



**Mount Calvary Lutheran School  
Waukesha, Wisconsin  
Athletic Handbook  
2025-2026**

*Updated July 8, 2025*

## **Program Philosophy**

The goal of our athletic program is to develop Christian maturity, Christian sportsmanship, and an appreciation of our God-given abilities.

The sports program at Mount Calvary is an extracurricular privilege. It provides opportunities for the growth and development of each child's athletic skills that are difficult to duplicate in other activities. We believe our program will help each child develop physically, mentally, socially, and spiritually.

Involvement in the athletic program encourages responsible team play and cooperation. It provides an opportunity for learning mental and physical self-discipline, loyalty, personal and school pride, respect for others, and dedication to succeed.

Mount Calvary Athletics exists as an extension of the ministries of Mount Calvary Lutheran Church and School. Mount Calvary Athletics aims to train children in the way they should go, to serve the Lord by loving each other, building each other up, and reaching out with the gospel.

## **Athletic Program Objectives**

The Mount Calvary Athletic Program strives to

- Develop each athlete's God-given talents to their fullest.
- Practice Christian sportsmanship in ALL situations.
- Provide a positive image of Mount Calvary Lutheran School.
- Provide opportunities for each athlete to experience success.
- Teach the skills necessary to participate in and appreciate sports.
- Cultivate desirable work and study habits.
- Value setting common, achievable goals, both individually, and for the team.
- Teach the value of representing self, school, and Savior in multiple locations.
- Provide age and developmentally appropriate coaching and instruction for each sport.
- Give God glory!

## **Participation**

Every attempt will be made to allow participation by all students indicating an interest in a particular sport.

Athletes at the C level will learn foundational skills as well as fundamental concepts of the sport. **Equal** playing time will be given to all athletes demonstrating a proper attitude for the good of the team. In tournament play, all athletes demonstrating a proper attitude will play, however, equal playing time is not guaranteed.

Athletes at the B level will continue to learn and develop skills but also start to refine them. All athletes demonstrating a proper attitude will play a **fair** amount each game. In tournament play, playing time will be earned as determined by the coach (skill, availability, attitude, etc.)

Athletes at the A Team level will begin to master and perfect foundational skills. Winning becomes the priority and playing time is **earned**. Earning playing time will be defined by each coach and may include an athlete's skill, availability, and attitude.

## **Athletic Eligibility Policy**

*A student who is ineligible is not able to participate in practice or games until they have met the requirements listed below.*

The athletic program does not take precedence over the academic program; therefore, each student athlete is expected to maintain the following minimum academic standards:

- Eligibility of student athletes will be checked at each midterm and the end of every quarter (September 18, October 17, November 24, January 9, February 12, March 13, April 23)
  - Student athletes must have a GPA of 2.0 or higher without any F's.
  - Athletes that are found ineligible at these grading check-ins will be unable to participate in any competitions or practices for a two-week period of time after which their status will be reevaluated.
  - Should a student athlete become ineligible, the Athletic Director will contact the coach and parents to explain why he or she is ineligible and what will be required to regain eligibility.
- Student athletes are required to have all assignments finished on time. The student athlete will sit out any practices or games until past due work is completed. A supervised study hall will be provided if needed.
- Student athletes may not participate in a practice or event if he/she was not present for at least ½ of the school day. Exceptions may be authorized by the Athletic Director or Principal.
- If a student athlete receives a suspension, he/she is ineligible for the following 5 school days. A student athlete will no longer be able to participate in athletics after the third suspension.
- Additional behavior or academic situations may warrant ineligibility. This will be determined at the discretion of the Principal and Athletic Director. Coaches may also impose suspensions for conduct detrimental to the individual or team in addition to eligibility. These suspensions must be agreed on with the athletic director.

## **Expectations of those Representing Mount Calvary**

### **Athletes**

- Act in a Christian way, exhibiting sportsmanship both on and off the court.
- Attend all practices and games as scheduled. Inform coaches prior to any missed practices or games by using the TeamSnap app at least 48 hours prior to a scheduled event.
- Respect opponents, officials, coaches, teammates, and spectators at all times.
- Taunting and/or inappropriate language will result in benching during the game until the player is visibly and verbally contrite.
- If a player receives a technical foul or a red card, they must meet with the Athletic Director within two days. Continued technical fouls will result in a partial or full game suspension.
- Maintain classroom and eligibility expectations.
- Respect the property and equipment of Mount Calvary and other schools.

- Locker rooms are a privilege for athletes at Mount Calvary. A locker will be provided for each athlete; however, each athlete is responsible for providing their own lock. Mount Calvary is not responsible for any lost and damaged items in the locker room.

### **Parents**

- Display a Christian attitude at every event, both home and away.
- Attend any parent meetings called by the coach or Athletic Director.
- Be prompt when dropping off or picking up your child.
- Model Christian behavior by encouraging good sportsmanship, effort, and teamwork from student athletes, coaches, and spectators.
- Respect the judgments of the officials and the efforts and strategies of the coaches.
- Volunteer for 2 hours per sport season (1 for soccer). You may volunteer for events your child is not participating in.
- Supervise any children that come with you to both home and away games. Children should not be unsupervised for any period of time in the school hallways or other areas of the school building.
- Inform coaches prior to any missed practices or games. (TeamSnap)
- Sign and return all forms and waivers and pay all participation fees.
- Be responsible for the care and maintenance of all uniforms.
- Download the TeamSnap app in order to receive communication for your child's team.

### **Coaches**

- Only persons approved by the Athletic Director and Board of Christians Schools may serve as coaches. Applications can be picked up from the Athletic Director.
- Head coaches must be WELS members. Assistant coaches do not share the same requirement.
- Coaches must pass a background check.
- Coaches are to remain at school until all players have been picked up or escorted to Cardinal Care. Coaches of late practices are also responsible for communication regarding supervision prior to practices.
- If a coach receives a technical foul or a red card, they must meet with the Athletic Director within two days. Continued technical fouls will result in a partial or full game suspension.
- Treat all players, coaches, officials, parents, administrators, and fans with respect and dignity.
- Make a concerted effort with all players' athletic progress and development, regardless of their athletic ability.
- Provide timely information concerning any schedule changes. Arrival times should be communicated to parents 24 hours beforehand.
- Communicate with parents concerning injuries and illness that occur during athletic events.
- Understand and support the school eligibility policies.
- Hold a preseason parent meeting with families detailing expectations, coaching style, and communication processes.

## **Uniforms**

Each player is responsible for his/her uniform until the season is completed. Care should be taken in washing the uniform. If the uniform is lost, the player will have to cover the replacement cost. Uniforms must be washed and cleaned before being turned into Mr. Lange.

## **Parent Involvement**

Parent involvement is vital to the success of Mount Calvary's athletic ministry. In order to fulfill the purposes of this program, parents must teach and model a Christian attitude toward athletics and sportsmanship. They assist the child to establish proper priorities with the respect to church, family, peers, study, and play. They participate in the development of the student's abilities. They love, encourage, and build up the esteem and confidence of their child. There is no substitute for parental support.

Parents also show support for the athletic program through volunteer efforts. Every part of Mount Calvary's ministry is made possible through volunteer efforts of faculty, parents, and supporters. To keep the program in operation, many volunteers are needed. Parents are required to assist during each season their child participates in.

Sign up forms for volunteer opportunities will be made available before each season.

Parents will also need to attend a parent meeting before each season.

## **Important Forms and Insurance**

- Each parent and athlete must complete the Athlete/Parent Contract form.
- Each coach must complete the Coach Contract form.
- Each athlete must also have an up-to-date sports' physical on file. A physical card signed by a physician, or the alternate year card must be turned into the Athletic Director before that child can play or practice. This must be done every year. The physical card or alternate year card can be obtained on the [WIAA website](#), the Athletic Director, or your doctor's office. Any special conditions or ailments must be made known to the coach prior to the season.
- Each athlete and parent must fill out a [WIAA Concussion](#) sheet.

All forms must be completed **before** participating in any sports at Mount Calvary. This includes practices and games.

## **Questions and Concerns**

If Mount Calvary's athletic program and everyone in it were perfect, there would never be a need to address questions and concerns. However, that is not the case. All the people involved with the athletic program, athletes, coaches, Athletic Director, are all human beings that make mistakes. Furthermore, we hope and pray that all concerns are small in nature and in number.

If you, as parents and guardians, have concerns about the athletic program, policies, or the people involved in it, please follow the guidelines described for us in Matthew 18:15-17:

*"If your brother sins against you, go and show him his fault, just between the two of you. If he listens to you, you have won your brother over. But if he will not listen, take one or two others along, so that every matter may be established by the testimony of two or three witnesses. If he refuses to listen to them, tell it to the church; and if he refuses to listen even to the church, treat him as you would a pagan or tax collector."*

Calmly follow these steps:

1. Contact the person to schedule an appointment regarding your concern. Do not attempt to confront the person immediately before or after a game. These can be emotional times for both parties and rarely help in resolving a conflict. Wait 24 hours before addressing such issues. This provides both sides with the time to let emotions settle and allows for a clear perspective.
2. If the concern is not adequately resolved in the meeting with the person directly involved, please speak to the Athletic Director. He will then do the best job he can to resolve the concern.
3. If the concern cannot be resolved by the Athletic Director, the person with the concern should then speak with the principal.
4. In the event that the principal is not able to bring about the satisfactory resolution, the concerned person should speak to Jeff Rogers, the chairman of the Board of Education. When the concern reaches the Board of Education, a final decision will be made, and a course of action taken.

While it may seem that there are a lot of steps and perhaps a great amount of time involved with this procedure, in the long run we believe this is the best way to handle concerns and to solve problems

in a God-pleasing manner. All people involved in the athletic program in any way are encouraged to remember our Lord's command to speak well of others and to take their words and actions in the kindest possible way. Thank you for following these procedures.

## **Fees for 2025-2026**

**Fall Season-** \$50

**Winter Season-** \$50

**Spring Season-** \$25

**Volunteer Hour Fee:** Families will be charged \$25 for each volunteer hour that is not fulfilled. An athlete may not participate in the following season until his or her family's hours are complete or fees are paid.