



## Bow High School - School Competencies

**School Competency: Adaptability & Flexibility**

**Area of Focus: Wellness**

**Level: Advanced**

**Competency Description:**

- Student can adjust, adapt or change themselves to best meet the needs of the situation or environment.

**Courses:**

- BEST
- Business
- English
- FACS
- Humanities
- Mathematics
- Performing Arts
  - Flying Falcon Records
- Science
- Social Studies
- Visual Arts
- World Language