

HTMS Mini-Courses 2018

PARENTS AND STUDENTS: This list will be updated as sessions become available. Please check back before making your final selections next week.

Cosmetology: Students will learn from a pro- How to apply make-up the right way. Learn tricks and tips about contouring and looking your best! For the session on hair, students will learn how to do a cool braid as well as what's "in" this year with hair styles. Students are invited to bring any make up they already own, as well as a comb, brush, and hair products. Limited to 25 students.



Come Make a Picture Frame to keep or Give Away! Mandy Mitchell will be on hand to lead this group. You won't have to cut the wood or use any heavy tools to make one of these adorable picture frames- be ready to paint stripes, polka dots, and create a great frame to give to someone special or keep for yourself!



Engineering Our World/ Designs for Hope: Think that all engineers do is develop the latest smart phone or driverless car? Think that doctors and nurses are the only people that save lives? Think again! Engineers provide the world with clean drinking water, electricity, and other essentials for life. Come hear how a group of local engineers are helping communities in Africa and get the chance to design and test your own water filter.



HTHS Colorguard/ Highstepper Prep: Are you interested in trying out for the Colorguard and/or Highstepper at the high school? This class will teach basic skills, as well as a short colorguard routine. Girls should wear comfy clothing and shoes. Flags will be provided. Limited to 25 7th and 8th grade students.



Engineering: Successful engineering is all about understanding how things break or fail. Come spend the morning building, breaking, and testing your skills in competitions that will require creative thought, teamwork, and **ENGINEERING!** This was one of our most popular sessions last year- this year we will limit it to 24 7th and 8th grade students.



HTMS Cheer Prep: Are you thinking of trying out for cheerleader at HTMS? Come work with our HTMS Cheer Coaches, as well as trainers, **Todd and Amy Bragan** on jumps and motions, as well as learn a short routine similar to a tryout routine. Wear comfy clothing and shoes. Limited to 25 6th and 7th grade girls.



HTMS Dance Team Prep: Are you thinking about trying out for the HTMS Dance Team? Come work with **Addie Hendricks, dance instructor at Miss Kelley's School of Dance and trainer for the HTMS Dance Team**, on valuable skills needed to assist with your tryout experience! Be sure to wear comfy clothes and come ready to work! This course is for 6th and 7th grade girls only.



Hip-Hop Dance Class: Want to come learn a fun hip-hop dance with your friends? This session will be taught by **Gracie Bramblette, instructor at Miss Kelley's School of Dance and Trainer for the HTMS Dance Team**. Wear comfy clothes and get ready to have a blast letting loose with your friends! This course is for boys and girls and no dance experience is needed!



Christmas Movie Classics: Students are invited to watch a Christmas movie. Feel free to bring a snack and relax while you learn a bit about the background of the movie as well as a discussion when it is over.



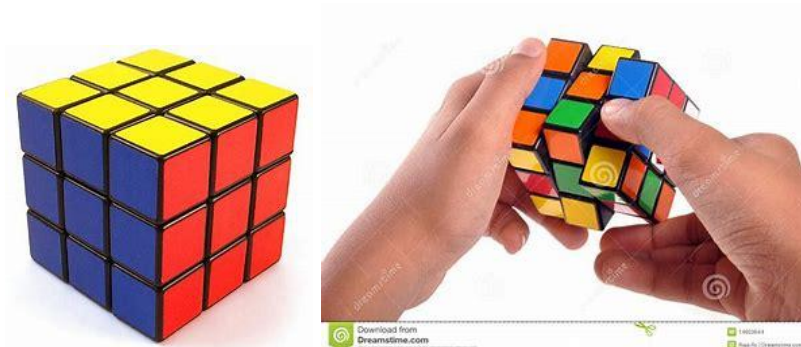
Baseball: Come learn with the pros! **Dan DeMent** is a hitting coach with the Tampa Bay Rays . He will be here to talk about what makes a successful player as well as work on hitting and fielding skills. This session will take place outside so dress appropriately and be sure to bring any baseball gear you already have. Limited to 25 students.



Self-Defense for Girls: Girls- keep yourself safe by learning some basic self-defense moves from a pro! Wear comfy clothes and be ready to move! Limited to 20 girls.

SELF DEFENSE FOR *GIRLS!*

Learn the Solution, Solve the CUBE, Make a Mosaic! What do you do with 100 Rubiks Cubes? Make a beautiful mosaic, of course! You have to learn how to solve the cube first, if we are going to complete our masterpiece during our mini-course. Bring a non-sticky, yummy snack, and we will provide the hot chocolate and music. It will be a race against the clock to finish it, for sure, but you will be able to impress your friends with your quick Rubiks Cube solving skills when you are done! Limited to 33 students.



Christmas Cookies and More: Come show your cookie decorating skills to the others and hang around for some fun Christmas activities! Be sure to wear your favorite Christmas shirt and bring your Christmas spirit!



Engineering using K'NEX: Do you love to put things together? Are you up for learning some engineering skills using K'NEX? Then this mini-course is for you! After making some cool creations, we'll play a game of engineering breakout!



Puzzles in Peace: If having some peace and calm during this crazy season is your idea of fun, come join us as we work on a holiday jigsaw puzzle and listen to holiday tunes. Bring your favorite mug for drinking hot chocolate, a snack to share and even a fuzzy blanket if you want.



Cornhole: Corn hole tournament - Students will be put on teams and have a cornhole tournament. Rules will be taught, as well as a few tricks of the game. This session will be limited to 20 students.



Gingerbread House Party: Bring your Christmas spirit and creativity as we decorate mini Gingerbread Houses. This session will be filled with Christmas fun, music, and more! Limited to 16 participants.



Beautiful Textured Mini-Art Pieces: Join **Kasey Summers** and create a one-of-a-kind piece of art using molding paste and paint. Your friends will be amazed at the piece you take home. Hot drinks will be served and Christmas music will play as you create away!



Christmas Science Experiments plus more fun: Celebrate the holiday season with some Christmas Science! Let's get hands-on with Santa Sippers, melting snowmen, candy cane construction and so much more. Once the science is done, we'll have a "mystery" finish to the session.



Blanket Service Project: This is a mini-course for those who want to help out those who are in need of some love! Fleecing the Flock is an organization that provides blankets to foster children in the Birmingham area. We will be using fleece to make blankets! The blankets will be sent to the kids when they arrive at their new home because they have had to leave everything else behind. Come and join us on mini-course day to make blankets, watch

a Christmas movie and eat snacks. You will need to bring your own fleece, and this can be purchased at Hobby Lobby, Wal-Mart, etc. You will need to large squares of fleece 1.5 yards x 1.5 yards. You will want to get a patterned one and a solid color that matches/compliments the pattern. Come and have fun helping foster children in our area!



Christmas “Chill” Activities: Come relax with friends as you listen to Christmas music, do Christmas word search/crossword puzzles, and make a Christmas craft.



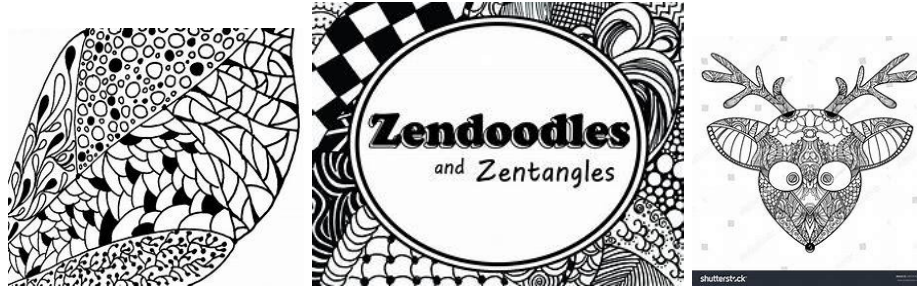
Milkshake Mania: Milkshakes are always an amazing treat, but have you ever had a milkshake that looked like a work of art? Want to learn how to make a beautiful and yummy milkshake? **Christine Leonardi**, owner of the **Three-Earred Rabbit in Trussville** will be on hand to teach students how to make a perfect milkshake. Students will get to create their own masterpiece after they learn what goes into these gorgeous treats.



Knitting: Ever wanted to learn the basics of knitting so that you can make yourself or someone else a great scarf, beanie, or even a blanket? We'll be learning some basic skills that



Zentangle: Zentangle or Zendoodle is a relaxing way to spend some downtime during the holidays! We will have several videos to watch to create your favorite design. You will fill it in using your favorite techniques. A snack and/or a screw top drink is allowed. Don't forget to bring a list of your favorite music titles to listen to while we create our designs.



The Art of Tailgating: This group will be split into two different groups- one will be on the grill, learning different techniques and recipes while the other will putting together easy tailgating sides. **Drew and Karen Clark, owners of DAKS spices, will be on hand to offer some tips on making some amazing recipes.** Several tailgating games will be played and the food will be enjoyed together at the end. We might even watch some football, so wear your favorite team colors! Students should bring their favorite tailgating chair to hang out!!



Santa's Helpers: This group will work with Mrs. Eaves, Mrs. Snowden, and Mrs. Goins to create Christmas Crafts. Must have permission to be in this group.



Soccer for Girls: Nicholas Mulligan, a beloved girls soccer coach with TUSC will be on hand to work with girls on some basic soccer skills. Dress warm as this session will be held outside!



Wooden Sign/ Decor: Keisha Limbaugh will be on hand to assist students in making an adorable decoration to take home! No artistic ability needed as she will be on hand to help guide students make a beautiful piece of art to display at home!



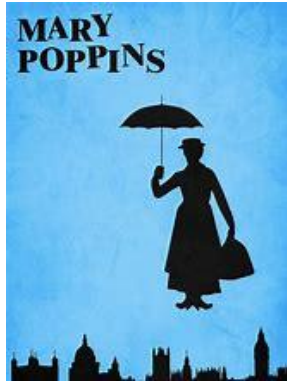
Creatures! Creatures! Creatures! 6th Day Creatures will be on hand to do an interactive demonstration with some of their amazing animals! If you love exotic animals, this is the mini-course for you!



Make a Crystal Wrapped Pendant: Nicki Crawford is a professional "Rock Hound" and jewelry maker. Learn to make a wrapped crystal pendant to wear with your perfect holiday dress or to give as a gift!



Mary Poppins Watch Party: In turn of the century London, a magical nanny employs music and adventure to help two neglected children become closer to their father. Come watch the original movie in preparation for the Dec. 19th release of "Mary Poppins Returns." Students should bring a snacks to share, a drink, and/or fuzzy blanket.



What Guys Need to Know: Attention all boys! It's time to Man Up! Come learn some manly basics such as changing a tire, tying a tie, checking oil, etc. Please bring a tie if you have one.



Improv Theater: Improvisation is the art of acting or performing without any preparation! This mini course is all about thinking on your feet, taking risks in acting, and showing courage on the stage!
Between playing games, watching acting videos, and performing in front of peers, you will walk away feeling more confident and excited about IMPROVISING!



Ultimate Frisbee: Come out and enjoy time with your friends as we play ultimate frisbee! **Jacob Baggett** and **Jared Shephard** will be here to lead this group. Dress for the outdoors and bring a snack to hang out!



Photography: Students will learn how to take the perfect picture the first time! **Laura Gowder** will be here to share her love of photography and lighting, background, filters, etc. will be discussed. This group will be on the move around the school taking pics with their cell phones. This session limited to 15 participants.



All-State Band Prep: Students interested in trying out for All-State Band can come work on skills needed to help them prepare.



Christmas Yarn Ornament: If you enjoy yarn crafts, join us to create a canvas-stitched Christmas ornament! Students will enjoy holiday music and hot cocoa as they learn to use plastic canvas and yarn to make their own ornaments. All supplies will be provided.



UAB Honor Choir Prep: This course is for students who plan to attend the UAB Honor Choir on January 8. Students can rehearse and receive assistance with the music we will perform at that event.



Guitar 101: Have a guitar but not really sure what you're doing? Maybe you are interested in playing the guitar, but don't have your own? Come on! We would love to have you join us as **Brandon Tracey** brings his expertise to HTMS. Session will be limited to 10 participants.



Ping-Pong Tournament: Love Ping-Pong and want to compete to WIN? Sign up here and get ready to show your skills!



Greatest Sports Clips of All Time: Do you love movies? Are you familiar with some of the greatest sports clips from movie classics? Come watch some funny, motivating, famous clips while you eat popcorn and drinks! You'll probably walk away with a list of movies to watch over Christmas Break!

