

University of South Alabama Mental Health & Substance Abuse Resources

Mental Health during Covid-19

- ❖ <https://www.southalabama.edu/departments/counseling/coronavirus.html>

Counseling & Testing

- ❖ <https://www.southalabama.edu/departments/counseling/>

Mental Health Emergency

- ❖ <https://www.southalabama.edu/departments/counseling/mhemergencies.html>

Concerned about a student?

- ❖ <https://www.southalabama.edu/departments/counseling/consultation.html>

Substance Abuse Prevention

- ❖ <https://www.southalabama.edu/departments/counseling/subabuseprogram.html>