

- The Art Of Translating Feelings: Making Emotion Sound Real

Translating feelings is the real test of translators, language carries words and emotions holds meaning. The art of translating feelings; outshines emotions, swapping meaning of the languages is the definition we all aware about, but the ability to translate emotion and adapt meaning teaches: **TRANSLATION OF EMOTIONS.**

This blog is about; how translators portray the emotions and feelings in a way and enhances the meaning. As “I am overwhelmed” doesn’t indicate the filling a water tank but signs overflow of emotions in an individual. Interpreting wrong meaning, often destroys the art translating emotions. Emotional translation signifies the capability of knowing, understanding and shaping the emotions into real words. Everyone one has a will be to understood and not judged, emotions feel heavy sometimes and not able to express it is death in silence.

How do we describe a heartbreak which feels heavy on your chest? Or that one a event which seemed dreamy but just broke your heart. Emotions are not always meant to feel heavy; it often gives you wings. One unfulfilled aspect of yours feels completed.

feel something deeply and still not able to find the words- one thought of it keeps you awake.

And Here the Real Art Lives: The Art of Translating Feelings'



This image reflects the frustration of a man for not being emotionally understood, clearly shows the mirror image of all of us- when feelings are subjectively not translated it begun to grow silence.

In writing, storytelling, communication or even daily life talks demands ability to express clear emotions, it not only builds connection but strengthen the understanding and make meaning aware.

Does translating feelings seems a task?

Emotions are universal, feeling sad, happy, or frustrated; there is no fixed shape there are no grammar rules words are tricky? Language do have certain limitation, 1. They follow grammar, there is always a need of person to be understood.

🎬 **Because emotions are abstract while language is structured.**

A feeling like-

1. Heavy heart- Not able to speak because it becomes difficult
2. Eyes full of tears- And the reason is unrecognised
3. Butterflies- extremely happy
4. Silence in the mind- stability

These emotions do not come with a dictionary meaning but we feel emotions physically, mentally, and spiritually but the moment of verbally expressing, we all think twice .

Reason we all struggle:

Emotions are layered, one on another built from several patterns and decision. There are thousand of feelings but words? Limited. This signifies the difficulty in translating. Until the feelings are truly felt, words cant be given.

Oftenly people avoid speaking because of getting wrongly interpreted or just not allowing their real self to be out in people.

- 🎬 they don't want to appear “too emotional”
- 🎬 they can't trust how others will respond

“Translation requires honesty and honesty holds risks”

Translating emotions into words is not just a skill but the capability of human to generate awareness and opt for honesty. Emotions are very loud inside, but the moment we express it all everything starts to fade out like nothing was ever felt. Learning to translate for better understanding of feelings and emotions is a real help anyone could do, to this world.

Speaking do not mean blabbering but understanding the origin of the words, from where it came ;

What is the real meaning

“Emotion becomes real the moment it is understood. And it becomes understood the moment it is expressed.”

And mastering it not only makes you a communicator or a translator but a more human.

