other Head Injuries as well as the Deer Isle-Stonington Schools "Return to Learn, Return to Play" protocol will be followed in any situation where there is a suspected concussion or other head injury
 - The student and his/her parent(s) or guardian(s) will receive a copy of **both** and must sign a statement acknowledging that they have received and read this information before the student will be allowed to participate in any school-sponsored athletic activity.
 - Students in grades 7, 9, and 11 will participate in baseline testing using the Maine Concussion Management Initiative computerized exam prior to the beginning of the sports season.

9. Students Participating in Home Schooling or Attending Private Schools Accessing DISHS Co-Curricular, Interscholastic, and Extracurricular Activities. See also CSD 13 Policy 9.19 Home Schooling – Participation in School Programs. A student enrolled in an equivalent instruction program in a private school or homeschooling program is eligible to participate in the above mentioned activities at the local public high school to which the student would otherwise attend based on the student's and parent/guardian's legal residency, providing that:

- A. The private school or home school parent provides documentation that the school or home school program is recognized by the State of Maine as "an equivalent instruction alternative under section 5001#A, subsection 3, paragraph A, subparagraph(1), division (a), (b) or C-1", as described in the text of the law.

- B. The private school and/or the MPA provide documentation that the school is not a member of the Interscholastic Division of the MPA.
- C. All local and MPA eligibility rules are followed, as well as all other conditions of this policy.
- D. The public high school principal must grant or withhold approval for these students' access to athletics and non-athletic activities. Approval may be withheld based on the student's disciplinary record or attendance record.

Legal References: Return to Learn, Return to Play protocol

LD 903: An Act To Allow a Student Attending Private School Access to Public
School Co-Curricular, Interscholastic and Extracurricular Activities

20-A MRSA §1001(19)

Cross References:

CSD 13 Policy 1.10 Courtesy and Civility Policy

CSD 13 Policy 9.19 Home Schooling – Participation in School Programs

CSD 13 Policy 10.19E Student Chemical Health Policy

CSD 13 Policy 10.19K Concussion Management