

Jude Audio 2

Hi, it's Jude again. I wanted to tell you a bit about what it's like to live with hemophilia.

Like I said before, it's a long word. Basically, it means my blood doesn't clot like most people's. So if I get a cut, I bleed longer. But that's not even the hardest part.

The tough stuff?

Sometimes I get internal bleeds—like inside my joints or muscles. It can really hurt. My knee once swelled up like a balloon just from walking too much. So, I can't always join in on recess games or PE. And trust me, it's the worst when you're stuck on the sidelines watching your friends have fun.

I also have to be super careful. No skateboarding. No tackle football. And if I do something risky, I might need a treatment—an infusion. That's when medicine goes into my vein to help my blood clot. It's not painful, but it takes time. Time I'd rather spend beating level 20 of my game or hanging with my dog, Pepper.

But here's the thing—having hemophilia doesn't mean I can't live a good life. I've learned how to speak up for myself. I know my body. I've got amazing doctors. And I've become kind of a pro at finding fun that doesn't involve crashing into stuff.

So yeah, some days are tough. But I'm still me—Jude. Hemophilia is part of my story. But I don't get to write the ending.