# Lukayo's Patreon Content 2018-2019

#### Intro

Hello lovely Patron! Whether you've been around since 2018 or you just joined, this document is for you to be able to easily access the archived content of the Patreon. You can look specifically for the art or educate yourself on anti-oppression. This page shows that all the content is posted via links and is organized twice-- the first method is by type, the second is by "day", i.e. the old Patreon format that had an almost daily theme.

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## Content By Type

#### Posters & Infographics

- Calling Out and Calling In: https://www.patreon.com/posts/workshop-calling-20896668
- The Oppression Triangle: <a href="https://www.patreon.com/posts/workshop-21075614">https://www.patreon.com/posts/workshop-21075614</a>
- Accomplices & Allies: https://www.patreon.com/posts/workshop-allies-21223071
- The Taking Tree: https://www.patreon.com/posts/workshop-taking-21521937
- Systems That Spread Empire & Oppression: https://www.patreon.com/posts/workshop-systems-21656301
- Recognizing Privilege: <a href="https://www.patreon.com/posts/workshop-21819455">https://www.patreon.com/posts/workshop-21819455</a>
- Dis/Ableism: https://www.patreon.com/posts/workshop-dis-21975736
- Pillars of White Supremacy: https://www.patreon.com/posts/workshop-pillars-22120020
- The Gender Binary: https://www.patreon.com/posts/workshop-gender-23426260
- Inclusive Policies & Procedures:
  <a href="https://www.patreon.com/posts/workshop-pt-1-25011935">https://www.patreon.com/posts/workshop-pt-1-25011935</a>
- Inclusive Programming: <a href="https://www.patreon.com/posts/workshop-pt-2-25012437">https://www.patreon.com/posts/workshop-pt-2-25012437</a>
- Direct Action: <a href="https://www.patreon.com/posts/workshop-pt-3-25012822">https://www.patreon.com/posts/workshop-pt-3-25012822</a>

### Tools, Games, Workshops, Videos

- Anti-Oppression Learning Tools: https://www.patreon.com/posts/workshop-anti-20211678
- So It Begins! https://www.patreon.com/posts/workshop-so-it-26879671
- Relationship Charts: <a href="https://www.patreon.com/posts/workshop-special-21075268">https://www.patreon.com/posts/workshop-special-21075268</a>
- Pickup Planets: <a href="https://www.patreon.com/posts/workshop-pickup-27040291">https://www.patreon.com/posts/workshop-pickup-27040291</a>
- The Place of Rage
  - https://www.patreon.com/posts/troubleshoot-of-26681270
  - o https://www.patreon.com/posts/troubleshoot-of-26851147
  - https://www.patreon.com/posts/troubleshoot-of-27023639

#### **Articles**

- 5 Common Mistakes I've Made in Transformative Justice Work: https://www.patreon.com/posts/musings-monday-5-20744018
- 4 Suggestions on Supporting the Grief-Stricken: <a href="https://www.patreon.com/posts/musings-monday-4-21030486">https://www.patreon.com/posts/musings-monday-4-21030486</a>
- Why I Want to Start an Affordable Retreat Centre: https://www.patreon.com/posts/musings-monday-i-21194027
- My Healing Work: https://www.patreon.com/posts/musings-monday-21626510
- 3 Lessons on Survivor Culture: https://www.patreon.com/posts/musings-monday-3-21779114

- I Am Not A Burden: https://www.patreon.com/posts/musings-monday-i-21944958
- More Than Minorities: <a href="https://www.patreon.com/posts/musings-monday-22115167">https://www.patreon.com/posts/musings-monday-22115167</a>
- On Healing Justice & Sacred Activism
  - https://www.patreon.com/posts/musings-monday-1-26446788
  - https://www.patreon.com/posts/musings-monday-2-26448785
  - https://www.patreon.com/posts/musings-monday-3-26449099
  - https://www.patreon.com/posts/musings-monday-4-26449384
  - https://www.patreon.com/posts/musings-monday-5-26449495
- 3 Ways to Learn The P-Word:
  - https://www.patreon.com/posts/troubleshoot-3-p-20769892
- 3 Tips on Dealing with "The Other Place" Derailment in a North American Context: https://www.patreon.com/posts/troubleshoot-3-20894786
- When Participants Get Triggered: https://www.patreon.com/posts/troubleshoot-get-21042512
- Side Punch: Surviving Lateral Violence: https://www.patreon.com/posts/troubleshoot-21216326
- 3 Signs That You Need to Disengage From Work: https://www.patreon.com/posts/troubleshoot-3-26493515

#### Poetry/Song & Mixed Media

- Bitoon: <a href="https://www.patreon.com/posts/fresh-friday-26392130">https://www.patreon.com/posts/fresh-friday-26392130</a>
- By Tooth & Claw: https://www.patreon.com/posts/fresh-friday-by-21285072
- A Litany of Things That Were Never Yours For The Taking: https://www.patreon.com/posts/fresh-friday-of-21116998
- Nivog: https://www.patreon.com/posts/fresh-friday-20946725
- To the Waters & the Wild: <a href="https://www.patreon.com/posts/fresh-friday-to-20845767">https://www.patreon.com/posts/fresh-friday-to-20845767</a>
- Confessional: <a href="https://www.patreon.com/posts/throwback-20809402">https://www.patreon.com/posts/throwback-20809402</a>
- Why I Wear Black: <a href="https://www.patreon.com/posts/throwback-why-i-20931783">https://www.patreon.com/posts/throwback-why-i-20931783</a>
- Self-Portrait: <a href="https://www.patreon.com/posts/throwback-self-21101395">https://www.patreon.com/posts/throwback-self-21101395</a>
- Scars: https://www.patreon.com/posts/throwback-scars-21260746
- The Civilizer: https://www.patreon.com/posts/throwback-21547819
- Sticks & Stones: <a href="https://www.patreon.com/posts/throwback-sticks-21682579">https://www.patreon.com/posts/throwback-sticks-21682579</a>
- Mnemosyne's Carcass: <a href="https://www.patreon.com/posts/throwback-21843836">https://www.patreon.com/posts/throwback-21843836</a>
- Face It: <a href="https://www.patreon.com/posts/throwback-face-23322261">https://www.patreon.com/posts/throwback-face-23322261</a>
- Charity: <a href="https://www.patreon.com/posts/throwback-2011-26731218">https://www.patreon.com/posts/throwback-2011-26731218</a>

#### Visual Art Only

- Being Fey #1: <a href="https://www.patreon.com/posts/throwback-being-22142123">https://www.patreon.com/posts/throwback-being-22142123</a>
- Being Fey #2: <a href="https://www.patreon.com/posts/throwback-being-22142796">https://www.patreon.com/posts/throwback-being-22142796</a>

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### About the Funding Recipients

Nanay Myrna Pula: <a href="https://www.patreon.com/posts/musings-monday-20886291">https://www.patreon.com/posts/musings-monday-20886291</a>

- Why I Want to Start an Affordable Retreat Centre: <a href="https://www.patreon.com/posts/musings-monday-i-21194027">https://www.patreon.com/posts/musings-monday-i-21194027</a>
- Noah Heart: <a href="https://www.patreon.com/posts/musings-monday-21483694">https://www.patreon.com/posts/musings-monday-21483694</a>

## Content by Day

#### Musings Monday

- 5 Common Mistakes I've Made in Transformative Justice Work: https://www.patreon.com/posts/musings-monday-5-20744018
- Nanay Myrna Pula: <a href="https://www.patreon.com/posts/musings-monday-20886291">https://www.patreon.com/posts/musings-monday-20886291</a>
- 4 Suggestions on Supporting the Grief-Stricken: https://www.patreon.com/posts/musings-monday-4-21030486
- Why I Want to Start an Affordable Retreat Centre: https://www.patreon.com/posts/musings-monday-i-21194027
- Noah Heart: <a href="https://www.patreon.com/posts/musings-monday-21483694">https://www.patreon.com/posts/musings-monday-21483694</a>
- My Healing Work: <a href="https://www.patreon.com/posts/musings-monday-21626510">https://www.patreon.com/posts/musings-monday-21626510</a>
- 3 Lessons on Survivor Culture: https://www.patreon.com/posts/musings-monday-3-21779114
- I Am Not A Burden: https://www.patreon.com/posts/musings-monday-i-21944958
- More Than Minorities: <a href="https://www.patreon.com/posts/musings-monday-22115167">https://www.patreon.com/posts/musings-monday-22115167</a>
- On Healing Justice & Sacred Activism
  - https://www.patreon.com/posts/musings-monday-1-26446788
  - https://www.patreon.com/posts/musings-monday-2-26448785
  - https://www.patreon.com/posts/musings-monday-3-26449099
  - https://www.patreon.com/posts/musings-monday-4-26449384
  - https://www.patreon.com/posts/musings-monday-5-26449495

#### **Troubleshoot Tuesday**

- 3 Ways to Learn The P-Word: https://www.patreon.com/posts/troubleshoot-3-p-20769892
- 3 Tips on Dealing with "The Other Place" Derailment in a North American Context: <a href="https://www.patreon.com/posts/troubleshoot-3-20894786">https://www.patreon.com/posts/troubleshoot-3-20894786</a>
- When Participants Get Triggered: <a href="https://www.patreon.com/posts/troubleshoot-get-21042512">https://www.patreon.com/posts/troubleshoot-get-21042512</a>
- Side Punch: Surviving Lateral Violence: https://www.patreon.com/posts/troubleshoot-21216326
- 3 Signs That You Need to Disengage From Work: https://www.patreon.com/posts/troubleshoot-3-26493515
- The Place of Rage
  - https://www.patreon.com/posts/troubleshoot-of-26681270
  - https://www.patreon.com/posts/troubleshoot-of-26851147
  - https://www.patreon.com/posts/troubleshoot-of-27023639

#### Workshop Wednesday

- Anti-Oppression Learning Tools: https://www.patreon.com/posts/workshop-anti-20211678
- Calling Out and Calling In: <a href="https://www.patreon.com/posts/workshop-calling-20896668">https://www.patreon.com/posts/workshop-calling-20896668</a>
- Relationship Charts: <a href="https://www.patreon.com/posts/workshop-special-21075268">https://www.patreon.com/posts/workshop-special-21075268</a>
- The Oppression Triangle: <a href="https://www.patreon.com/posts/workshop-21075614">https://www.patreon.com/posts/workshop-21075614</a>
- Accomplices & Allies: <a href="https://www.patreon.com/posts/workshop-allies-21223071">https://www.patreon.com/posts/workshop-allies-21223071</a>
- The Taking Tree (2018): <a href="https://www.patreon.com/posts/workshop-taking-21521937">https://www.patreon.com/posts/workshop-taking-21521937</a>
- Systems That Spread Empire & Oppression: https://www.patreon.com/posts/workshop-systems-21656301
- Recognizing Privilege: https://www.patreon.com/posts/workshop-21819455
- Dis/Ableism: <a href="https://www.patreon.com/posts/workshop-dis-21975736">https://www.patreon.com/posts/workshop-dis-21975736</a>
- Pillars of White Supremacy: <a href="https://www.patreon.com/posts/workshop-pillars-22120020">https://www.patreon.com/posts/workshop-pillars-22120020</a>
- The Gender Binary: https://www.patreon.com/posts/workshop-gender-23426260
- Inclusive Policies & Procedures:
  <a href="https://www.patreon.com/posts/workshop-pt-1-25011935">https://www.patreon.com/posts/workshop-pt-1-25011935</a>
- Inclusive Programming: https://www.patreon.com/posts/workshop-pt-2-25012437
- Direct Action: https://www.patreon.com/posts/workshop-pt-3-25012822
- So It Begins! <a href="https://www.patreon.com/posts/workshop-so-it-26879671">https://www.patreon.com/posts/workshop-so-it-26879671</a>

### Throwback Thursday

- Confessional: <a href="https://www.patreon.com/posts/throwback-20809402">https://www.patreon.com/posts/throwback-20809402</a>
- Why I Wear Black: <a href="https://www.patreon.com/posts/throwback-why-i-20931783">https://www.patreon.com/posts/throwback-why-i-20931783</a>
- Self-Portrait: <a href="https://www.patreon.com/posts/throwback-self-21101395">https://www.patreon.com/posts/throwback-self-21101395</a>
- Scars: https://www.patreon.com/posts/throwback-scars-21260746
- The Civilizer: https://www.patreon.com/posts/throwback-21547819
- Sticks & Stones: <a href="https://www.patreon.com/posts/throwback-sticks-21682579">https://www.patreon.com/posts/throwback-sticks-21682579</a>
- Mnemosyne's Carcass: <a href="https://www.patreon.com/posts/throwback-21843836">https://www.patreon.com/posts/throwback-21843836</a>
- Being Fey #1: https://www.patreon.com/posts/throwback-being-22142123
- Being Fey #2: <a href="https://www.patreon.com/posts/throwback-being-22142796">https://www.patreon.com/posts/throwback-being-22142796</a>
- Face It: https://www.patreon.com/posts/throwback-face-23322261
- Charity: https://www.patreon.com/posts/throwback-2011-26731218

### Fresh Friday

- Bitoon: https://www.patreon.com/posts/fresh-friday-26392130
- By Tooth & Claw: https://www.patreon.com/posts/fresh-friday-by-21285072
- A Litany of Things That Were Never Yours For The Taking: https://www.patreon.com/posts/fresh-friday-of-21116998
- Niyog: https://www.patreon.com/posts/fresh-friday-20946725
- To the Waters & the Wild: https://www.patreon.com/posts/fresh-friday-to-20845767