

Document how much you will spend on food.

[Jewel](#)

[Walmart](#)

Breakfast menu for every day

Monday - Friday

**What breakfast foods do you need for the week? List the food and the price.**

**Check prices at Jewel or Walmart. Links are above.**

1

2

3

4

**Cost per week?**

Dinner menu for every day

Monday - Friday

**What dinner foods do you need for the week? List the food and the price. Check prices at Jewel or Walmart. Links are above.**

Food:

1

2

3

4

**Cost per week? \_\_\_\_\_**

Imagine you get lunch at restaurants. Which restaurants would you go to? How much would you spend?

Monday

Tuesday  
Wednesday  
Thursday  
Friday

**How much would this cost you per week?**

***What is the TOTAL*** Cost per week

X4 = Total Cost per month \_\_\_\_\_