

# Xi'im Ek Balam Presents Jaguar Men (B'alameb')

JAGUAR MEN (Balameb) is a 12 month program for male and nonbinary identifying people to step into their divine erotic and relational power. The program is led by prayer woman Ixchel Xochitl and supported by her partner Aleanu Matthee, a longtime facilitator in the Man Kind Project. It integrates somatic, earth based, mindful and indigenous practices to bring balance to gender and sexual energies by exploring the power of vulnerability, the strength of accountability and the transformative energy of deepening sacred ancient masculine qualities..

## **BACKGROUND**

Research for this program began in 2020 as Ixchel witnessed challenges that male bodied people were experiencing in cultivating deep and meaningful intimacy. Over time, and after building a private somatics practice, Ixchel saw many themes that male bodied people experience:

The experience of male bodied people is incredibly important and it is changing. Right now we are in a time of collective transformation (for those who chose it) and the role of male bodied people is evolving. We need new leaders and new models for what it means to live into sacred masculinity. This group intends to build a sacred community around these themes.

Together the group will work to discover and cultivate the divine masculine within themselves and become leaders of that energy in their families and communities. We will work with somatics, mindfulness and ritual to invoke and activate the spirit of the divine masculine. This process is especially important as most cultures no longer have initiation rituals for these sacred energies.

Participants will re-initiate themselves within the field of the divine masculine, reclaim their power and redefine this role for a new era. By the end of the program the participants will have a clear understanding of how they want to embody the masculine, a map of mentors and elders that guide them in this vision and a community of like-minded men supporting them in their journey.

The process is designed to be co-creative and emergent. The curriculum includes fundamentals in somatics, compassionate relating, body awareness, communication of erotic needs and desires and ancestral (especially Toltec and Celtic) traditions in male initiation. The group will also explore questions that are meaningful to individual participants and seek their own answers on these themes. Participants will have the opportunity to share their learnings with the group and their communities.

#### **TIMELINE**

The program will begin on November 11th with an opening invocation ceremony. Group meetings will generally be held 2-4 weeks out of every month on Thursdays at 8am Hawaiian time/ 11am Pacific time/ 7pm or 8pm European Time. (Check here for your local time zone).

Digital content (course curriculum, prerecorded videos and recordings of live classes) will be uploaded to a google drive 1-2 times per month. When applicable, homework reflections will be due monthly.

## **WHAT'S INCLUDED**

## **DESCRIPTION OF ASSET**

## GROUP TEACHINGS AND PRACTICE SESSIONS

22 x 120 minute workshops with a long time men's group facilitator (Aleanu); experienced somatic coach, consciousness strategist and re- indigenization specialist (Ixchel) with guest instructors (valued at \$55 each session)

## INVOCATION AND INITIATION CEREMONY

2 ceremonies to start and close our program (valued at \$35 each)

## ACCESS DIGITAL COMMUNITY

1 year access to group community in What's Ap

## VOICE MEMO AND TEXT

Unlimited voice memo and text access (via What's Ap) to Ixchel and Aleanu with short replies within 2 business days (valued at \$20 per month)

## **RECORDED MEDITATIONS**

monthly meditations (valued at \$30 each)

## VIDEO TEACHINGS

10 video teachings to support the integration and application of program themes (valued at \$35 each)

#### PROGRAM CURRICULUM and READING MATERIAL

12 chapters of program curriculum with reading materials and suggested rituals or exercises (valued at \$35 each month)

## **ADDITIONAL OPPORTUNITIES**

These are additional bonuses that we are adding at no additional cost.

- RESIDENTS OF HAWAII Participants living on the Big Island of Hawaii will be able to have their
  one-on-one sessions in person in Pahoa and also will be invited to 4 in-person gatherings with
  other program participants. (value \$140)
- **CERTIFICATION** There will be an optional certification add-on option for those interested to become a Xi'im Ek Balam Sacred Protector. Will require attending a certain number of sessions live and a ritual of completion project at program close. (value \$221)

## **INVESTMENT**

The program is being offered at a sliding scale. Below is our general sliding scale suggested framework but we know that each person's financial situation is distinct. If you feel that you fit in a tier that is different from the description please choose the level that best reflects your capacity at this moment in time.

We have 5 partial scholarships available for historically marginalized applicants (black, indigenous, queer), and those experiencing extreme financial hardship for any reason (addiction recovery, integration after incarceration, immigration, recovery from natural disaster etc).

TIER	DESCRIPTION	COST	ADDITIONAL BENEFITS
TIER 1 (Benefactor)	I am in a financially secure place and I want to support other men in being able to participate because I believe building and supporting the community is important. I am stepping into my leadership.	\$333/ month (over 12 months) or \$3,663 if paid at program start (two months free)	12 meetings with Ixchel over the course of the year + Birth sign reading in the Mayan / Aztec calendar
TIER 2 (Spiritual Friend)	I can cover my own fee and cost of the program and am grateful to be able to participate.	\$222/ month (over 12 months including deposit) or \$2,442 if paid at program start (two months free)	6 additional one on one meetings with Ixchel over the course of the year + Birth sign reading in the Mayan / Aztec calendar
TIER 3 (Community Builder)	I want to participate but can not pay for the base cost. I feel called to be here and part of my contribution will be really showing up with my full energy for the group.	\$111/ month (over 12 months including deposit) or \$1,221 if paid at program start (two months free)	3 additional one on one meetings with Ixchel over the course of the year + Birth sign reading in the Mayan / Aztec calendar

## **RESERVE YOUR PLACE**

Email Ixchel at  $\underline{ixchel@xiimekbalam.net}$  to set up a consultation, or sign up for the  $\underline{Q}$  and  $\underline{A}$  session to attend live and receive the recording.