# The Great Mud Escape FAQs

## Do I have to get muddy?

We think going through the mud pits is the best part, but you get to choose your mud-level. You can accompany a child through the course and skip the muddy obstacles while your kiddo gets muddy too!

## Do I have to complete every obstacle?

While we'd love for everyone to get the full experience, we know that abilities vary from person to person. If you'd like to bypass a specific obstacle, let the obstacle attendant know. They may suggest you do an alternate activity so you don't miss out on the fun!

## What happens if I get hurt on the course?

While we don't expect any of our runners to get injured, we'll have EMTs present on-site to keep you extra safe on the course.

## Will I be muddy at the after party?

The Warren Fire Department will be on-hand to hose down muddy runners, and there will be changing tents available, so bring a change of clothes! You won't want to miss the food trucks and music at the after party!

## Do we get something for completing the race?

We've designed some very cool new medals that will premiere this year. They'll look great hanging on your wall!

### What's the deal with the timing?

We added race timing this year, but know that you may be held up waiting for an obstacle, so treat the time as a fun way to challenge yourself or fellow runners, not as a precise record of your time on the course.

#### Is this event just for kids?

No – The Great Mud Escape is an adventure course for ALL AGES! We've worked hard to create a course that's entertaining and challenging, no matter your age.

#### What ages are the obstacles suitable for?

Kids of ALL AGES are welcome to get muddy, but kids under 12 need an accompanying runner who's 13 or older to complete the course.

#### Can I run with a group or team?

Yes! Take on the challenge with your family, community group, sports team, gym buddies, and more! Just select the same corral during registration.

### Are there prizes?

Prizes will be given out for Best Team Spirit, so come dressed in crazy costumes, matching t-shirts, or any other fun thing to set you apart!

## Do I have to pay extra for the Bubble/Play Zone?

No, that area will be open to all attendees, especially little ones whose older family members are running the race.

## There are beehives on the farm. How do I keep from getting stung?

The obstacle course avoids the beehives, but we will mark off an area around them to keep anyone from accidentally getting too close. Of course, being outside on a farm means you could encounter bees anywhere. There will be EMTs on site if an emergency occurs.

# **Course Map:**

