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ActEarly Core outcome sets are here!

What is an outcome?

Outcomes are the things researchers measure and often want to see improvements in. Selecting appropriate and meaningful outcomes ensures researchers are focused on the right things when deciding whether a project or an intervention has worked or not.

OUTCOME DOMAINS

Development and education

Physical health and health behaviours

Mental health

Social environment

Physical environment

Poverty and inequality

We are happy to announce that the ActEarly Core outcome sets (COS) are now ready, including 40 outcomes across six domains.

ActEarly researchers will consider the COS when evaluating whether ActEarly has achieved its aim of early promotion of good health and well-being for children and families.

The process to develop the COS started over a year ago, when an initial list of 168 potential outcomes was put together from wide range of existing measures from Bradford and Tower Hamlets councils and community consultations.

Over the course of the year, two rounds of a survey were sent out to ActEarly stakeholders who ranked the importance of each potential outcome. This was done to reduce the number of outcomes to those that were considered most important by the experts.

The final decision of which outcomes were most important was confirmed by community consultations in public parks at both sites. Members of the public voted on the outcomes they felt were most important, using a 'dot voting' system. Outcomes that were most highly ranked by the communities, were automatically included in the final COS.

You can take a look at the ActEarly COS here [\[insert link\]](#). In the coming months, the Evaluation team will be busy building an online resource that maps existing routine and study data to these outcomes.



A 'dot voting' board from a community consultation event.