

Beta Phia at- Large Chapter Agenda

Date: 2/17/2026 Time: 4:00 p.m.

Members present: Melissa Miasek, Rachel Seady, Rachel Adams, Jane, Jennifer Bail, Dorothy (Dotti) Grillo, Misty Smith, Kathy Morrison, Teresa (Kay) Hargett, Maria Steele, Mark Reynolds, Heather McAllister

| Topic | Key Points | Decisions/Actions | Follow-up (Who, what, when) |
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| <p><u>Membership</u> <u>Recruitment and</u> <u>Retention</u></p> | <p>Spring Induction Numbers: Athens State- Dr. Reynolds: UAH- Dr. Morrison:</p> | <p>M. Reynolds and K. Morrison have generated inductee lists. 11 have accepted about 15 in process. Scheduled emails are being generated to send reminders to accept in coming weeks. There are 7-8 from UAH and 3-4 from Athens. Currently, 9 inductees have accepted and are bringing guests (total of 38 planning to attend with inductees currently). Cut off is two weeks before the April 3rd induction ceremony so certificates can be processed. Good mix of both schools for induction...yay!</p> <p>M. Miasek anticipates a smaller group of inductees and offered to meet with Athens and UAH students to promote acceptance rate.</p> <p>K. Morrison thinks messaging is going well at</p> | <p>M. Reynolds will schedule a meeting with Ms. Melissa to meet with Athens students to discuss opportunity with students.</p> <p>H. McAllister, R. Seady, K. Hargett, and D. Grillo requested QR code to easily share info about chapter. M. Miasek will send via email to group.</p> |

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| | | <p>UAH. UAH currently has more graduates than undergraduates eligible due to criteria. At UAH, K. Morrison is working with M. Kane to generate some attention with grad students</p> <p>M. Miasek asked that H. McAllister please recruit any nurses climbing clinical ladder that could potentially be eligible. H. McAllister will share with leaders to help get word out. Being a member is great for nurses considering graduate school, it's a great resume booster, and potential for scholarships.</p> | |
| <p><u>Events</u></p> | <p>February: Valentines</p> <p>March: Manna House, Canned Food Drive, Hygiene Supplies!</p> <p>April: Lunch and Learn @Athen State 4/21- 12pm (chapter meeting before 11:30am)</p> <p>May: Chapter Meeting Night Out – CHAR? ** Annual Business Meeting – Board and Committee Leaders (after finals/ <i>In person</i>)</p> <p>June: Chapter Elections</p> | <p>Valentines shared with faculty to generate interest in Sigma...thank you, M. Miasek!</p> <p>M. Miasek developed monthly service calendar to celebrate the chapter's 50 years.</p> <p>Please plan to attend Athens Lunch and Learn if possible. Board member attendance would be greatly appreciated.</p> | <p>M. Miasek will coordinate with M. Steele and M. Reynolds regarding Zoom option for Lunch and Learn in April.</p> <p>M. Miasek will send flyer for Athens Lunch and Learn event.</p> <p>R. Seady mentioned having Concepts nursing students attend Lunch and Learn.</p> |

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| | | <p>May event will include an in-person educational session, and chance for dinner with members. Annual meeting/Business Meeting to be held at event. If space is available, non-members can come first come, first serve.</p> <p>Chapter elections will be held in June.</p> | |
| <p><u>Financial Report</u> Dr. Sheila Gentry Treasurer</p> | No report | <p>Current Budget: \$12,266.63</p> <p>Small expense for Valentine's gifts shared at UAH in February</p> <p>Upcoming expenses:</p> <ol style="list-style-type: none"> 1. Discussed covering funds for hosting upcoming Lunch and Learn event in April 2. Induction goody bags and Sigma gear for induction ceremony | |
| <p><u>Service</u></p> | <p>Spring Canned Food Drive (Month of March) Shower up- UAH ANS (1 Saturday) Manna House x2 (weekday)</p> | <p>Dates TBD</p> <p>March drive of some kind...considering partnering with ANS to do something</p> | <p>M. Miasek will send dates as events are scheduled/coordinated.</p> |

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| | | with ShowerUp. Two days (April and May) for Manna House events. | |
| <u>Research</u> | 37th International Nursing Research Congress 16-18 July 2026 Toronto, Ontario, Canada | M. Smith headed to Congress in July | |
| <u>Other</u> | <p>Moving forward:</p> <p>Board members - needing to be present at meetings/events</p> <p>Staggering of terms for June elections – Adding a one-time extension to the term</p> <ul style="list-style-type: none"> o President o Secretary o Mem. Ambassador <p>Committee Meetings</p> <ul style="list-style-type: none"> - Leadership Succession Committee members 1 designated meeting a year- Spring- ballot prep for June- Leadership Chair reports at annual business meeting - Governance members meeting- biennial bylaws... Instead meet to begin working on Chapter annual report (found in chapter management system) due in the summer. Final report can be submitted at annual business meeting. <p>Leadership Mentoring-</p> <ul style="list-style-type: none"> - Planning Spring 26 - Call goes April -mid May. Selected - Implement (pilot/trial) Fall 26- 4 students | <p>One board meeting in spring, one board meeting in fall, and one annual business meeting in-person</p> <p>H. McAllister (Mem. Ambassador), M. Miasek (President), and M. Smith (Secretary) agreed to serve for an additional year to help staggering of future elected positions</p> <p>Committees should have one meeting per year where committee members meet with chair for a more formal discussion. This will support the board process and actionable items/planning. Zoom or some formal meeting to discuss/prep spring ballot would be helpful. M. Miasek would like to attend. This information could then be shared at Annual Business meeting. This helps everyone in group to be on same page.</p> | <p>M. Reynolds added M. Steele as Athens VP (started in 2025). M. Miasek will send vote 30 days from today for board to vote on M. Steele’s VP role</p> <p>R. Seady offered to add one year to her role as succession chair to help with staggering elected positions</p> <p>M. Miasek asked for members to consider students who might be good candidates for the Leader/Mentor pilot. Student names should be submitted by the end of May.</p> |

- o 1 UG Athens State
- o 1 UG UAH
- o 1 grad UAH
- o 1 Clinical Nurse Leader
- Need assistance from Leadership Succession/
membership ambassador

By-laws reflect Governance meetings biannual, but M. Miasek would like the Governance members to review the by-laws and look over basic parts of Annual Report as part of that meeting. Board members are a part of that report development, so should consider attending the meeting as well.

Those meetings will help support completion of the Annual Report, which if completed, could be shared at the Annual Business meeting.

M. Miasek noted that the 'Leadership/Mentoring' section for the chapter's Key application was left blank. M. Miasek suggested piloting a leadership/intern experience for various students. We can make requirements of the experience our own, but a requirement might include attending three meetings during the period of a year or inviting students to Sigma-related meetings to support succession. Four

students max for pilot to participate for a one-year time. Or a requirement might be to attend two board events or activities. The goal would be to build succession line and provide members considering a leadership role with experiencing Sigma “behind the curtain.”

Induction is April 3rd, so any board members with student recommendations for this mentoring role should submit names to M. Miasek by end of May to solidify mentees. R. Seady mentioned a 3-minute elevator speech at Induction Ceremony to share about this opportunity and then provide a survey for interested inductees to sign up.

M. Miasek mentioned there are many board positions not being used if members want to be on board.

R. Seady requested the position ballot to be sent out at end of May and M. Miasek agreed.

R. Seady attended Sigma meeting and showed members how to log in to

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| | | Sigma and go to “My Account,” to Email Preferences, to Group Notifications and then click on Daily Digest to consolidate emails. | |
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Announcements: We are rooting for you, Melissa and can't wait for you to defend your hard work! :)

Adjourned: Meeting adjourned at 4:47 pm

Respectfully Submitted,

M. Smith, Secretary