

CMAA Summer Courses, Hagerstown, MD

Detailed Schedule for Vocal Training Intensive Course: 2022 Schedule

Tuesday, June 14, 2022

12:00 p.m. Registration (St. Mary's Gymnasium)

1:00 p.m. - 1:15 pm - Welcome and Introductions (Gymnasium)

1:15 pm - 3:15 p.m. - Instruction (Vocal Pedagogy, Fatima Room)

Introduction of Vocal Pedagogy (1:15 - 2:00 pm)

- Getting to know of each other and personal interests. Each participant may write specific individual goals on a piece of paper.
- Overview of types of processes that are involved in singing voice.

Harmony between Mind and Body (2:15 - 3:15 pm)

- Imagination - what is in your mind?
- Free to move: harmony within the body muscles.

3:15 p.m. - 3:45 p.m. - Coffee Break (Gymnasium)

3:45 pm - 5:30 pm - Instruction (Vocal Pedagogy, Fatima Room)

Breathing: Think of your body like a chain

- Vocal warm-ups to enhance understanding the relationship between the voice and breath.
- Listen to the body and get to know about your voice: am I doing too much or too little?

5:30 - Compline, St. Mary's (optional)

6:00 - Dinner on your own

Wednesday, June 15, 2022

7:00 am Daily Mass (St. Mary's, EF, Br. Bachmann) (optional)

7:45 am Breakfast on your own

8:45 - 9:00 am Coffee and Book sales (St. Mary's Gymnasium)

9:10 - 10:30 am - Instruction (Vocal Pedagogy, Fatima Room)

Articulation & Vocal Quality:

- Efficient articulation skills enhance intonation and vocal control..
- Exercises to handle tensions on the jaw and tongue.

10:30 - 11:00 am Coffee break (Gymnasium)

11:00 am - 12:30 pm - Instruction (Vocal Pedagogy, Fatima Room)

Boosting resonance:

- Maintaining consistent tone
- Vocal placement
- Vocal classification

12:30 - 1:30 - Lunch - Gymnasium

1:45 - 3:15 pm - Instruction (Vocal Pedagogy, Fatima Room)

Boosting resonance (continued):

- Awareness of different types of vocal characters

- What do we do when the tone is breathy or tight or shaky?
- Solo vocal singing vs. choral singing.

3:15 p.m. - 3:45 p.m. - Coffee Break (Gymnasium)

3:45 - 5:30 p.m. - Instruction (Vocal Pedagogy, Fatima Room)

Masterclass for group or solo-singing

- Explore various musical examples (solo or ensemble)
- What to do with phrasing: tempi, place to breathe, dynamic choices and expression

5:30 - Compline, St. Mary's (optional)

6:00 - Dinner on your own

Thursday, June 16, 2022

7:00 am Daily Mass (St. Mary's, EF, Br. Bachmann) (optional)

7:45 am Breakfast on your own

8:45 - 9:00 am Coffee and Book sales (St. Mary's Gymnasium)

9:10 - 10:30 am Instruction (Vocal Pedagogy, Fatima Room)

Training Cantors for cantors and music directors:

- Vocal tone and gestures: do's and don't do's
- Preparation for singing psalms and leading hymns
- Spiritual posture for cantors and etiquette

10:30 - 11:00 am Coffee break (Gymnasium)

11:00 am - 12:30 pm Instruction (Vocal Pedagogy, Fatima Room)

Mental posture for singing

- To improve intonation
- To overcome stage fright
- To enjoy and appreciate the gift of singing

12:30 - 1:30 - Lunch - Gymnasium

1:45 - 3:15 pm Instruction (Vocal Pedagogy, Fatima Room)

Common vocal problems and vocal hygiene

- Signs of vocal problems and various diagnoses
- Incorrect vocal techniques causing vocal problems
- When to seek professional guidance
- Daily vocal care

3:15 p.m. - 3:45 p.m. - Coffee Break (Gymnasium)

3:45 - 5:30 p.m. - Instruction (Vocal Pedagogy, Fatima Room)

Masterclass for group or solo-singing.

- Explore various musical examples (solo or ensemble)
- What to do with phrasing: tempi, place to breath, dynamic choices, and expression

5:30 - Compline, St. Mary's (optional)

6:00 - Dinner on your own

Friday, June 17, 2022

7:00 am Daily Mass (St. Mary's, EF, Br. Bachmann) (optional)

7:45 am Breakfast on your own

8:45 - 9:00 am Coffee and Book sales (St. Mary's Gymnasium)

9:10 - 10:30 am Instruction (Vocal Pedagogy, Fatima Room)

Relationship of the breathing, phonation, and resonance

- Examples of vocal technical problems and corrective techniques: the participants can submit the questions in advance

10:30 - 11:00 am Coffee break (Gymnasium)

11:00 am - 12:30 pm Instruction (Vocal Pedagogy, Fatima Room)

Vocal agility, resilience and longevity

- Listening to examples of good vocal models
- Tips for song selections and the theory behind it
- Vocal versatility
- Steps of learning music
- SOVT exercises

12:30 - 1:30 - Lunch - Gymnasium

1:45 - 3:15 pm - Instruction (Vocal Pedagogy, Fatima Room)

Aging voice and care

- Signs of aging voice and causes
- Helpful vocal exercises to maintain vocal ability

3:15 p.m. - 3:45 p.m. - Coffee Break (Gymnasium)

3:45 - 5:30 p.m. - Instruction (Vocal Pedagogy, Fatima Room)

Masterclass for group or solo-singing

- Explore various musical examples (solo or ensemble)
- What to do with phrasing: tempi, place to breathe, dynamic choices, and expression

5:30 - Compline, St. Mary's (optional)

6:00 - Dinner on your own

Saturday, June 18, 2022

7:00 am Daily Mass (St. Mary's, EF, Br. Bachmann) (optional)

7:45 am Breakfast on your own

8:45 - 9:00 am Coffee and Book sales (St. Mary's Gymnasium)

9:10 - 10:15 a.m. - Instruction (Vocal Pedagogy, Fatima Room)

Practice skills

- Duration, techniques, musicianship, expression
- Practice performance
- Improvisation skills

10:15 - 10:30 am - Coffee Break (Gymnasium)

10:30 a.m. - 11:30 a.m. - Instruction (Vocal Pedagogy, Fatima Room)

Mini presentation for participants

- Various activities given by the participants; singing solo or in groups, or presenting ideas of how one would use the learned skills when they return to the parish (practice skills, musical planning, and etc.)

11:30 - Lunch - Gymnasium

12:30 - 1:00 pm **Question and Answer Session**