

# **Water Safety**

## **Instructors Wanted!**



### **Water Safety Instructor**

The purpose of the American Red Cross Water Safety Instructor course is to train instructor candidates to teach courses and presentations in the American Red Cross Swimming and Water Safety program by developing their understanding of how to use the course materials, how to conduct training sessions, and how to evaluate participants' progress.

There will be about 7 hours of class time online for students to complete BEFORE the in-person sessions.

Participants must be at least 16 years of age.

It is required that students attend all in-person class periods. There will be a written test and multiple practice teaching evaluations based off of both the online content and the in-person class sessions.

### **Dates and Times**

Friday April 4th, 2023 4:00pm - 9:00pm

Saturday April 5th, 2023 8:00am - 6:00pm

Sunday April 6th, 2023 8:00am - 6:00pm

Participants **MUST** be able to attend **ALL** sessions in order to take the class.

### **Course Prerequisites:**

Participants must be able to:

Swim the following strokes consistent with Learn to Swim Level 4 Stroke Performance Charts

- Front crawl—25 yards
  - Back crawl—25 yards
  - Breaststroke—25 yards
  - Elementary backstroke—25 yards
  - Sidestroke—25 yards
  - Butterfly—15 yards
2. Maintain position on back for 1 minute in deep water (floating or sculling).
  3. Tread water for 1 minute.

### **Materials Needed for In-Person Classes:**

- Water Safety Instructor Manual (provided)
- Swimming and Water Safety Manual(provided)
- Swim suit (one that fits comfortable and will not shift while swimming)
- Towel, goggles
- Notebook, writing utensil
- Snacks/water
- Team work skills
- Good attitude

Upon completion of this class students will be certified American Red Cross Water Safety Instructors, lasting two years.

Class size is capped at 10 students.\*

**Course Fee: \$297 to be paid upon arrival to the class.**

Please contact Eric Ball [eric.ball@mapsedu.org](mailto:eric.ball@mapsedu.org) for more information!

