

Highland Unveils New Fitness Center at Redstone Gateway

May 2023 (Huntsville, AL) — The Highland Group, a prominent real estate development and commercial construction firm, is delighted to announce the completion of a state-of-the-art fitness center for the tenants of Redstone Gateway. The company was approached by Redstone's developers, [Corporate Office Properties Trust \(COPT\)](#) and [Jim Wilson & Associates \(JWA\)](#), late last year to build this new facility. The fitness center is situated within [COPT's RG6200 office building](#), a six-floor, 45,000 square foot Class A office space with over 6,500 rentable square feet.

The finished fitness center features a spacious locker room, shower area, modern restroom facilities, and top-of-the-line workout equipment. Employees and business owners will have access to this new amenity, which complements the other [tenant-friendly facilities](#) at Redstone Gateway, such as family-friendly restaurants, a coffee shop, walking paths, daycare, and hotels. Throughout the construction process, The Highland Group collaborated closely with [Nola VanPeursem](#), the lead architecture firm on the project, which has been a longstanding practice in Huntsville since 1953.

"We are excited to have completed construction of the new fitness center at Redstone Gateway," said Michael Barnes, Highland's VP of North Alabama. "COPT and JWA have an extraordinary vision for Redstone Gateway, and it is one of the fastest-growing developments in North Alabama. We are proud to contribute to its ongoing growth and success."



Pictured: Images of the New Redstone Gateway Fitness Center

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About Redstone Gateway:

Redstone Gateway is a mixed-use development near Huntsville's [Redstone Arsenal](#) Gate 9. A Class-A office and technology park opened in 2012, the Gateway contains over 4.6 million square feet of rentable space, including educational facilities, two hotels, retail shopping spaces, restaurants, and a corporate campus environment. The parks' existing amenities include a 120-room [TownePlace Suites by Marriott Hotel](#), [OffBeat Coffee To-Go](#), [Ardent Pre-school & Daycare](#), and [The Shops at Redstone Gateway](#)—19,200 square feet of retail space, including three restaurants and a conference center. Some of the major employers currently utilizing Redstone are the [U.S. Army](#), [Redstone Arsenal](#), [NASA](#), [Marshall Space Flight Center](#), [Huntsville Hospital Systems](#), [The Boeing Company](#), and [Huntsville City Schools](#). Located close to the heart of Huntsville, Redstone Gateway presents an ideal setting for companies working with the U.S. Army and other government-based operations on Redstone Arsenal.

About Corporate Office Properties Trust ("COPT"):

COPT is a real estate investment trust that owns, manages, leases, develops, and selectively acquires office and data center properties. The majority of COPT's portfolio includes locations that support United States Government agencies, Defense/IT Contractors, as well as other organizations with buildings and developable land adjacent to "hi-tech" cybersecurity-oriented USG defense installations. COPT specializes in customizing their client's environments and turning the space their clientele has into the one they need. All of COPT's new buildings are designed for [LEED certification](#), with most at the Silver and Gold levels. They also have earned a "Green Star" rating in the [Global Real Estate Sustainability Benchmark \(GRESB\)](#) survey for the last six years.

About Jim Wilson & Associates, LLC:

Jim Wilson & Associates LLC is a diversified investment and real estate services firm based in Montgomery, Alabama that manages a wide array of properties throughout the Eastern United States. Their managed properties include [Class A Office Buildings](#), [Hotels](#), [Residential Communities](#), and millions of square feet of premier shopping space. Founded in 1975 by Jim Wilson Jr, the firm is now led by his sons, Jim Wilson III, and Will Wilson alongside a team of well-established, talented, and experienced professionals. The firm also offers several investment opportunity [services](#) based around their experiences in the [capital](#), [hospitality](#), and [gaming venture](#) industries. As a result of these experiences, JWA's services are expanding through the formation of partnerships and companies, including 42 equity partners and A&W Enterprises, LLC.

About The Highland Group:

The Highland Group is a real estate development and commercial construction firm that specializes in real estate development, preconstruction services, general contracting, construction management, and design-build delivery. Their mission is to develop leaders committed to higher standards who have an impact on their firm and the communities in which they work and live by developing trusting relationships and building quality projects. The Highland Group has offices located in the Gulf Coast Region (501 South McKenzie Street, Suite 2, Foley, Alabama, 36535), the Tennessee Valley Region (415-H Church Street NW, Suite 201, Huntsville, Alabama, 35801), and the Florida Panhandle Region (130 Richard Jackson Blvd., Suite 104A, Panama City Beach, Florida, 32407). They have been proudly serving clients throughout the Southeastern United States since 2005. Learn more at www.HighlandGroup.org