

Bridging Divides Empathy Circle

Bridging social and political divides - building a culture of empathy

Page URL: <http://j.mp/2Qrfijz>

References: [Facebook Group](#) and [Website](#)

An Empathy Circle is a structured dialogue process. The process increases mutual understanding and connection by ensuring that each person feels fully heard to their satisfaction.

Topic: What are feelings of concern, anxiety or fear you have about the current political situation?

Date: Saturday, December 15

Time: 10 am to 12 pm PT/1pm ET (2 hours)

Website Page: [2018-12-15: CONCERNS](#)

Location: Zoom Meeting Room URL: <https://zoom.us/j/9896109339>

Click on the link to enter the Zoom video conferencing room. The first time you use Zoom you may need to install a small app.

- [See a 60-second video with instructions](#) about joining a Zoom meeting.
- [You can test zoom here.](#)
- The circle will be recorded and posted to social media for educational purposes. (Youtube and Facebook)

Notes:

- If you take part, please come and stay for the full time.

PARTICIPANTS

We want to give more people the experience of an empathy circle. As many people (left or right) as would like can join this Empathy Circle can take part. We will use the breakout rooms and divide into smaller groups of 4 if need be. We will try to have a facilitator for each room.

Facilitator 1: [Jessica Vogt jessica@talpaco.com](#)

Co-Facilitator: Edwin Rutsch [EdwinRutsch@gmail.com](#)

1. [JJ Brit](#)
2. [Nilang Gor](#)
3. [Art Burns](#)

Record

Facilitator 2: [Lewis Brown Griggs](#)

Facilitator 3: [David Gottfried](#)

- [Megan](#)
- [Evan Magor](#)
- [Todd Porter](#)
- [Bill](#)

Open to anyone

- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
10. [Nestor Alamo](#)
11. [Mark Johnson](#)
12. [Toby Yesterday](#)
- 13.

IN PREPARATION

1. Read: [How-To Host an Empathy Circle](#): These are basic instructions for holding an empathy circle. This material will be reviewed again in the circle.
2. Download and Print: PDF Version: [Empathy Circle: How-To Do Empathic Listening V 2.0](#)
3. [You can watch a sample empathy circle.](#)
4. We look forward to seeing you. Feel free to email EdwinRutsch@gmail.com with questions or post them to our [Facebook group](#).