



EMDR Asia Part 1 Training Progress/ Evaluation Report: Based on criteria of Trauma Recovery/HAP Trainers, 2026

- After your Trainer Candidate orientation workshop, you will begin trainer candidate-in-training at EMDR Asia organized Training which are supported by EMDR Institute and Trauma Recovery/HAP only.
- Each section is to be given at a different training. When co-training with a Senior Trainer, make sure you are supervised and given feedback on the section listed.
- Trainer should indicate if performance was:
1-Poor, 2-Below Standard, 3-Standard, 4-Above Standard, and 5-Exceptional.
- Your mentor will work with you to address areas that need improvement.
- Please email a completed copy of this form after every weekend to Dr. Sushma Mehrotra (mehrotrasushma@gmail.com) & Dr. Tri Iswardani Sadatun (dani.sadatun@gmail.com); Or your mentor will hand over this copy to the assigned member of TSC team of EMDR Asia.
- If there are more than one Trainer in Training, the portions given below can be reorganized as per the discretion of the senior trainer.
- Trainer candidates are required to attend the entire period of each training and present the appropriate sections as stated on the progress report.

*****PLEASE NOTE: Pages listed below are from June 2023 Edition of the Basic Training Manual*****

Trainer Candidate Name:	Location and Date Completed	Trainer Candidate Evaluation Score (Please Circle)
First Training Weekend: (Teach all 3 days) Day 1: Introduction and Training Goals through Eight Phases (pp 1-17). Day 2: How to Identify Neg and Pos Beliefs through Phase 3: Assessment. (pp 56-62) Day 3: Review previous day/Q&A, Further Strategies through EMDR Tx Plan Overview (pp 94-100)	Location: Date: Senior Trainer Signature:	Day 1: 1 2 3 4 5 Day 2: 1 2 3 4 5 Day 3: 1 2 3 4 5

Comments:

Trainer Candidate Name:	Location and Date Completed	Trainer Candidate Evaluation Score (Please Circle)
Second Training Weekend: Day 1: Phase 1: History Taking through Case Concept and Tx Plan (pp 19-33) Day 2: Phase 4: Desensitization through Emotional Responses (pp 63-72), Mary video intro and discussion. Day 3: Reevaluation & processing Present Triggers through Stabilization and Self-Management (pp 103—107 & 100-102)	Location: Date: Senior Trainer Signature:	Day 1: 1 2 3 4 5 Day 2: 1 2 3 4 5 Day 3: 1 2 3 4 5
Comments:		

Trainer Candidate Name:	Location and Date Completed	Trainer Candidate Evaluation Score (Please Circle)
Training weekend 4: Co-train or Lead entire training with Senior Trainer as safety net, or Day 1: Co-train on areas needing additional focus Day 2: Co-train on areas needing additional focus Day 3: Co-train on areas needing additional focus	Location: Date: Senior Trainer Signature:	Day 1: 1 2 3 4 5 Day 2: 1 2 3 4 5 Day 3: 1 2 3 4 5
Comments (weekend 4): 		
Training weekend 5: Co-train or Lead entire training with Senior Trainer or Mentor as safety net	Location: Date: Senior Trainer Signature:	Day 1: 1 2 3 4 5 Day 2: 1 2 3 4 5 Day 3: 1 2 3 4 5
Comments: 		

Trainer Candidate Name:	Location and Date Completed	Trainer Candidate Evaluation Score (Please Circle)
Training weekend 6: Co-train or Lead entire training with Senior Trainer or Mentor as safety net	Location: Date: Senior Trainer Signature:	Day 1: 1 2 3 4 5 Day 2: 1 2 3 4 5 Day 3: 1 2 3 4 5
Comments:		

All candidates in-training must average evaluations of 4 or higher by the end of training and do one Part 1 training solo with exceptional evaluations from participants before proceeding to Part 2 training.

**** All trainings must be done with EMDR Asia Trainers/Mentors Only ****