

CLINICAL ASSESSMENTS

General

- [DIAMOND \(Diagnostic Interview for Anxiety, Mood, and OCD and Related Neuropsychiatric Disorders\) self-report screener \(blueprint; copy and paste\)](#). Includes:
 - [DIAMOND self-report 30-question screener/short form](#)
 - [DIAMOND elaborated & coded/long form](#)
- [DSM-5 Self-Rated Level 1 Crossing-Cutting Symptom Measure, Adult](#)
- [DSM-5 PROMIS \(Patient Reported Outcome Measurement Information System\) assessments below](#)
- [NIH Toolbox](#)
- [Unified Protocol for Transdiagnostic Treatment of Emotional Disorders: Workbook \(2 edn\) forms & worksheets](#)

Anxiety

- [PROMIS Level 2: Anxiety](#)
- [GAD-7](#)

Depression

- [PROMIS Level 2: Depression](#)
- [PHQ-9](#)
- [BDI-II](#)
- [Beck Hopelessness Scale](#)

Suicidality

- [Suicide Cognitions Scale](#)
- [C-SSRS: Columbia Suicide Severity Rating Scale](#)
- [Suicide Intent Scale](#)
- [Reasons for Living Inventory](#)
- [ASQ screening tool](#)
- [Beck Hopelessness Scale](#)
- [Suicide Behaviors Questionnaire-Revised \(SBQ-R\)](#)
- [Suicide Risk Screening Pathway](#)
- [SAFE-T](#)
- [SAD PERSONS Scale](#)
- [Suicide Risk Assessment Toolkit \(see pgs 9-11\)](#)

Self-Harm (Non-Suicidal)

- [Nonsuicidal Self-Injury](#)

PTSD

- [PC-PTSD-5](#)
- [PCL-5](#)
- [IES-R: Impact of Events Scale, Revised](#)
- [Other PTSD screening instruments](#)
- [Coping Strategies Inventory](#)

Childhood Trauma

- [ACE Questionnaire](#)

Dissociation

- [DES-II](#)
- [MID-60 \(overview\); MID-60 assessment](#)
- [The Multidimensional Inventory of Dissociation \(MID\)](#)
 - [Other MID versions](#)
- [Trauma and Dissociative Disorders explained](#)
- [DID research](#)

Substance Use

- [PROMIS Level 2: Substance Use](#)
- [AUDIT: Alcohol Use Inventory](#)
- [CAGE](#)
- [CAGE-AID](#)

Eating Disorder

- [Eating Disorder examination questionnaire \(EDE-Q 6.0\)](#)
 - [Administration & scoring](#)
- [Eating Questionnaire-A \(EDE-A\)](#)

ADHD

- [Copeland Symptom List](#)

OCD

- [Yale-Brown Obsessive Compulsive Scale and Symptom Checklist—Interview Version](#)
- [PROMIS Level 2: Repetitive Thoughts & Behaviors](#)

Sleep Disturbance

- [PROMIS Level 2: Sleep Disturbance](#)
- [Sleep apnea screening questionnaire](#)
- [University of Pittsburgh measures](#)

Mania

- [PROMIS Level 2: Mania](#)

Anger

- [PROMIS Level 2: Anger](#)

Personality

- [The Personality Inventory for DSM-5, Brief Form \(PID-5-BF\), Adult](#)
- [The Personality Inventory for DSM-5 \(PID-5\), Adult](#)

Cultural Formulation Interview

- [Cultural Formulation Interview](#)

Somatic

- [PROMIS Level 2: Somatic Symptom–Adult Patient](#)
- [Somatic Symptom Disorder](#)

Autism Spectrum

- [Autism Spectrum and Social Communication Disorders](#)

Psychosis

- [Psychosis Symptom Severity](#)

Oppositional & Conduct

- [Oppositional Defiant Disorder](#)
- [Conduct Disorder](#)