

KYR / Whistle Packet Making Reference Sheet

Purpose

Create and distribute **Know Your Rights (KYR) / Whistle Packets** to help community members stay safe and informed.

Materials Needed

- [Whistles](#)
- [Plastic Bags](#)
- Whistle / Stay Loud Zine Printable: [English Version | Spanish Version](#) and consolidated version (4 per page [here](#))
- [Lanyards \(Optional\)](#)
- [Know Your Rights “Red Card” Printable](#)

How to Assemble

1. Place a **whistle** and **Know Your Rights Red Card** inside a **plastic bag**.
2. Add a **Whistle/Stay Loud zine** (English or Spanish, or both).
3. Optionally, include a **lanyard** for easy carrying.

Where to Distribute

- Local small businesses
- Little Free Libraries
- Local mutual aid groups or pantries
- Neighborhood events

Tips for hosting own KYR Whistle Event

- Papercutter is helpful if needing to cut red cards or quarter size whistle instructions
- Place materials for assembly in bins or use cardboard boxes with flaps folded in, to keep supplies organized
- Helpful to have bins for completed packets
- Encourage participants to bring a bag where they can take completed packets and distribute within their own communities, organizations, etc.