

2026 Schedule before Spring Break

During the track season you will need to be prepared for the weather. The winds are usually very strong and cold during track season so make sure you have the appropriate clothing.

No blankets are allowed at practice or meets.

We will practice outside as much as possible so you will need the following items for every practice:

1. Proper shoes for running.
2. Water bottle with your name on it.
3. Clothes for the weather, most of the season you will need coats, hats, gloves, sweatpants, sweatshirts. You should dress in layers so that you can shed a layer if necessary.
4. You will need a physical to participate in practice.

Tuesday March 10 3:15-4:15

Wednesday March 11 3:15-4:15

Thursday March 12 3:15-4:15

Monday March 16 3:15-4:30

Tuesday March 17 3:15- 5:00 (Handing out uniforms today) Parent Meeting in gym at 5:00

Wednesday March 18 3:15-4:30

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