

2021-2022 Athlete of the Week Highlights

9/24/21

Highlighted HS Varsity Volleyball Player of the Week:

Sarah Neighbors

Sarah had an impressive week of 25 kills & 6 aces while leading the team in digs!

Highlighted HS JV Volleyball Player of the Week:

Alivia Hollister

Alivia had 6 aces against Chesterton. Way to go Alivia!

Highlighted JH Varsity Volleyball Player of the Week:

Esther MacPherson

Esther scored 14 consecutive points for the varsity team vs. Reardan, 8 of which were aces. She served 20 times and scored 19 total points for the game!

Highlighted JH JV Volleyball Player of the Week:

Bethany Miles

Bethany scored 2 aces against Reardan and scored an additional 5 points for the team, helping them earn their first set win of the season!

Highlighted HS Varsity Football Player of the Week:

Jonny Lester

Jonny Lester intercepted 1 pass and had 3 tackles for in the Lind-Ritzville game!

Highlighted JV Football Player of the Week:

Nathan Baldwin

Nathan is highlighted for his strong blocking & 6 tackles, including a tackle for a loss and a sack!

Highlighted JH Football Player of the Week:

Lincoln Crockett

Lincoln scored 3 touchdowns and 5 extra points in NWC JH's first football game of the year!!

Highlighted Cheer Player of the Week:

Maty Eide

Maty coordinated, choreographed, planned, and lead the NWCS Mini-Cheer Camp that was featured at our HS Football game. Great job Maty!

Highlighted Girls Soccer Player of the Week:

Georgia Crockett

Georgia earned her first goal in the Reardan game, from a defensive position, and played a major defensive role in minimizing our goals against!

Highlighted HS Cross Country Player of the Week:

Ben Graham

Ben had the 1st place win at King's Cross Invitational. This is NWCS first ever individual win at this big invitational! We are so proud of his perseverance and hard work!

Highlighted JH Cross Country Player of the Week:

Daniel Hoxie

Daniel ran his first JH X race on a tough, hilly course at King's, leading our NWC squad with at 15th place finish! Coaches were proud of his courage and efforts.

10/1/21

Highlighted HS Varsity Volleyball Player of the Week:

Morgan Barnett

Morgan is being highlighted for her leadership at practice and her 6 kills and 8 digs against Chewelah!

Highlighted HS JV Volleyball Player of the Week:

Kyleigh Orrino

Kyleigh is being highlighted for her hard work and her six aces against Chewelah. Way to go Kyleigh!

Highlighted JH Varsity Volleyball Player of the Week:

Nina Mathews

Nina scored 13 points against Liberty, 5 of which were aces. Nina also had powerful attacks, great defense, and found holes with her tips.

Highlighted JH JV Volleyball Player of the Week:

Eden Dollar

Eden scored 11 points against Liberty, 9 of which were aces, helping the JV towards their first team win!

Highlighted HS Varsity Football Player of the Week:

Aaron House

Aaron had two touch downs against Manson and has shown amazing leadership and perseverance.

Highlighted JV Football Player of the Week:

Jaxson Hamilton

Jaxson led the team in rushing and was a leader on defense with several tackles.

Highlighted JH Football Player of the Week:

Mason Gassaway

Mason threw for two touchdowns and ran for two touchdowns in one of his games this past week.

Highlighted Cheer Player of the Week:

Kailin Haffner

Kailin is being highlighted for flying high in stunting and for being coachable and willing to try anything that is asked of her.

Highlighted Girls Soccer Player of the Week:

Addy Fazio

Addy scored a goal against Kettle Falls, Okanogan, and had the game winning goal against St Georges.

Highlighted HS Cross Country Player of the Week:

Ben LaVoie

Ben moved up to be the team's #3 runner Saturday at the "Battle for the 509" and improved his 5K personal record time by 1:32!

Highlighted JH Cross Country Player of the Week:

Eli Vlietstra

Eli was the top junior high finisher at the "Battle for the 509" meet and finished 5th placed!

10/8/21

Highlighted HS Varsity Volleyball Player of the Week:

Abby Veenstra

Abby led her team this week in leadership along with 45 assists, 7 aces, and 12 kills!

Highlighted HS JV Volleyball Player of the Week:

Lily Iverson

Lily is being highlighted for her hard work on her overhand serve in practices. Her efforts have resulted in her getting aces for her team during games.

Highlighted JH Varsity Volleyball Player of the Week:

Kaitlyn Water

Kaitlyn dominated this week's varsity games bringing home a total of 23 points (17 aces) during the Odessa and Chewelah games. She also had 7 kills and 2 well placed tips.

Highlighted JH JV Volleyball Player of the Week:

Bellincia Blair

Bellincia is a team player who not only works hard, but always shows up to practice and games with a great attitude putting her team first with her effort and encouragement.

Highlighted HS Varsity Football Player of the Week:

Ryan Waters

Ryan had 180 total yards on offense and scored 3 touchdowns.

Highlighted JV Football Player of the Week:

Lucas Whitney

Lucas dominated Chewelah on the defensive line with several tackles and had a take in a fumble return for a touchdown.

Highlighted JH Football Player of the Week:

Colton Newman

Colton is being highlighted for his incredible defensive efforts in his last game and his many tackles!

Highlighted Cheer Player of the Week:

Naomi Knight

Naomi is being highlighted for her great attitude in all that she does and has how she has excelled in her stunting skills.

Highlighted Girls Soccer Player of the Week:

Semira Krauss

Semira is being highlighted for having several goals against Davenport and Rogers. She also helped create several scoring opportunities for others!

Highlighted HS Cross Country Player of the Week:

Nadine Gilchrist

Nadine competed in 2 meets last week and improved her 5000-meter personal record by an amazing total of 4 minutes.

Highlighted JH Cross Country Player of the Week:

Kendall Bevan

Kendall had a good week of racing! She finished 5th at Chewelah and 10th at the CAN-AM Invite.

10/15/21

Highlighted HS Varsity Volleyball Player of the Week:

Isabella Elliot

Isabella had 5 blocks, 10 kills, and had great serves all week. Awesome play, Isabella!

Highlighted HS JV Volleyball Player of the Week:

Elouise Dimmel

Elouise is highlighted this week as she has improved immensely on her passing and getting consistent digs! Way to go, Elouise!

Highlighted JH JV Volleyball Player of the Week:

Piper Price

Piper did an amazing job in the final game and she played great! We can't wait to see what you do for the team next season! Nice job, Piper!

Highlighted JH Varsity Volleyball Player of the Week:

Lauren Mathews

Lauren Mathews has supported her team throughout the season as a stellar setter! She has also been a great supporter of the team with a compliment or note to the coaches about someone who is doing a good job that day. In the last game vs. Reardan, she brought home 9 points, countless assists, and 2 important digs!

Highlighted HS Varsity Football Player of the Week:

Preston Fazio

Preston had two big catches in the varsity game for a total of 50 yards. Go Preston!

Highlighted JV Football Player of the Week:

Titus Spuler

Titus exhibits great leadership and consistently makes great plays, on both the offense and the defense!

Highlighted Girls Soccer Player of the Week:

Abbi Zwiesler

Abby has been an incredible senior leader and also had two amazing goals and an assist in last week's play.

Highlighted HS Cross Country Player of the Week:

Nate Pranter

Nate had a great race at St. George's last week. He placed 2nd in the boys' race with an excellent time on a tough course! Wow!

Highlighted JH Cross Country Player of the Week:

Avery Hawk

Avery raced very well and finished 5th in the Junior High Girls' Race at St. George's. Nice job, Avery!

Highlighted Cheer Player of the Week:

Ava Russo

Ava is highlighted for her great leadership and amazing skills in dance, jumps, and stunting!

Highlighted JH Football Player of the Week:

Peter Rehwaldt

Peter has been playing multiple positions, been in on lots of tackles, and has our 1st interception of the year!!

10/21/21

Highlighted HS Varsity Volleyball Player of the Week:

Claire Evans

Claire always has a positive attitude. She also had the best hustle play of the week saving the ball and had six serving points!

Highlighted HS JV Volleyball Player of the Week:

Grace Tucker

Grace is being highlighted for her amazing serving that always starts the game. She has also become an amazing setter which sets our hitters up for success.

Highlighted JH JV Volleyball Player of the Week:

Entire Team

Although their season is complete now, Coach Slade wanted to highlight the whole JV team on their amazing growth this year and learning that took place on the court!

Highlighted JH Varsity Volleyball Player of the Week:

Chlarice Carey

Chlarice ended the season with a bang by scoring 109 total season points, 62 of the points were off of "ace" serves. Chlarice is a well-rounded volleyball player an amazing teammate and always has a great attitude!

Highlighted HS Varsity Football Player of the Week:

Lawrence Saenz

Lawrence had a rushing touchdown that ignited the team and helped in their big win!

Highlighted JV Football Player of the Week:

Ben Slade

Ben is being highlighted for his phenomenal catches and runs this week!

Jaxson Hamilton

Jaxson get an additional highlight reel shout out for rushing 150 yds, breaking tackles repeatedly, and a touch down again West Valley.

Highlighted Girls Soccer Player of the Week:

Clarisa Brown

Clarisa has been a staple on defense for her team. She also has shown great leadership through a tough week of important games!

Highlighted HS Cross Country Player of the Week:

Judah Baumann

Judah moved up to be the team's #4 man in the District 7 Cross XC meet!

Highlighted JH Cross Country Player of the Week:

Wyatt Stussi

Wyatt has continued his improvement and was the team's 2nd man on the team in the District 7 XC meet!

Highlighted Cheer Player of the Week:

Emma Tibbetts

Emma is being highlighted for her amazing dancing skills and her fun attitude!

Highlighted JH Football Player of the Week:

Zeke Young

Zeke had a great interception and awesome tackle which allowed his team the opportunity to tie the game and help them with a chance to win against Wilbur

10/29/21 Highlights

Highlighted HS Varsity Volleyball Players of the Week:

Abby Veenstra, Claire Evans, and Sarah Neighbors

Coach Whitehead would like to recognize the 3 seniors and thank them for their leadership off and on the court!

Highlighted HS JV Volleyball Players of the Week:

The Entire JV team!

Coach Kassa highlights every single player for being important to the success over the season. Everyone improved immensely, and that had much to do with our triumphs!

Highlighted JH JV Volleyball Player of the Week:

Entire Team

Although their season is complete now, Coach Slade wanted to highlight the whole JV team on their amazing growth this year and learning that took place on the court!

Highlighted JH Girls Basketball Player of the Week:

Ahyra Robins

This is Ahrya's first time playing basketball and she is doing an amazing job. Her effort and attitude are fantastic!

Highlighted HS Varsity Football Player of the Week:

Jacob Bell

Jacob caught the game sealing interception for a touchdown and also had the tackle on the final play to win the game!

Highlighted JV Football Player of the Week:

Jacob Wilson

Jacob exhibited great effort and leadership on the offensive line last week and all season.

Highlighted Girls Soccer Player of the Week:

Gracelyn Roth

Gracelyn has great organizational skills and immense leadership. She is also the anchor to our defense!

Highlighted HS Cross Country Player of the Week:

Silas Newton

Silas fell at the start of the Regional Championship race, injuring his ankle. He was determined to finish, and despite limping the entire way, completed the race!

Highlighted JH Cross Country Player of the Week:

Eli Vliestra

As a 7th grader, Eli completed his undefeated league season with a **WIN** at the District Championship in the JH boy's race!

Highlighted Cheer Player of the Week:

Avah McConnell

Avah is a strong back spot and is inspiring other to do their best with stunting. Way to lead, Avah!

Highlighted JH Football Player of the Week:

Ben Bak

Ben is one of our best tacklers and has made a couple of touchdowns too. Ben is a game changer in his play and a great encourager to his teammates!

11/28/2021

ATHLETIC WEEKLY HIGHLIGHTS:

Highlighted HS Varsity Girl Basketball Player of the Week:

Makenzie Ritchie

Mak had two solid games leading the team in points and rebounds as the Ladies defeated two larger 3A schools this weekend in the jamboree. She is a leader on our team who works hard to become the best she can be. She represents our One CRU mentality strongly, especially in her Commitment.

Highlighted HS JV Girls Basketball Player of the Week:

Nina Mathews

Nina's commitment shows in her game. Leaders unify a team and Nina did this by bringing her teammates up throughout game play and showing that we can overcome negative mentalities. Great way to lead, Nina!

Highlighted JH Varsity Girls Basketball Player of the Week:

Esther MacPherson

Esther MacPherson scored a total of 9 points across both games and had 14 rebounds. She is a versatile player and works hard on the court. She scored 4 of the 6 points against Reardan and maintained a good attitude leading the team.

Highlighted JH JV Girls Basketball Player of the Week:

Morgan Lindsey

Morgan had 4 good games where she played hard in both JV games scoring a total of 12 points and snagging a total of 16 rebounds. She swung up to Varsity both nights and provided some much-needed relief for our varsity players.

Highlighted HS Varsity Boys Basketball Player of the Week:

Asher West

Asher West had a dunk in each of our jamboree games and had a combined 15 points! Way to go Asher!

Highlighted HS JV Boys Basketball Player of the Week:

Preston Fazio

Preston is being highlighted for his great hustle and leadership during the jamboree!

Highlighted HS C Boys Basketball Player of the Week:

Jalan Clark

Jalan had a great week of practices! He worked hard all week even though we did not have any games.

Highlighted HS Wrestler of the Week:

Nathan Baldwin

Nathan is only a freshman, but he really has embraced the process of working very hard, being disciplined, and he is picking up techniques very well.

Highlighted Cheerleader of the Week:

Victoria Woo

Victoria continuously exhibits an upbeat attitude and strives to bring joy to others. She has a quick learning ability and displays her team spirit!

12/7/21

Highlighted HS Varsity Girl Basketball Player of the Week:

Paisley Cox

Paisley Cox is one of our most versatile players & can do anything from play point to post up. In our first 2 games, Paisley leads the team in scoring (avg. 11.5 ppg), points in the paint, and has the lowest turnover percentage on the team, despite battling a nagging hip injury. Paisley has a great heart toward others & displays strong leadership/kindness toward her teammates.

Highlighted HS JV Girls Basketball Player of the Week:

Lauren Heinrich

"Practice how you want to play." At our first home game last Friday against Colville, Lauren Heinrich showed the dedication and consistency she brings to practice. Her 3 blocks and 5 rebounds were impressive!

Highlighted JH Varsity Girls Basketball Player of the Week:

Rylie Rettedal

Rylie has a great attitude, works hard and always ready to jump in and give 110%. Way to go Rylie!

Highlighted JH JV Girls Basketball Player of the Week:

Maeghan Cordis

Mae has been working hard and has improved greatly. In our last JV game, against Chewelah, she scored 8pts. Nice job, Maeghan!

Highlighted HS Varsity Boys Basketball Player of the Week:

Avi West

Avi finished the week with 28 points. He scored 22 in an amazing effort vs a tough Liberty team on Tuesday night. A great start for a promising young freshman!

Highlighted HS JV Boys Basketball Player of the Week:

Sam Young

Sam took two charges against Liberty and battled hard against older/bigger competition in both games last week. Go Sam!

Highlighted HS C Boys Basketball Player of the Week:

Colton Farr

Colton did a great job leading our team to a 13 point victory over Colville. Colton made great passes running the team down the floor while making some crucial 3 point shots!

Highlighted HS Wrestler of the Week:

Mike Bauman

Mike has really pushed himself in our workouts. The level of dedication, drive, and discipline he has shown has been encouraging to the younger wrestlers and helped set the tone for the kind of intensity that leads to growth as an athlete and competitor. We look forward to watching where this takes him this season! Great job Mike!

Highlighted Cheerleader of the Week:

Sammy Kisse

Sammy is highlighted for her hard work, willingness to try difficult things, her fun attitude, and amazing improvement over this year!

1/2/22

Highlighted HS Varsity Girl Basketball Player of the Week:

Azalea Vlietstra

In the 4 games Azalea leads the team in VPS. She is second in Effective Field Goal % and, leads the team in assists and 3 PT FG%. She has the second highest assist to

turnover ratio on the team and averages 7.8ppg. Azalea is always focused and is a great teammate who is positive with everyone.

Highlighted HS JV Girls Basketball Player of the Week:

Brook Bowman

Brook is being highlighted for her leadership, dedication to improve, and the commitment she has displayed this season. Great job, Brook for all you are doing for the team!

Highlighted HS Varsity Boys Basketball Player of the Week:

Aidan Tibbetts

Aidan Tibbetts had an awesome week of practice and play. Versus Pullman, Aidan led the team with his defensive effort while shooting 75% on the night. This included 50% from the three-point line.

Highlighted HS JV Boys Basketball Player of the Week:

Joe Spuler

Joe Spuler is the highlighted player for the HS JV boys team. Joe has made all of the practices, and he worked hard against a really tough opponent in West Valley.

Highlighted HS C Boys Basketball Player of the Week:

Josiah Bushebi

Josiah Bushebi is the highlighted C Team player of the week. Josiah led the team in rebounds and blocked shots over the break. Nice job, Josiah!

Highlighted HS Wrestler of the Week:

Nakoa Rocha

Wrestler of the Week goes to our 8th grader Nakoa Rocha. He went 0-4 last week but wrestled with great courage and took his losses with good sportsmanship. He is the smallest and youngest member of our team but has a bright future!

1/14/22

Highlighted HS Varsity Girl Basketball Player of the Week:

Nina Mathews

After being out for over a month, Nina returned to play this last week. She was called upon in our varsity game in Asotin to step up and play significant minutes. Nina responded by scoring 11 points and going 6-8 from the line.

Highlighted HS JV Girls Basketball Player of the Week:

Entire JV Team!

The highlight for the past week goes to the entire JV team. They've shown what it means to be one CRU, never giving up and fighting until the clock says 0.00 and four of them even stepped up and played big minutes in the varsity game.

Highlighted JH Boys Basketball Player of the Week:

Drew Bevan

Drew Bevan has really been working hard on his shooting and is one of the best on the team in 3 pointers and free throws. Way to go, Drew!

Highlighted HS Varsity Boys Basketball Player of the Week:

Titus Spuler

Titus Spuler averaged 12.3 points per game this week which is 10 points above his previous season average in a shorthanded week for the Crusaders. Great job, Titus!

Highlighted HS JV Boys Basketball Player of the Week:

Ethan Jones

Ethan Jones is the highlighted player for the JV Boys Highschool team this week. Ethan took on his leadership role well and played great. Nice work, Ethan!

Highlighted HS C Boys Basketball Player of the Week:

Nate Pranter

Nate has been leading our team on and off the court and has been getting a ton of rebounds! Congrats, Nate!

Highlighted HS Wrestler of the Week:

Titus Brown

At the Crusader Classic on January 8th, freshman Titus Brown got the first two wins of his career, both by pin. The second of his two wins was a dramatic back and forth battle that saw him show resilience by fighting off his back to reverse and pin his opponent late in the match.

Highlighted Cheerleader of the Week:

Ava Russo

Ava is the Cheer Athlete of the Week for her great leadership and flexibility! Thank you, Ava!!

1/21/22

Highlighted HS Varsity Girl Basketball Player of the Week:

Kyla Riddle

As a Junior, and a captain, Kyla is a leader in our program. She lets her voice be heard at practice and in games as an awesome and supportive teammate. This week at LRS, Kyla had 5 points, going 2-2 from the field and added 2 assists and 3 rebounds.

Highlighted HS JV Girls Basketball Player of the Week:

Lindsey Hart

This week's player highlight goes to Lindsey as she played 2 of the best games of the season where she hit some big 3 pointers! Lindsey is a great team player and a joy to coach!

Highlighted JH Boys Basketball Player of the Week:

Peter Rehwaltdt

This week's highlighted junior high athlete is Peter Rehwaltdt. Peter is a relentless competitor and he rebounds tenaciously. It's great to see how much he has improved since last year.

Highlighted HS Varsity Boys Basketball Player of the Week:

Nate Clark

Nate is the player of the week for boys basketball. Nate had a tremendous game in a big win over LRS on Friday. Nate held one of the top players in the league to 15 points including only 3 in the 2nd half while himself scoring 17.

Highlighted HS JV Boys Basketball Player of the Week:

Ben Slade

The highlighted athlete for the JV this week is Ben Slade. He scored really well and hustled the entire time, even playing the whole game with limited breaks.

Highlighted HS C Boys Basketball Player of the Week:

Jacob Wilson

Jacob has had many steals and lead the team in rebounds last week! Great job, Jacob!

Highlighted HS Wrestler of the Week:

Landen Mathews

At Davenport, Landen had an excellent showing. He went 2 wins in his first 3 matches. In his final match he controlled the whole time and was able to get a pin in the final seconds. He will be a dangerous opponent as we head into the league championships on the road to state!

Highlighted Cheerleader of the Week:

Maty Eide

Maty has awesome leadership and skills! She was a tremendous help with the mini cheer camp, Holy Grail, as well as the entire year as team captain. Thank you, Maty, for your 5 year commitment to NWC Cheer!!

1/28/22

Highlighted HS Varsity Girl Basketball Player of the Week:

Paisley Cox

Paisley is a positive and vocal teammate at practice and at games including during our warmups, which is a focus for us as a team. This week in two games she led the team in minutes and VPS. Pais also led us w 17 points, leading also in points in the paint w/ 10. She is one of our top players in many stat areas and takes good shots while attacking the defender on the defensive end.

Highlighted HS JV Girls Basketball Player of the Week:

Sophie Koutecky

Sophie as well as the rest of the team held St. George's to 1 point in the third and fourth quarter. The girls came back from being down 26-7. Sophie played great defense when she was in the game. She then hit a big three point shot with .1 second on the clock. Even though we lost 27-24 that was a great comeback and an even bigger shot for an 8th grader.

Highlighted JH Varsity Boys Basketball Player of the Week:

Adin Spuler

This week's highlighted junior high athlete is Adin Spuler. Adin Spuler is really playing some great, lock down defense. Way to go, Adin!

Highlighted JH JV Boys Basketball Player of the Week:

Daniel Hoxie

Daniel Hoxie is this week's highlighted junior high. Daniel is getting his 3 point shot down and working hard. Nice job, Daniel!

Highlighted HS Varsity Boys Basketball Player of the Week:

Ryan Waters

Ryan Waters had a key steal to seal the Crusaders victory over the St. Georges Dragons during the Holy Grail Thursday night. Ryan is a tremendous worker and a monster competitor with a huge heart! He leads the team in defensive rebounds and his competitive attitude is contagious!

Highlighted HS JV Boys Basketball Player of the Week:

Preston Fazio

The last JV highlight is Preston Fazio. He's been a leader all year and helped motivate the team before our great St. George's game.

Highlighted HS C Boys Basketball Player of the Week:

Josiah Bushebi

Jacob has had many steals and lead the team in rebounds last week! Great job, Jacob!

Highlighted HS Wrestler of the Week:

Lucas Whitney

We have seen a lot of progress in Lucas' first year of wrestling. During the past week at our league meet in Colfax and at the League & District Championships Lucas showed great heart in his wrestling, and he was able to score points in each of his matches.

Highlighted Cheerleader of the Week:

The Entire Cheer Team!

NWC's entire cheer team is being highlighted this week as they stepped up and helped at the Wrestling Tournament and the festivities at the St. Georges basketball game. We do love our cheerleaders!

2/3/2022

Highlighted HS Varsity Boys Basketball Player of the Week:

Ben Slade

Ben is an up-and-coming freshman who has worked tirelessly to improve his game. This week has been a tough mental week with all practices and no games, but Ben has come every day with a mindset to compete and learn. Look for good things in the future from this hardworking freshman!

Highlighted HS Varsity Girl Basketball Player of the Week:

Entire Varsity Team

We have worked all season to keep our Commitment strong and to stay Resilient in the midst of adversity and challenge. Most of all, we have strived to display Unity through it all. Our girls represent our core values listed above so well and I'm proud of them for staying together and believing in each other all season long. We continue to improve and that was on display this week in an underdog victory for our girls as they beat Davenport by 8 after losing by 16 to them just under two weeks ago.

Highlighted JH Varsity Boys Basketball Player of the Week:

Ben Bak

This week's highlighted junior high athlete is Ben Bak. Ben has been a force both in scoring and rebounding. Way to go, Ben!

Highlighted JH JV Boys Basketball Player of the Week:

Zeke Young

Zeke Young is this week's highlighted junior high athlete. Zeke has been sinking some deep 3 point shots and has been a great defensive force. Nice job, Zeke!

Highlighted HS Wrestler of the Week:

Trevor Waterbly

Trevor has been named Academic All State by the Washington State Wrestling Coaches Association. To be eligible for nomination, athletes must have a winning record, wrestle in the post season, and have above a 3.0 GPA. [Congratulations](#) and great job representing our school!

2/11/22

Highlighted HS Varsity Boys Basketball Player of the Week:

Avi West

[Congratulations](#) to Avi West! Avi West a freshman point guard for the Crusaders scored 30 points to help his team to victory in the quarter finals of the NE2B District

Tournament on Thursday. Avi as well as his brother Asher were honored as 1st Team NE2B All Opponent Team members this week as well.

Highlighted HS Varsity Girl Basketball Player of the Week:

Georgia Crockett

Georgia plays w lots of energy and enthusiasm and is positive with her teammates at practice and at games, which is a focus for us as a team. This week in two playoff games she led the team in VPS. Georgia led us defensively with 9 steals and 4 deflections. Her defensive presence and determination to be physical and rebound make her extremely valuable to our whole team.

Highlighted JH Varsity Boys Basketball Player of the Week:

Mason Gassaway

This week's highlighted junior high varsity athlete is Mason. Mason has been a force on defense against much bigger players and who has stepped way up offensively. Way to go, Mason!

Highlighted JH JV Boys Basketball Player of the Week:

Elijah Tucker

Elijah is this week's highlighted junior high athlete. Elijah hit three huge three point shots in one game and one was from NBA range. Nice job, Elijah!

Highlighted HS Wrestler of the Week:

Trevor Waterbly

Trevor was one of three NWC wrestlers to compete at Regionals in Warden this past Saturday. Our Region had the most difficult qualification path to state. Trevor won 3 matches this weekend, including a huge win over the #3 ranked wrestler from Lake Roosevelt to move within one win of qualification. The win to qualify for state came in a 1 point match where he took the lead with 50 seconds left and held off a hurried comeback bid by his opponent.

Highlighted HS Cheerleader of the Week:

Naomi Knight

Naomi has really stepped up in the leadership role when needed and always has a great attitude and lots of energy. Thank you, Naomi!!

2/27/22

Highlighted HS Varsity Boys Basketball Player of the Week:

Connor Marcy

Our boys basketball player of the week is Connor Marcy! Connor is a senior basketball player who has bounced around this season between the JV, Varsity, and even helped us out at the C level at times. Throughout the season, Connor has stayed consistent and worked on his game day in and day out at practice. All his hard work paid off on Thursday when we played a loser out game vs St. George at the District Tournament. Connor came into the game and had an immediate impact in the paint with his ability to block shots. He also scored 6 critical points in our 1 point victory. Thanks Connor for your efforts and contributions to our team!

Highlighted JH Varsity Boys Basketball Player of the Week:

Team Effort

Mason and Lincoln both took a charge on defense to earn a cheeseburger and Peter played like a beast against LRS in the second half of the game. Way to go, Crusaders!!

Highlighted JH JV Boys Basketball Player of the Week:

Weston Deibel

Weston is this week's highlighted junior high athlete. Weston had a breakout game and couldn't miss after his first 3 pointer of the season. Nice job, Weston!

Highlighted HS Cheerleader of the Week:

Sammy Kisse

Sammy is our cheerleader highlighted athlete for her strong moves, faithfulness during districts, and amazing smile. Thank you, Sammy!!

3/11/22

Highlighted HS Baseball Athletes from the last 2 Weeks:

Jonathan Lake

Jonathan showed great coach ability this first week as he is working hard to become a good hitter. I think his future is very bright as a baseball player for the Cru!

Sons & Fathers Work Day

So thankful to all the fathers and sons that came out Saturday to help prepare our baseball team for the season. Everyone worked hard and the field looks awesome!!

Highlighted HS Track Athletes from the last 2 Weeks:

Silas Newton

Silas has shown high energy and worked hard, all while being super positive. He gives 100% at both distance and general track practices. Silas encourages teammates to try their hardest and exhibits this trait himself!

Addison Fazio

Addison juggled both track and play practice this week and gave 100% throughout both practices. Throughout the week she has been encouraging to her teammates to push through these early season hard workouts and has been very adaptable and coachable in learning new aspects of events such as using blocks and the javelin throw.

Highlighted HS Softball Athletes from the last 2 Weeks:

Addy Stelly

Addy has never played softball before and she has impressed us overall with her bravery, hard work, and heart. She is extremely coachable and has improved immensely in just one week.

Maddie Chaney

Maddie Chaney is a natural team leader. She works extremely hard and her energy is contagious.

Highlighted HS Golf Athletes from the last 2 Weeks:

Trace Sinclair

Trace is returning for his third year to lead a young golf team during the 2022 season. Trace has shown great improvement over the last 2 years.

Chloe Stelly

Chloe is a returning Sophomore who learned the game last year. She is making great strides this year. She always shows up with a smile and Trace is returning for his third year to lead a young golf team during the 2022 season. Trace has shown great improvement over the last 2 years.

Highlighted HS Boys Soccer Athletes from the last 2 Weeks:

Nate Pranter

Nate came into this soccer season physically fit with noticeable improvement from last season. He is leading on all the conditioning drills and being a great team leader too!!

Malaki Blair

Malaki has pushed through a muscular issue on top of a busy work schedule, and he is still the first to practice. Malaki is always helping with equipment and continues to work hard.

3/18/22

Highlighted HS Baseball Athlete of the Week:

Kaden Van Dyke

Kaden pitches a great 5 innings in the win of our game. Coming in as a freshman, he has a great presence on the mound. He was very instrumental in our win!!

Highlighted HS Track Athlete of the Week:

Isaac Gary

Isaac has shown amazing growth in his shot put and discus technique this week. He has been focused throughout every practice and could throw for hours to just keep getting better and better. Isaac showed great maturity at the Rogers jamboree as a freshman throwing against senior throwers and focused only on improving his performance while still learning from his competitors.

Highlighted HS Softball Athlete of the Week:

Makenzie Ritchie

Kenzie has impressed her coaches with her hard work and passion for the game. She has a big heart and leads so well!

Highlighted HS Golf Athlete of the Week:

Abby Veenstra

Abby returns to the golf team for her senior year with a chance to make noise at the top of the league. She had a strong showing last week at Odessa to kick off the season.

Highlighted HS Boys Soccer Athlete of the Week:

Gabriel Roth

Gabriel had 2 goals, an assist, and a PK in the team's win over Deer Park. He has been leading well at practices in our drills, conditioning, and inner-squad scrimmages!

3/25/22

Highlighted HS Baseball Athlete of the Week:

Zach Patrick

Zach Patrick had a 2 run home run that sparked our offense on Saturday against LRS. Also, this was his first career home run!!

Highlighted HS Track Athlete of the Week:

Aaron House

Aaron began learning the javelin throw this past week. He has been focused and adaptable to improve his technique. As a captain, Aaron leads the track group through warmups, as well as leading by example as he always gives 100% at practice. He is a great aid to all the coaches and a great example of what hard work can achieve to his fellow teammates.

Highlighted HS Softball Athlete of the Week:

Clarisa Brown

Clarisa learned a new hitting technique Friday and went 2 for 4 the first game slapping. Her coaches are proud of her hard work and the energy that she brings to the team!

Highlighted HS Golf Athlete of the Week:

Abby Veenstra, Jacob Wilson, Michael Culbertson

Abby Veenstra, Jacob Wilson, Michael Culbertson along with Coach Gullikson successfully brought the "Cleek" back to NWC. For the past 3 years NWC has competed in a Ryder Cup style golf match against St. Georges at Wonderland. The winning team gets to retain the 100+ year old Putting Cleek, (as it was called back then). The match was tied 2-2 after 18 holes, then Abby made a 3-foot putt on the third extra hole to secure the victory.

Highlighted HS Boys Soccer Athlete of the Week:

Ben Kinsel

Ben had impressive performances in both the teams wins over Medical Lake and Rogers. Way to go Ben!

4/15/22

Highlighted HS Varsity Baseball Athlete of the Week:

Jacob Bell

Jacob pitched very well giving up only two hits in a win against Reardan. He also had three hits himself on the day!

Highlighted HS JV Baseball Athlete of the Week:

Preston Mortlock

Preston hit the ball very well in the middle of a snow storm. He also had a couple of quality hits at Reardan!

Highlighted HS Track Athlete of the Week:

Jalan Clark

Pushing through cold weather and snow, Jalan placed 2nd in the high jump with a jump of 5'8" at our home meet on Thursday. Two days later he again cleared 5'8" to place 10th among 30 athletes at the Van Kuren Invitational in Cheney. Jalan also stepped in last minute to be the first leg in the team 4x400 meter mixed relay!

Highlighted HS Varsity Softball Athlete of the Week:

Kaitlyn Waters

Kaitlyn is our Varsity Softball Athlete of the Week. She has a big heart for this game and leads with talent. Great job, Kaitlyn!

Highlighted HS JV Softball Athlete of the Week:

Entire JV Team

Our whole JV Softball team is being recognized this week. They competed, worked together, and stayed up even when playing in a snowstorm!

Highlighted HS Golf Athlete of the Week:

Ayden Hardenbrook

Ayden braved the snowing and subfreezing wind chill at Deer Park last week to shoot a personal best 18 hole score. Way to go, Ayden.

Highlighted HS Boys Soccer Athlete of the Week:

Ethan Jones

Ethan had 5 assists in our Deer Park game! He also scored some excellent goals and had other great assists over the past week.

Highlighted JH Baseball Athlete of the Week:

Lucas Knight

Lucas is fairly new to the sport of baseball but that has not held him back from working hard to improve every day. Lucas has a great sense of humor and always has a joke or something funny to say, but this does not detract from his competitive nature which pushes him to improve every day. Great job Lucas! Looking forward to a great season!

Highlighted JH Baseball Athlete of the Week:

Amy Coriell

Amy is being highlighted for her magnificent throw downs from home to second in practice. Way to go, Amy!

4/21/22

Highlighted HS Varsity Baseball Athlete of the Week:

Ryan Waters

Ryan went 4 for 6 with 7 runs batted in which included a GRAND SLAM against the Liberty Lancers! Great Job!

Highlighted HS Track Athlete of the Week:**Nadine Gilchrist**

This past week at our league meet in Davenport Nadine gritted through the windy weather to help the team to a 2nd place finish in the 4x200m relay to then come back and win her heat in the open 200m in the last 20m. Nadine is also our girls farthest shotput thrower. Nadine also had PR's in the 200m and discus throw. I feel big things are in store for Nadine this coming week!

Highlighted HS Varsity Softball Athlete of the Week:**Katie Coriell**

Katie is our Varsity Softball Athlete of the Week. Katie stepped up this last week with outstanding pitching and played so well. Great job, Katie!

Highlighted HS Golf Athlete of the Week:**Michael Culbertson**

Michael was playing really well at Wilbur last week before hail and rain suspended play. Michael will advance to play this week in his 18 hole match at Colville. Way to go, Michael!

Highlighted HS Boys Soccer Athlete of the Week:**Wesley Jones**

Wesley is being highlighted for his defensive work and control of possession for us in the middle of the pitch. Great work, Wesley!

Highlighted JH Baseball Athlete of the Week:**Preston Mortlock**

Preston is amazingly talented, and his attitude is equally amazing. Preston is encouraging to his teammates and hardworking. He is always the first one in the cages to pick up baseballs in between hitters and always has a smile on his face. Look for good things in the upcoming years from this talented 8th grader!

Highlighted JH Softball Athlete of the Week:**Chlarice Carey**

Chlarice pitched a great game that helped the JH Softball team win their first game of the season. Way to go, Chlarice!

5/6/22

Highlighted HS Varsity Baseball Athlete of the Week:

Jonathan Lake

Jonathan is being highlighted for his commitment in assisting the varsity team get ready for the post season. Jonathan completed a great deal of running and was a huge asset to the team!

Highlighted HS Track Athlete of the Week:

Allie Robertson

Allie has pushed through tough workouts & balancing the JH play to become one of the top four 800M runners in the district. During the last league meet, Allie pushed through high winds on the back stretch to just barely miss the win by 0.4sec. The grit and determination on her face is inspiring to her teammates to continue to push even when it hurts to achieve something great. Way to go, Allie!

Highlighted HS Varsity Softball Athlete of the Week:

Abi Iverson

Abi is our Varsity Softball Athlete of the Week. Abi works extremely hard, is a joy to coach, and brings so much fun to the team. Thank you, Abi!

Highlighted HS Boys Soccer Athlete of the Week:

Ethan Jones

Ethan led NWC in scoring during last week's district game. He scored 3 goals and had one assist. Great job, Ethan!

Highlighted JH Baseball Athlete of the Week:

Noah Johns

Noah had his best day of the season vs Liberty last week reaching safely on the majority of his AB's and then hitting a great single down the first base line. Noah has worked hard all year and continues to improve as a baseball player. He is also a great teammate and friend!

Highlighted JH Baseball Athlete of the Week:

Abby Strandy

Abby was the catcher in both games last week. She did a great job and had a positive attitude. Nice job, Abby!

Highlighted Golf Athlete of the Week:

Rowan Toop, Chloe Stelly, Sammy Kisse, Ayden Hardenbrook

These players combined to lead Team Gullikson in victory over Team Gaines and Team Veenstra in Harrington's team scramble event last Thursday.

5/13/22

Highlighted HS Varsity Baseball Athlete of the Week:

Parker Farr

Parker hit a big 2 run home run during Saturday's district baseball game that helped rally the team. Way to play, Parker!

Highlighted HS Track Athlete of the Week:

Samantha Robertson

Samantha showed that she can hold her own in the 1600m. She shaved off an impressive 16 seconds in her time to place 4th qualifying her to districts. Samantha is always focused and works hard at practice to improve her time and is a vital aspect to our girls 4x200m relay, which also placed 3rd and qualified to districts. I am excited to see her compete this Friday!

Highlighted HS Varsity Softball Athlete of the Week:

Brynlee Frost

Brynlee is the athlete of the week for HS Softball. She is one of the most hardworking players I have ever coached. She loves the sport & the team and it shows. Thank you, Brynlee!

Highlighted HS Boys Soccer Athlete of the Week:

Isaac Pyle

Isaac played excellent for NWC in our playoff games! He hied down the center of the field for us and played hard. Great job, Isaac!

Highlighted JH Baseball Athlete of the Week:

Zeke Young

JH Baseball Player of the Week is Zeke Young. Zeke is an all around great guy and an awesome baseball player. This week was highlighted by his great at bat vs a very fast pitcher when he fouled off multiple pitches to finally get a hit. **Congratulations** Zeke!

Highlighted JH Softball Athlete of the Week:

Sophie Koutecky

Sophie is being highlighted for her great play at third base. She is determined and always focused to do a great job. Nice job, Sophie!

Highlighted Golf Athlete of the Week:

Abby Veenstra

Congratulations to Abby Veenstra who is headed to **STATE** on May 23rd-25th at Deer Park.

5/19/22

Highlighted HS Varsity Baseball Athlete of the Week:

Zach Patrick & Aidan Tibbetts

Zach and Aidan were the 2 senior athletes on the NWC Baseball team. They played like seniors should play and were instrumental in the team's run all year. Thank you, Zach and Aidan!

Highlighted HS Track Athlete of the Week:

Aaron House

Aaron House was a fierce competitor in the men's Javelin at Districts. Facing wind, rain, and waiting out lightning strikes, Aaron threw a massive 11ft PR of 145ft to go from 4th place to 2nd qualifying for state!

Highlighted HS Varsity Softball Athlete of the Week:

The Whole Team

NWC Softball Coaches would like to highlight their whole team. They wore their hearts on their sleeves and gave it their all. We are so proud of how they fought and hit this weekend. Go Cru!

Highlighted JH Baseball Athlete of the Week:

Drew Bevan

Drew is an amazing baseball player and has been one of our most consistent performers all year. Drew gets player of the week because of his ability to keep his cool under

pressure and make quality pitches to preserve our undefeated season! **Congratulations** Drew! You had an awesome season!

Highlighted JH Softball Athlete of the Week:

Ellie Mecham

Ellie is the JH Softball Athlete of the week. Although Ellie had never played softball before, she stepped up and has become a great player. Nice job, Ellie!