

# Bennett Elementary Breakfast Menu

This Institution is an Equal Opportunity Provider

## August 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
	26	27	28	29	30
All breakfast is served with fruit juice and milk	Pancakes and sausage or cereal, toast, fruit, fruit juice, milk	Frudel or cereal, toast, fruit, fruit juice, milk	Ham/egg/cheese sandwich or cereal, toast, fruit, fruit juice, milk	Breakfast bagel or cereal, toast, fruit, fruit juice, milk	Donut or cereal, toast, fruit, fruit juice, milk

Check back often for changes in the lunch menu <https://www.bennett.k12.ia.us/>

# Bennett Elementary Lunch Menu

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## August 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
	26	27	28	29	30
ALT peanut butter and jelly or hot dog	Chicken nuggets, mashed potatoes, corn, peaches, mixed fruit, cookie	Tenderloin on WG/bun, tomato slices, baked beans, applesauce, milk	Cheeseburger on WG/bun, fries, tomato slices, pineapple, blueberries, milk	Teriyaki chicken, rice, broccoli w/cheese, orange slices, apple slices, milk	Pizza, toss salad, carrots, tropical fruit, milk

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# Bennett Elementary Breakfast Menu

This Institution is an Equal Opportunity Provider

**September 2024**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5	6
All breakfast is served with fruit juice and milk	NO SCHOOL	Cereal, toast, fruit, fruit juice, milk	Pancakes w/sausage links or cereal, toast, fruit, fruit juice, milk	Biscuit w/sausage gravy or cereal, toast, fruit, fruit juice, milk	Cinn roll or cereal, toast, fruit, fruit juice, milk
8	9	10	11	12	13
	Bagel w/cream cheese or cereal, toast, fruit, fruit juice, milk	Waffles or cereal, toast, fruit, fruit juice, milk	Pancake on a stick or cereal, toast, fruit, fruit juice, milk	Breakfast wrap or cereal, toast, fruit, fruit juice, milk	Donut or cereal, toast, fruit, fruit juice, milk
15	16	17	18	19	20
	Frudel or cereal, toast, fruit, fruit juice, milk	Yogurt w/granola or cereal, toast, fruit, fruit juice, milk	French toast w/sausage links or cereal, toast, fruit, fruit juice, milk	Breakfast sandwich or cereal, toast, fruit, fruit juice, milk	Long John or cereal, toast, fruit, fruit juice, milk
22	23	24	25	26	27
	Pancakes w/sausage links or cereal, toast, fruit, fruit juice, milk	Egg/ham/cheese wrap or cereal, toast, fruit, fruit juice, milk	Breakfast burrito or cereal, toast, fruit, fruit juice, milk	Muffin or cereal, toast, fruit, fruit juice, milk	Donut or cereal, toast, fruit, fruit juice, milk
29	30				
	Yogurt w/granola or cereal, toast, fruit, fruit juice, milk				

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## September 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5	6
ALT peanut butter and jelly or hot dog	NO SCHOOL	Popcorn chicken, mashed potatoes, corn, blueberries, strawberry cookie, milk	Meatball sub on WG/bun, fries, baked beans, applesauce, fruit juice, milk	Goulash, green beans, broccoli, garlic toast, mixed fruit, pears, milk	Chicken strips, potato wedges, corn, peaches, raisins, goldfish, milk
8	9	10	11	12	13
	Deli day: turkey, ham, or cheese, chips, carrots, pineapple, mixed berries, milk	Bennett Special w/WG bun, baked beans, cherry tomatoes, applesauce, milk	Turkey w/gravy, mashed potato, peas, peaches, banana, milk	Spaghetti, green beans, toss salad, garlic bread, mixed fruit, grapes, milk	Pizza crunchers w/marinara sauce, toss salad, peaches, raisins, milk
15	16	17	18	19	20
	Cheeseburger on WG/bun, fries, baked beans, tomato slices, orange slices, blueberries, milk	Chicken and noodles, peas, toss salad, bread/butter, pears, melon, milk	Walking taco; chips, meat, cheese, lettuce, refried beans, salsa, applesauce, orange wedges, cookie, milk	Orange chicken, brown rice, stir fry veggies, jonny pop, apple slices, bread/butter, milk	Pizza, corn, toss salad, melon, peaches, milk
22	23	24	25	26	27
	Breaded chicken patty on WG/bun, fries, carrots, tomato slices, fruit juice, apricots, milk	Teriyaki chicken, rice, broccoli w/cheese, peaches, apple slices, bread/butter, milk	Breaded cheese stick w/marinara sauce, veggies, sidekicks, applesauce, milk	Tacos: hard or soft shell, meat, salsa, lettuce, cheese, refried beans, mand oranges, pears, cookie, milk	Bennett Special on WG/bun, potato stars, tomato slices, applesauce, grapes, milk
29	30				
	Chicken alfredo, peas, toss salad, garlic toast, peaches, oranges, milk				

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# Bennett Elementary Breakfast Menu

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**October 2024**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3	4
All breakfast is served with fruit, fruit juice and milk		Boiled eggs, sausage, toast, or cereal, toast, juice, fruit juice, milk	Cheese omelet or cereal, toast, fruit, fruit juice, milk	Breakfast sandwich or cereal, toast, fruit, fruit juice, milk	Long john or cereal, toast, fruit, fruit juice, milk
6	7	8	9	10	11
	Breakfast wrap or cereal, toast, fruit, fruit juice, milk	Pancakes or cereal, toast, fruit, fruit juice, milk	Biscuits w/sausage gravy or cereal, toast, fruit, fruit juice, milk	Breakfast bagel or cereal, toast, fruit, fruit juice, milk	NO SCHOOL
13	14	15	16	17	18
	Waffles or cereal, toast, fruit, fruit juice, milk	Yogurt and granola or cereal, toast, fruit, fruit juice, milk	Breakfast pizza or cereal, toast, fruit, fruit juice, milk	Pancake on a stick or cereal, toast, fruit, fruit juice, milk	Cinn roll or cereal, toast, fruit, fruit juice, milk
20	21	22	23	24	25
	Frudel or cereal, toast, fruit, fruit juice, milk	French toast or cereal, toast, fruit, fruit juice, milk	Scrambled eggs, sausage, toast or cereal, toast, fruit, fruit juice, milk	Bagel w/cream cheese or cereal, toast, fruit, fruit juice, milk	Donut or cereal, toast, fruit, fruit toast, milk
27	28	29	30	31	
	Yogurt w/granola or cereal, toast, fruit, fruit juice, and milk	Pancake on a stick or cereal, toast, fruit, fruit juice, milk	Breakfast pizza or cereal, toast, fruit, fruit juice, milk	Egg wrap or cereal, toast, fruit, fruit juice, milk	

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**October 2024**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3	4
ALT peanut butter and jelly or hot dog		Mini corn dogs, chips w/salsa, baked beans, banana, apple slices, milk	Goulash, toss salad, green beans, garlic toast, apple slices, milk	Chicken strips, potato starz, corn, pears, kiwi, bread and butter, milk	Pizza, toss salad, carrots, grapes, mand oranges, milk
6	7	8	9	10	11
	Popcorn chicken, mashed potatoes, corn, strawberries, cookie, milk	Cheese burger on WG/bun, tomato slices, fries, kiwi berries, sherbet cup, milk	Chicken and noodles, peas, carrots, apple slices, raisins, milk	Breaded cheese stick, w/marinara sauce, toss salad, peaches, pears, milk	NO SCHOOL
13	14	15	16	17	18
	Meatball sub on WG/bun, steamed broccoli w/cheese, baby carrots, fruit slushie, apple wedges, milk	Spaghetti, garlic bread, green beans, toss salad, applesauce, orange slices, milk	Tenderloin on WG/bun, fries, tomato slices, carrots, peaches, pineapple, milk	Haystack meat, cheese, lettuce, salsa, refried beans, mixed berries, appricots, cookie, milk	Pizza, toss salad, carrots, applesauce, raisins, milk
20	21	22	23	24	25
	Chicken wrap, diced tomatoes, cheese, lettuce, carrots, pears, raisins, milk	Hamburger on WG/bun, baked beans, tomato slices, mand oranges, pineapple, milk	Deli day: ham, turkey, or cheese, on WG/bun, tomato slices, lettuce, peaches, applesauce, milk	Orange chicken, brown rice, stir fry veggies, carrots, pears, cookie, milk	Pizza crunchers w/marinara sauce, veggies, blueberries, milk
27	28	29	30	31	
	Pulled pork on WG/bun, baked beans, fries, apple wedges, pears, milk	Mac and cheese, bread and butter, peas, toss salad, fruit cocktail, milk	Breakfast for lunch: pancakes, sausage links, scrambled eggs, peaches, milk	FRANKENSTEIN flat bread (flatbread with pizza sauce, cheese, pepperonis) carrots, mand oranges, kiwi, cookie, milk	

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# Bennett Elementary Breakfast Menu

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## November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
					1
All breakfast is served with fruit, fruit juice, and milk					Donut or cereal, toast, fruit, fruit juice, milk
3	4	5	6	7	8
	Pancakes or cereal, toast, fruit, fruit juice, milk	Yogurt w/granola or cereal, toast, fruit, fruit juice, milk	Breakfast pizza or cereal, toast, fruit, fruit juice, milk	Breakfast wrap or cereal, toast, fruit, fruit juice, milk	Long John or cereal, toast, fruit, fruit juice, milk
10	11	12	13	14	15
	Bagel w/cream cheese or cereal, toast, fruit, fruit juice milk	French toast w/sausage links or cereal, toast, fruit, fruit juice, milk	Frudel or cereal, toast, fruit, fruit juice, milk	Waffles or cereal, toast, fruit, fruit juice, milk	NO SCHOOL
17	18	19	20	21	22
	Pancake on a stick or cereal, toast, fruit, fruit juice, milk	Muffins or cereal, toast, fruit, fruit juice, milk	Breakfast pizza or cereal, toast, fruit, fruit juice, milk	Yogurt w/granola or cereal, toast, fruit, fruit juice, milk	Long John or cereal, toast, fruit, fruit juice, milk
24	25	26	27	28	29
	Cereal, toast, fruit, fruit juice, milk	French toast or cereal, toast, fruit, fruit juice, milk	NO SCHOOL	NO SCHOOL	NO SCHOOL

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**November 2024**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
					1
ALT peanut butter and jelly or hot dog					Pizza, corn, toss salad, peaches, applesauce, milk
3	4	5	6	7	8
	Goulash, garlic bread, toss salad, green beans, pears, orange wedges, milk	Hot ham and cheese on WG/bun, toss salad, carrots, apple slices, banana, milk	Turkey w/gravy over mashed potatoes, corn applesauce, peaches, dessert, milk	Chicken patty on WG/bun, baby carrots, baked beans, strawberries, raisins, milk	Breaded cheese stick w/marinara sauce, veggies w/ranch, mand oranges, pineapple, milk
10	11	12	13	14	15
	Chili or chicken noodle soup, veggies w/ranch, applesauce, pears, crackers, cake, milk	Chicken Tetrazzini, toss salad, carrots, orange slices, blueberries, cookie, milk	Deli day: ham, turkey, or cheese on WG/bun, chips, tomato slices, veggies w/ranch, peaches, pears, milk	Pulled pork on WG/bun, potato wedges, baked beans, mixed berries, pineapple, milk	NO SCHOOL
17	18	19	20	21	22
	Sweet and sour chicken, stir fry veggies, brown rice, carrots, blueberries, peaches, milk	Cheeseburger on WG/bun, chips, baked beans, applesauce, pears, milk	Beef and noodles, bread/butter, peas, carrots, apple wedges, slushie, milk	Chicken patty on WG bun, broccoli w/cheese, toss salad, grapes, mixed fruit, milk	Pizza, corn, toss salad, peaches, apple, milk
24	25	26	27	28	29
	Spaghetti, green beans, toss salad, breadstick, orange wedges, pineapple, milk	Tomato soup, grilled cheese, applesauce, pears, milk	NO SCHOOL	NO SCHOOL	NO SCHOOL

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# Bennett Elementary Breakfast Menu

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## December 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5	6
All breakfast is served with fruit, fruit juice, and milk	TBD	TBD	TBD	TBD	TBD
8	9	10	11	12	13
	TBD	TBD	TBD	TBD	TBD
15	16	17	18	19	20
	TBD	TBD	TBD	TBD	TBD
22	23	24	25	26	27
	NO SCHOOL				
29	30	31			
	NO SCHOOL	NO SCHOOL			

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**December 2024**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5	6
ALT peanut butter and jelly or hot dog	TBD	TBD	TBD	TBD	TBD
8	9	10	11	12	13
	TBD	TBD	TBD	TBD	TBD
15	16	17	18	19	20
	TBD	TBD	TBD	TBD	TBD
22	23	24	25	26	27
	NO SCHOOL				
29	30	31			
	NO SCHOOL	NO SCHOOL			

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# Bennett Elementary Breakfast Menu

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**January 2025**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
			1	2	3
All breakfast is served with fruit, fruit juice, and milk			NO SCHOOL	NO SCHOOL	NO SCHOOL
5	6	7	8	9	10
	TBD	TBD	TBD	TBD	TBD
12	13	14	15	16	17
	TBD	TBD	TBD	TBD	TBD
19	20	21	22	23	24
	NO SCHOOL	TBD	TBD	TBD	TBD
26	27	28	29	30	31
	TBD	TBD	TBD	TBD	TBD

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## January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
			1	2	3
ALT peanut butter and jelly or hot dog			NO SCHOOL	NO SCHOOL	NO SCHOOL
5	6	7	8	9	10
	TBD	TBD	TBD	TBD	TBD
12	13	14	15	16	17
	TBD	TBD	TBD	TBD	TBD
19	20	21	22	23	24
	NO SCHOOL	TBD	TBD	TBD	TBD
26	27	28	29	30	31
	TBD	TBD	TBD	TBD	TBD

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# Bennett Elementary Breakfast Menu

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**February 2025**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6	7
All breakfast is served with fruit, fruit juice, and milk	TBD	TBD	TBD	TBD	TBD
9	10	11	12	13	14
	TBD	TBD	TBD	TBD	TBD
16	17	18	19	20	21
	NO SCHOOL	TBD	TBD	TBD	TBD
23	24	25	26	27	28
	TBD	TBD	TBD	TBD	TBD

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# Bennett Elementary Lunch Menu

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**February 2024**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6	7
ALT peanut butter and jelly or hot dog	TBD	TBD	TBD	TBD	TBD
9	10	11	12	13	14
	TBD	TBD	TBD	TBD	TBD
16	17	18	19	20	21
	NO SCHOOL	TBD	TBD	TBD	TBD
23	24	25	26	27	28
	TBD	TBD	TBD	TBD	TBD

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# Bennett Elementary Breakfast Menu

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**March 2025**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6	7
All breakfast is served with fruit, fruit juice, and milk	NO SCHOOL	TBD	TBD	TBD	TBD
9	10	11	12	13	14
	TBD	TBD	TBD	TBD	TBD
16	17	18	19	20	21
	TBD	TBD	TBD	TBD	NO SCHOOL
23	24	25	26	27	28
	TBD	TBD	TBD	TBD	TBD
30	31				
	TBD				

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# Bennett Elementary Lunch Menu

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**March 2024**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6	7
ALT peanut butter and jelly or hot dog	NO SCHOOL	TBD	TBD	TBD	TBD
9	10	11	12	13	14
	TBD	TBD	TBD	TBD	TBD
16	17	18	19	20	21
	TBD	TBD	TBD	TBD	NO SCHOOL
23	24	25	26	27	28
	TBD	TBD	TBD	TBD	TBD
30	31				
	TBD				

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# Bennett Elementary Breakfast Menu

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**April 2025**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3	4
All breakfast is served with fruit, fruit juice, and milk		TBD	TBD	TBD	TBD
6	7	8	9	10	11
	TBD	TBD	TBD	TBD	TBD
13	14	15	16	17	18
	TBD	TBD	TBD	NO SCHOOL	NO SCHOOL
20	21	22	23	24	25
	NO SCHOOL	TBD	TBD	TBD	TBD
27	28	29	30		
	TBD	TBD	TBD		

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# Bennett Elementary Lunch Menu

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**April 2024**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3	4
ALT peanut butter and jelly or hot dog		TBD	TBD	TBD	TBD
6	7	8	9	10	11
	TBD	TBD	TBD	TBD	TBD
13	14	15	16	17	18
	TBD	TBD	TBD	NO SCHOOL	NO SCHOOL
20	21	22	23	24	25
	NO SCHOOL	TBD	TBD	TBD	TBD
27	28	29	30		
	TBD	TBD	TBD		

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**\*\*Note: There may be some changes to the menu due to the end of the school year.**

# Bennett Elementary Breakfast Menu

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**May 2025**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
				1	2
All breakfast is served with fruit, fruit juice, and milk				TBD	TBD
4	5	6	7	8	9
	TBD	TBD	TBD	TBD	TBD
11	12	13	14	15	16
	TBD	TBD	TBD	TBD	NO SCHOOL
18	19	20	21	22	23
	TBD	TBD	TBD	TBD	TBD
25	26	27	28		
	TBD	TBD	TBD		

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**\*\*Note: There may be some changes to the menu due to the end of the school year.**

# **Bennett Elementary Lunch Menu**

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**May 2024**

<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
				1	2
ALT peanut butter and jelly or hot dog				TBD	TBD
4	5	6	7	8	9
	TBD	TBD	TBD	TBD	TBD
11	12	13	14	15	16
	TBD	TBD	TBD	TBD	NO SCHOOL
18	19	20	21	22	23
	TBD	TBD	TBD	TBD	TBD
25	26	27	28		
	TBD	TBD	TBD		

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