# BIG HEARTS BOOK CLUB FAIRNESS

Fairness means treating people equally. But fair isn't always equal. Sometimes people need different things in order for things to work for them. So if someone has a bad cut they need a band-aid. But if someone breaks their leg, a bandaid isn't going to help, so they need something different to make them well.

And sometimes it's not fair if someone does all the work to build a treehouse, but no one wanted to help them, but then they want to be able to go and enjoy it after someone else does all the work

### **Important Terms:**

Dignity - feeling worthy, a sense of pride

Compassion - concern for others who are struggling

Respect - to think highly of someone based on their abilities and achievements

Empathy - understand and share the feelings of others

Fair doesn't always mean equal

#### **BIG HEARTS BOOK CLUB - FAIRNESS**

# **ONLINE RESOURCES - FAIRNESS**



**Teach About Fairness** 



That's Not Fair!" Teaching the Meaning of Fairness — Better Kids



How To Teach Your Child The Value Of Hard Work.



But that's not fair... helping children to understand the difference between fairness and equality



That's Not Fair! Teaching Kids the Difference Between Fair and Equal | Free Spirit Publishing Blog



Third grade teacher shares a brilliant Band-aid lesson to teach kids about fairness



The Perfect Response to "That's Not Fair!" - Intentional Family Life



How to Help When Kids Say "That's Not Fair!"



How to Stop Victim Mentality and Thinking in Kids and Teens



Parents: How Do We Talk to Kids about Fairness? - Dr Robyn Silverman

## BIG HEARTS BOOK CLUB FAIRNESS SUGGESTED READING

The Little Red Fort Brenda Maizer

New Shoes Susan Lynn Meyer

Click, Clack, Moo

Cows That Type Doreen Cronin

A Bike Like Sergio's Maribeth Boelts

Big Red Lollipop Rukhsana Khan

One Grain Of Rice Demi

Tops & Bottoms Janet Stevens

Fair Shares Pippa Goodhart

This Is How We Do It Matt Lamothe

Those Shoes Maribeth Boelts

The Name Jar Yangsook Choi

Strictly No Elephants Lisa Mantchev

The Invisible Boy Trudy Ludwig

Fairness Lucia Raatma

What If Everybody Did That Ellen Javernick

What If Everybody Thought That Ellen Javernick

Everyone Counts Judy Sierra

# **ALL ABOUT FAIRNESS**

Fairness is a core value that happens when you treat everyone equally, offer assistance without choosing favorites, and give equal access to things that they deserve.

Why Does Fairness Matter?

Fairness helps you to gain trust and cooperation. It reduces conflict with others. Fairness gives everyone a chance to contribute and participate and be the best person they can be. When you are fair with others it helps you be a good person.

YOU ARE FAIR WHEN YOU	HOW TO BE MORE FAIR
Always try to do the right thing	Treat people the way you want to be treated
Treat everyone equally	Be kind to others
Have good sportsmanship	Tell the truth

Take only your fair share	Give others the chance to participate in a game or activity
Do not blame others without reason	Find ways to share
Do not pick favorites	Follow rules when playing games
Play by the rules	Do your assigned tasks at home and school
Listen to what others have to say	Respect people who are different than you
Gather facts before making an opinion on something	Don't cheat
Take turns	Accept the consequences when you break a rule
Share with others	Worth with others to make things more fair for everyone
Do not take advantage of others	
Are open minded to the thoughts and opinions of others	

#### **FAIRNESS QUESTIONS**

- Am I open to hearing other people's views and ideas
- Did I check everyone's opinion on the matter that we are talking about?
- Did everyone have a chance to participate?
- Ami treating others how I want to be