

You stick  
to the roof of my mouth like caramel  
The way I never asked for such sweetness  
Now I can't get rid of it  
The aftertaste lingering in my mouth  
and it won't disappear  
no matter how many times I swallow

It taste sweet though  
With hints of a crispy wafer under the chocolate  
Vanilla I think  
It reminded me of you  
Kind, happy  
The different flavors you pieced together  
The support you gave to me  
Was numbing  
but it was you  
Breaking into pieces by one bite  
The way my teeth could do all  
But refrain from that sound  
Crunch

But the taste wouldn't fade  
Stuck, it was futile to chew

Unyielding, persistent,  
unbearable  
Sweetness overtaking my mouth  
Becoming sour, uncomfortable

I tried to floss when I got home  
You can't say I didn't try  
But it hurt. A lot.  
The sweet I ate,  
the kindness you gave  
came back to sting  
It wouldn't leave  
It was sweet  
It was stuck.

My mom brought something  
Mouthwash she said  
Tasted like mint chip ice cream  
and the dentist warnings  
It melted away the caramel  
The kind that stuck to the top of my mouth  
Until you were gone