

- “28 Days To A Client” -

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. ✓/✗	1 ▾	1 Outreach, applying the techniques I learned from Iman
2. ✓	1 ▾	1 Spec work
3. ✓	1 ▾	Schoolwork
4. ✓	1 ▾	Refine past work + copy
5. ✓	1 ▾	Break down
6. ✓	1 ▾	120 Push ups
7. ✓	1 ▾	Gym
8. ✓	1 ▾	Pay attention at school
9. ✓	2 ▾	Self-care
10. ✓	2 ▾	Vocal practise while reading
11. ✓	2 ▾	Tate vids
12. ✓	2 ▾	Diet
13. ✓	2 ▾	Power-up call
14. ✓	3 ▾	Elo to 650
15. ✓✗	3 ▾	replies
16. ✓	3 ▾	Analyse top players
17. ✓	3 ▾	Review outreach
18. ✓	3 ▾	15 min nap
19. ✓	3 ▾	Deep session 1h15 min
20. ✓	3 ▾	Nofap

Day Number: 25
Date: 19 April 2023

Start Of The Day - Time: 13:47

	 3 Things That I Am Excited To Have In The Future? 
1.	70 kg bodyweight
2.	My first paying client
3.	Chess elo around 700

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

 5.45 am: Task 	
 Intention 	
 Reflection 	

\$ 6 am: Task \$ 6.20 6.45	
 Intention 	
 Reflection 	

\$ 7 am: Task \$	
 Intention 	
 Reflection 	

\$ 8 am: Task \$	
 Intention 	
 Reflection 	

\$ 9 am: Task \$ 9.45	
 Intention 	
 Reflection 	

\$ 10 am: Task \$ 10.15	
🔔 Intention 🔔	
✍ Reflection ✍	

\$ 11 am: Task \$	Review copy- 10 min+breakdown copy- 10 min+Refine past work+Power up call - 10 min
🔔 Intention 🔔	
✍ Reflection ✍	

\$ 12 am:	gym
🔔 Intention 🔔	
✍ Reflection ✍	

\$ 1 pm: Task \$	Gym - heading home - making a war plan
🔔 Intention 🔔	
✍ Reflection ✍	

\$ 2 pm: Task \$	Push ups + schoolwork + watch improvement videos + eat + relax
🔔 Intention 🔔	

 Reflection 	
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\$ 3 pm: Task \$	15 min vids + Read emails + Break down + review + refine past work
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 Intention 	
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 Reflection 	
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\$ 4 pm: Task \$	Analyse top players + avatar - create 1 Spec work
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 Intention 	
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 Reflection 	
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\$ 5.15 pm: Task \$ \$ 5.30	Vocal Practise + nails care+ Whitening kit
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 Intention 	
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 Reflection 	
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\$ 6 pm: Task \$	15 min vids + Read emails + Break down + review + refine past work
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 Intention 	
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 Reflection 	
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 7 pm: Task 	Anaylse top players + avatar - create 1 Spec work
 Intention 	
 Reflection 	

 8 pm: Task 	Continue the work
 Intention 	
 Reflection 	

 9 pm: Task 	Outreaches
 Intention 	
 Reflection 	

 10 pm: Task 	Improvement vids + replies + analyse top players
 Intention 	
 Reflection 	

\$ 11 pm: Task	Spec work + outreach
Intention	
Reflection	

\$ 12 pm: Task	Finish uncompleted tasks
Intention	
Reflection	



End-Of-The-Day Report:



🧠 What Did I Learn Today? 🧠

I kept my word and finished the task as expected outreach, I want it to get reviewed and that won't be happening today? So I will finish tmr after reviewing it. I did better and wrote some good copy

NEW What Do I Plan To Do Differently Tomorrow? NEW

NEW What Do I Plan To Do The Same Tomorrow? NEW

Learning chess more the theorie

 **Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?** 

 **What Tasks Were Left Undone?** 

Outreach + repllies

Brain Dump: