

Mr. Rath's Webpage

Shepherd Middle School

Physical Education

Required Items:

Shepherd PE Uniform - shirt and shorts

Tennis Shoes - no Crocs

Deodorant

No Cologne/Perfume!

No Body Sprays!

Grading Scale:

A 90-100

B 80-89

C 70-79

D 60-69

F 59 and lower

Daily Performance Grade (5 points):

- **Active Participation (2 pts.)**
 - Student fully participates to the best of their ability (2 points)
 - Student participates but not the whole class period, teacher has to ask student to participate multiple times (1 point)
 - Student actively refuses to participate the whole class period (0 points)
- **Proper use of equipment (1 pt.)**
 - Student uses all P.E. equipment for its intended purpose.
- **Cooperation (1 pt.)**
 - Displays proper teamwork with all classmates throughout class period.
 - Follows teacher's instructions and rules.
 - Listens the first time directions and explanations are given.
- **Respect (1 pt.)**

- **Student demonstrates positive support and communication to all classmates in all activities.**

Dressing Grade (1 point, daily)

- One point will be given each day for having PE clothes present. Students who are not prepared and need to borrow PE clothes will not earn the dressing point for that day, but will still participate in class with borrowed clothes. Students who continually forget their clothes may receive a written warning and/or a lunch detention. PE clothes will be taken home at the end of each week to be washed.

PE/Health Grade Breakdown:

- Daily Performance: 70%
- Dressing: 15%
- Quizzes: 15%

Being prepared for class - clothes, shoes, socks

Behavior - follow all rules issued by teacher

Participation/Effort - students must participate in all activities and attempt to try all activities, even if it may be something a student does not enjoy

Written Quizzes - there will be 1-2 assessments per trimester

Consequences

Warning

Phone Call/E-mail to Parents

Lunch Detention

Ejection

Steps may be skipped depending on the individual incident.