

On April 6th 2022, **Beth, Ellen, & Jim** presented 2-hour workshops for faculty and students at Ball State University, a member of the Interprofessional Education Collaborative (IPEC)<sup>1</sup>. Workshops were designed using objectives and survey questions focusing on skills associated with Core Competency 3: Interprofessional Communication Practices and Sub-competencies; CC3, CC4, CC7, and CC8<sup>2</sup>. The faculty session focused on skillbuilding and training the trainer; the student session solely on skillbuilding. Ellen and Jim were onsite and Beth was virtually present.



**75-100%** of faculty and students **'strongly agreed'** with all of the following statements about **Medical Improv**:

- Helps students with expressive communication skills like confidence and self-awareness.
- Helps students with listening skills like perspective-taking, validating, and observing.
- Improves student's ability to think on their feet and develop ideas quickly.
- Improves student's empathy levels for others and selves.
- Helps students become more comfortable with communicating in teams and in front of groups.
- Improves mindfulness by having students learn to stay in the moment.
- Helps students develop an attitude of respect for all members of the healthcare team.

**And what did they learn about improvisation?**

### **Faculty**

- *I learned that improvisation has many applications to classroom learning.*
- *So many ways I can implement it in my own teaching.*
- *The value of communication.*

### **Students**

- *I learned so much. How to listen to others and just be in the moment.*
- *I learned that improv is not nearly as scary as I was expecting!!*
- *To be more confident and speak up and use those creative parts of my brain*

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<sup>1</sup> Interprofessional Education Collaborative. (2016). Core competencies for interprofessional collaborative practice: 2016 update. Washington, DC: Interprofessional Education Collaborative.

<sup>2</sup> Many opportunities exist to align medical improv activities with all IPEC Core Competencies and many sub competencies.

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