

- “28 Days To A Client” -

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. ✓/	1 ▾	Start the day
2. ✓/	1 ▾	50 pushups
3. ✓/	1 ▾	Check the announcements
4. ✓/	1 ▾	Watch MPUC
5. ✓/	1 ▾	Review a copy
6. ✓/	1 ▾	Review a swipe file
7. ✓/	1 ▾	Make a copy
8. ✓/	1 ▾	Prospect
9. ✓/✗	1 ▾	Review the work for the day
10. ✓/	1 ▾	Housekeeping
11. ✓/✗	1 ▾	University obligations
12. ✓/	1 ▾	Workout
13. ✓/	1 ▾	Follow up a prospect
14. ✓/✗	1 ▾	OODA loop through day
15. ✓/✗	3 ▾	
16. ✓/✗	3 ▾	
17. ✓/✗	3 ▾	
18. ✓/✗	3 ▾	
19. ✓/✗	3 ▾	
20. ✓/✗	3 ▾	

Day Number: 1

Date: 14.3.2023.

Start Of The Day - Time: 11:00

	 3 Things That I Am Excited To Have In The Future? 
1.	Unlimited freedom
2.	My brothers by my side
3.	Power

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**

\$ 10 am: Task \$	Start the day
Intention 🔔	Wake up, 50 pushups, brush teeth, housekeeping
Reflection ✎	Woke up an hour later, did not finish the task because I was lazy to get up

\$ 11 am: Task \$	Check the announcements and watch MPUC
Intention 🔔	Thoroughly go through announcements and MPUC, write down important principles learned
Reflection ✎	New lessons in copywriting campus, Ace AMA, Arno AMA + new lessons in main campus; Focus on the objective itself - MPUC

\$ 12 am: Task \$	Breakfast
Intention 🔔	Have breakfast while watching additional content to expand my knowledge
Reflection ✎	Breakfast done - fish, paprika, cheese, 2 cups x 3 bags of green tea = 2 cups of coffee; made everything in time despite waking up an hour later

\$ 1 pm: Task \$	Outreaching 1
🔔 Intention 🔔	Make a personalized outreach with free value
✍️ Reflection ✍️	1 Personilzed outreach, made some tweaks with chatGPT for the free value

\$ 2 pm: Task \$	Outreaching 2
🔔 Intention 🔔	Make a personalized outreach with free value
✍️ Reflection ✍️	1 personilzed outreach with free value for social media post

\$ 3 pm: Task \$	Outreaching 3
🔔 Intention 🔔	Make a personalized outreach with free value
✍️ Reflection ✍️	1 personalized outreach with a piece of sales page as a free value

\$ 4 pm: Task \$	Lunch
🔔 Intention 🔔	Make lunch and eat while watching additional content, writing down important things
✍️ Reflection ✍️	Ate a lot of meat, sweet potato; finished housekeeping; back to work

\$ 5 pm: Task \$	Review a copy
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 Intention 	Thoroughly go through the student's copy and give them opinions and direction on what and how they can improve their copy
 Reflection 	Fellow student should work on seeing the bigger picture of the copy itself connecting it with the pains and desires of the avatar

\$ 6 pm: Task \$	Outreaching 4
 Intention 	Make a personalized outreach with free value
 Reflection 	1 personalized outreach with a FB ad post concept example as FV

\$ 7 pm: Task \$	University
 Intention 	Revise 10 pages of the subject
 Reflection 	10 pages read, my thoughts wandered a lot, a few principles stuck in my mind

\$ 8 pm: Task \$	Dinner
 Intention 	Small snack before the gym and watching additional content
 Reflection 	Milkshake with bananas, cocoa drink powder with oatmeals and honey. Listened to the Ace AMA - very valuable insights which made me motivated even more.

\$ 9 pm: Task \$	Reviewing a swipe file
 Intention 	Go through the swipe file by the directions on what to watch out for and take notes

	and write down the implementation of learned principles
 Reflection 	Valuable insights on the Daniel Throssell's <i>PWS</i> copy which I can implement to my work

 10 pm: Task	Gym
 Intention 	Workout for 1 hour
 Reflection 	One of the most intense leg days ever + triceps

 11 pm: Task	Gym
 Intention 	Getting home and taking a shower
 Reflection 	Shower, eating, listening to Arno About and new lesson in How to use your time and brain

 12 pm: Task	Follow up a prospect
 Intention 	Follow up with the prospect asking about the progress they made on the review part of their sales page and mentioning the research I've done amongst programming students
 Reflection 	Followed up with the prospect asking about the progress they made on the review part of their sales page and mentioning the research I've done amongst programming students, answered the email to an interested prospec

\$ 1 am: Task \$	OODA loop through the day
🔔 Intention 🔔	Reflect on the day and make a War Plan for the upcoming day
✍️ Reflection ✍️	



End-Of-The-Day Report:



🧠 What Did I Learn Today? 🧠
I need to improve my personalized outreach, make better FV, there are new lessons on the main campus to watch, I am on the right path

NEW What Do I Plan To Do Differently Tomorrow? NEW
Improved personalised outreach, wake up on time, review the swipe file more thoroughly, do more university work, go to the gym on time and try to get home faster, use more formulas (making a copy - step by step guide, Bootcamp; selling to prospects - power words)

NEW What Do I Plan To Do The Same Tomorrow? NEW
Go on with The War Mode, hit every task on the list with more speed

📱 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? ✉️
Send some copies for the review

 What Tasks Were Left Undone? 
/

Brain Dump: