

Student Guide | Practical 4 | Group Activity on Geriatric Assessment Tools



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Course: Common Geriatric Assessments

Topic: Physical Assessment Tools and Methods | Falls, Physical Activity | Frailty

Duration: 3 Hours

Session Type: Group Activity and Peer Learning

Activity Overview

In this session, you will work in small groups to explore and present a specific geriatric assessment tool for falls prediction, physical activity and frailty. This activity is designed to help you understand the purpose, structure, and application of various tools used in the assessment of older adults in physiotherapy practice.

Objectives

By the end of this activity, you should be able to:

1. Describe the purpose and structure of commonly used geriatric assessment tools.
2. Identify the settings and formats in which these tools are used.
3. Understand how to administer and score the tools.
4. Critically evaluate the usefulness and limitations of each tool in clinical practice.

Instructions

1. Group Formation and Tool Assignment (30 minutes)

You will be divided into **8 groups**, with each group assigned one of the following tools:

1. Falls Efficacy Scale (FES)
2. Morse Fall Scale
3. Barthel Index
4. International Physical Activity Questionnaire (IPAQ)
5. Physical Activity Scale for the Elderly (PASE)
6. Fried Frailty Phenotype (CHS Criteria)
7. Clinical Frailty Scale (CFS)

8. Edmonton Frail Scale (EFS)

- Each group will be provided with the **original version** of their assigned tool.

2. **Presentation Preparation (60 minutes)**

Each group will prepare a **PowerPoint presentation (10 minutes)** covering the following aspects:

- **Purpose** of the tool
- **Format:** Self-administered / Interviewer-administered
- **Components or Content** of the tool
- **Scoring** system and interpretation
- **Suitable settings** for use (e.g., outpatient, inpatient, community)
- Any **modified or adapted versions**, if available

3. **Presentations and Peer Evaluation (90 minutes):**

- Each group will present their findings to the class.
- While one group presents, all other groups will **evaluate the presentation** using a **Peer Evaluation Form**.
- Constructive feedback is encouraged, focusing on content, clarity, presentation skills, and critical insight.

Presentation Tips

- Assign roles: speaker, slide designer, timekeeper, content researcher.
- Be concise, clear, and clinically relevant.
- Use visuals where possible (charts, examples, diagrams).
- Practice your presentation for time management.

Assessment

- Your performance will be assessed through **peer evaluation** and **tutor observation**.
- Emphasis will be on teamwork, understanding of the tool, critical analysis, and presentation quality.