

wbc weekly Review

Intro

The weekly Review is successfully completed, if I...

- Added at least one “big learning”
 - Checked all the boxes of the Floor-Checklist
 - Recap daily 1,2,3's
 - Wbc diary uploaded
 - Backlog entries
-
-

Template

KW

Biggest learnings

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Floor

- ☐ Checked all “concrete actions” from daily 1,2,3-Journals (or transferred to backlog)
- ☐ Uploaded the **wbc-diary** for every day this week (1 miss allowed), so Vashish can add them
- ☐ Went through my **wbc backlog entries**

Mastery

- ☐ Did a **long Journal** about wbc

Transparency (leave your initials below, when you were here)

- Seen by = JFK + ... +
-
-

Updates

✓ KW 12 (Mo, 27.03.23)

Biggest learnings

- Paraphrasing back = key + saves sooo much time
 - Incl. protocols + read out loud at end of calls/meetings

Floor

- ☒ Checked all “concrete actions” from daily 1,2,3-Journals (or transferred to backlog)
- ☒ Uploaded the **wbc-diary** for every day this week (1 miss allowed), so Vashish can add them
-> maybe missed 2 ?!
- ☒ Went through my **wbc backlog entries**

Mastery

- ☐ Did a **long Journal** about wbc

Transparency (leave your initials below, when you were here)

- Seen by = JFK + ... +PJ

✓ KW 11 (Sun, 19.03.23)

Biggest learnings

- Reflecting back, reflecting back, reflecting back
- Asking others to reflect back what they heard from me

Floor

- ✓ Checked all “concrete actions” from daily 1,2,3-Journals (or transferred to backlog)
- ✓ Uploaded the **wbc-diary** for every day this week (1 miss allowed), so Vashish can add them
- ✓ Went through my **wbc backlog entries**

Mastery

- ☐ Did a **long Journal** about wbc

Transparency (leave your initials below, when you were here)

- Seen by = JFK + ... +PJ
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✓ KW 10 (Sun, 12.03.23)

Biggest learnings

- Even though communication is one of my strengths it's also one of the areas with the most potential to improve
- I get triggered / my heart tends to close with people that are not open.
= I have that tendency as well (not to be TRULY open)

Floor

- ✓ Checked all “concrete actions” from daily 1,2,3-Journals (or transferred to backlog)
- ✓ Uploaded the **wbc-diary** for every day this week (1 miss allowed), so Vashish can add them
- ✓ Went through my **wbc backlog entries**

Mastery

- ✓ Did a **long Journal** about wbc (20 mins)

Transparency (leave your initials below, when you were here)

- Seen by = JFK + ... +

✗ KW 9 (Sun, 03.03.23)

- No entry made

✗ KW 8 (Sun, 26.02.23)

- No entry made

✗ KW 7 (Sun, 19.02.23)

- No entry made

✗ KW 6 (Sun, 12.02.23)

- No entry made

✗ KW 5 (Sun, 05.02.23)

- No entry made

✗ KW 4 (Sun, 29.01.23)

- No entry made

✗ KW 3 (Sun, 22.01.23)

- No entry made

✗ KW 2 (Sun, 15.01.23)

- No entry made

✗ KW 1 (Sun, 08.01.23)

- No entry made