

# School Day 1- BACK TO SCHOOL !- Trainer Document

## About the Session

This session is designed to help the students describe their school in a more articulate way. The session uses fun activities that invigorates the memories of the students, leading them to describe the smallest details of their school in an eloquent fashion. This particular session deals with the ride to school and the first day in school

The session is divided into four parts

1. Introduction
2. Activity 1 : Your Ideal Ride
3. Activity 2 : First Day Nerves

## Objective

The main objective that the session seeks to achieve is to introduce the students to the basics of describing their school. It seeks to help the students to remember various details about their school and help them visualise it. It will also help them to visualise their school experiences and put it onto paper.

This particular session deals with the ride to school and the first day in school

## Highlights

The highlights of the sessions are enumerated below. They are:

1. Visualising the memories of school
2. Explaining in details various things about their school
3. Reliving the first day of the school
4. Discussing their ideal ride to school.

## Takeaways

By the end of the session, the students will be able to describe their school in a more articulate way. This session will also help them to imagine vividly the various anecdotes and experiences of their school life. This particular session deals with the ride to school and the first day in school

## Introduction : 2 minutes

### About :

The students are introduced to the topic and are informed that the activity is designed to help them describe various details of their school.

### Description :

Slide 1-6 consists information about the introduction

#### Discussion Points for Introduction

- Start by using the phrase, "Today, we'll be making school so cool !"
- Try getting the students excited about the session by saying that they'll be making lots of beautiful stuff that they can show to their teachers and friends
- Try using the phrase, "School was fun but there's one thing I hated. I'm sure you know what it was (wait for response) Alright I'll tell you ! I hated waking up early" (slide 5)
- Then, tell them that although it was very annoying to get up for school, your friends always made it worth it
- Try using the phrase, (Alright guys ! IT'S TIME FOR SCHOOL)

## Activity 1- Your Ideal Ride : 14 minutes

### About :

The students are asked to imagine a replacement for a school bus for their ride to school. This activity uses a lot of imagination to think of an ideal ride to school

## Description :

Slide 7-16 consists information about “Your Ideal Ride”

### Discussion Points for “Your Ideal Ride”

- Introduce the activity by using a similar phrase like, “Sometimes the school bus can get boring right? Do you think school would be cool if you had a different ride?”
- Ask them “If you could ride to school on anything, what would be?”
- Give them loads of examples of different kinds of rides. (Slide 9,10, and 11 have examples)
- Examples of rides
  1. Giant Mosquito
  2. Rocket
  3. School of Fish
  4. Kangaroo’s Pouch
  5. Aladin’s Magic Carpet
  6. An Elephant
- Spend some discussing about the various types of rides to school. Stress on the fact that it can be anything at all. It doesn’t have to be animals, birds or insects. It can be things they have seen in movies, cartoons or the TV. It can be some sort of fancy car or a helicopter
- Try using the phrase, “Let your imagination run wild !”
- Then, ask them to draw their ideal ride on a paper. Even here, they can use their imagination. For example, it can be a pink elephant or a blue monkey. Nothing is off limits !
- After they’re done drawing, tell them to write down the reasons for choosing this ride. Talk about the reason.
- An example of this activity is displayed on slide 15
- After the activity, here are some probing questions that will come in handy :
  1. riding the bus can get boring. Ask the students what would their ideal ride be ?
  2. Maybe they like riding the bus ? Is it because it's super fun to ride in the bus with their friends?
  3. Try saying, “I remember having loads of fun with my friends on the school bus. We used to sing and play charades on the way to school. Do you have any special friends on the bus?”

## Activity 2- First Day Nerves/ Conclusion : 14 minutes

### About :

The students are asked to remember their first day of school. The activity looks back on the first day of the school and also tells them to compare it with their current scenario

### Description :

Slide 17-32 consists information about “First Day Nerves”

Discussion Points for “First Day Nerves”

- Introduce the topic by saying, “Getting to school but meeting my friends and playing with them was SO much more fun”
- Then tell them, “But I remember, I was so nervous on my first day. I thought I would have no friends. But I was so wrong. I made so many great friends! All my teachers were awesome too !”
- Ask them about their first day (slide 20)
- Then tell them that, “Let’s do a fun activity that will make us remember our first day and teach us how silly our nerves were”
- Tell them that the activity is super simple.
- All they have to do is, “On a piece of paper, write down one thought you had before your first day of school. For example, “I was extremely nervous on my first day”

Now below that line, using a different coloured sketch pen, write about how you feel about that emotion today. (slide 22-23)

- An example of the same is displayed on slide 24
- They have to write down 5 such lines that would compare and contrast their first day of school and how they feel about it now.
- Discuss each statement and ask the students about the same
- After the activity, here are some probing questions that will come in handy :
  1. Ask them why they think they were so nervous before starting school.
  2. What exactly changed?
  3. How did the previous comment differ from the current one ?
- Conclude the session by telling them that you’re going to have lots of fun with them discussing their school in the coming sessions.
- Also discuss the prerequisites for the next class (slide 31)