

The Practice of Eucharist

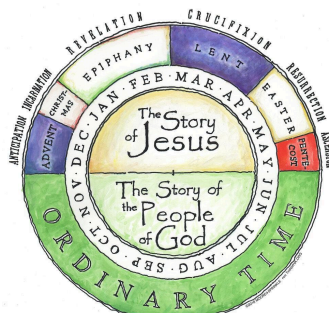
The sacrament of Eucharist was instituted by Jesus at the Last Supper (Luke 22:7-20), practiced by Him after His resurrection (Luke 24:30-35) and given further explanation by the Apostle Paul to the church in Corinth (1 Cor. 11:17-34).

In taking Eucharist, we are not only remembering Jesus' sacrifice of body and blood for the redemption of the world, we are also mysteriously united with Christ. The Apostle Paul takes this union seriously, "Is not the cup of thanksgiving for which we give thanks a participation in the blood of Christ? And is not the bread that we break a participation in the body of Christ?" (1 Cor. 10:16). Furthermore, Eucharist, while personal and intimate, is more than individualistic as we believe that followers of Jesus are also united and mysteriously made one body by sharing in the bread and cup (1 Cor. 10:17).

While we believe nothing magical occurs during Eucharist, something mysterious, real and powerful does. As a result of our theology, we partake in Eucharist on a weekly basis, generally at the end of our worship gathering as a crescendo.

We invite ALL (regardless of denomination) who have begun the journey to trust Jesus as Savior, Teacher and Lord to partake in the Sacrament of Eucharist. If you have not made a decision to follow Christ, please feel free to abstain as we are seeking to create an atmosphere of authenticity in which no one is manipulated into acting against their conscience.

Practicalities: When you come forward for Eucharist, come when you feel ready at your leisure down the center aisle. Receive a piece of bread and then dip that piece of bread into either wine or grape juice before eating it. Then you may return to your seat.



1030 Chateau St. - Helena, MT 59601
406-324-7273
www.helenaheadwaters.org



Sunday, August 31
Ordinary Time

Order of Service

Welcome

Call to Worship

Songs of Praise

Prayers of the People/ Offering

Children's Prayer

Ministry of the Word

Response in Worship

Communion

(Please check out back of bulletin)

Benediction



Where is your tree rooted? – Jeremiah 17:5-8

Who was Jeremiah, and why was his life so hard?

What can we learn from the life of Jeremiah?

What characteristic of Jeremiah's that is very admirable do we see in Chapter 13?

What is one thing you passionate about, and one thing that you should have a stronger fire burning for?

What does it mean when it says, "Cursed is the man who trusts in man?"

In what area or what situation to you find yourself most prone to turning away from the Lord?

How can we both place trust in and have a rooted trust that is the Lord?

How are we like a tree?

What are the applications today?



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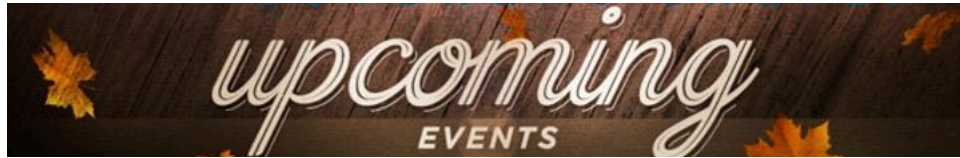
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Blessing of the Backpacks

For those who missed the back pack blessing, be sure to pick up your "Stay Sharp" key chain for your backpack to help be a reminder of our prayer for you and challenge for this next school year.

Muti Church Neighborhood BBQ

Mark your calendars as we join Helena Alliance for this opportunity to bless our neighbors and fellowship with other westside believers with a BBQ and fun filled afternoon - We will have lots of yard games, bounce houses and more activities for you and your kids to participate in.

Sunday, Sept. 21 – 12:00pm-3:00pm
Field behind CRA Middle School

To pull this event off we need your help as we gear up serve our neighbors! Here is a QR code for a variety of things we are asking folks to bring or donate.



to

There will also be a signup sheet at church for help in taking things from the church to CR Anderson the day of.

Plan also to join us **Saturday, September 13** as we go around the neighborhood of the church and invite our neighbors to the BBQ. We will gather at the church at **9:00am** grab some door hangers and head out!

X Commandments Sermon Series

Jesus said in the Sermon on the Mount, "Do not think that I came to abolish the Law or the Prophets: I did not come to abolish but fulfill" (Mt 5:17-18). Living in sync with the commandments leads to life, life as it was designed to be lived. And living in sync with the commandments leads to a life of freedom. Really? Life and freedom? Join us this fall and see for yourself! Beginning Sunday, September 14.



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Prayer Team Volunteers

Do you enjoy praying with and for others? We are looking for volunteers to help pray with folks during Communion in the back of the sanctuary. Please contact Pastor Seth or Pastor Iain if you are interested in being part of our prayer team!

Church Spot Cleaning Volunteers

Since we love to have snacks following the worship service, we need your help in spot cleaning so it doesn't get tracked around as we have many groups use the building throughout the week. We have a sign-up sheet in the foyer. There are still spots need to fill-in! Thank you for serving in this way!

Children's Church

Children's Church is every other week for kid's preschool-5th grade. We are continuing children's church through the summer and would love more help; if you are interested in serving, please contact Rachel Dombach – 360.305.8052
Next Children's Church Sunday, August 10th.

Men's and Women's Prayer Times

The most important and powerful thing we can do together is to pray.

Men's Prayer Tuesday's 7:00am-8:00am

Women's prayer Tuesdays 12:30pm-1:30pm

Men's Bible Study

When: Join us every Monday @ 6:30am – **Where:** 1889 Coffee House

The Study: We are working through Proverbs

Online Tithes

Thank you so much for your outrageous generosity!
We also want to make it convenient for you to share your resources online. Please scan the QR code to tithe.



Financial Snapshot 2025

	<u>Jan-Feb</u>	<u>March</u>	<u>April</u>	<u>May</u>	<u>June</u>	<u>July</u>
Budget –	\$27,068	\$13,534	\$13,534	\$13,534	\$13,534	\$13,534
Tithes –	\$31,864	\$15,844	\$14,803	\$10,917	\$10,956	\$12,746
Over/(Under)	\$4,796	\$2,310	\$1,269	(\$2,617)	(\$2,587)	(\$788)

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Wednesday Nights Bible Study and Fellowship for all ages

6:00-6:30pm **Dinner and Fellowship**

6:30-6:45pm **Games in the Gym for Everyone**

6:45-7:45pm **Discipleship Groups**

- Nursery for ages 0-3 *(If needed)
- Pre-K-2nd Grade Bible Study
- 3rd-5th Grade Bible Study
- 6th-12th Grade Bible Study
- Adult Bible Study (meet one week and serve on the off week)

7:45-8:00pm **Worship in the Sanctuary for Everyone**

Wednesday Fall Schedule 2025

Sept 17-Nov 19: Regular Life Together

November 26: Advent Party for the whole family

December 3 & 10: Regular Life Together

Adult Bible Study

Adults will be going through a study titled: The Gospel-Centered Life. The Gospel-Centered Life helps participants understand how the gospel shapes every aspect of life, no matter where you find yourself on your spiritual journey.

Youth Bible Study

Youth will go through a deep dive in the Epistle of James this fall, focusing on all the practical wisdom freely given to those who desire it.

Pre-K-5th Grade Bible Study

Kids will continue to use The Gospel Project: This study is designed to encourage true transformation that comes only from the gospel, not from behavior modification. It's all about Jesus, and every story points back to Him.

Nursery for ages 0-3 *(If needed)

We will provide a safe, loving, and God honoring environment for children to enjoy while their parents are involved in studying and serving.



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Life Together Fall 2025 Registration

Please fill out this form & put it in the offering basket
or scan the QR code and register online.



1. List the Names of everyone in your household who will participate in Life Together. Please include ages of children.

2. What is the best contact email address and phone number for your family?

3. Do you have any dietary restrictions for dinner? Please list.

4. How do you see any of the adults in your household serving on the off-week of their Bible Study? (choose any that are applicable)
 - o Helping or Leading the Kids Bible Study (pre-K-5th Grade)
 - o Helping with the Youth Bible Study (6th-12th Grade)
 - o Helping in Nursery (ages 0-3)
 - o Leading/helping to lead games at the beginning of the night
 - o Leading/helping to lead worship at the end of the night
 - o Cleaning up the kitchen after dinner



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Sunday Serving at Headwaters

THERE ARE MANY WAYS YOU CAN GET INVOLVED.
BEGIN WITH PRAYER AND CONSIDER ONE OF THESE AREAS
WHERE YOU CAN SERVE

☐ Welcome Team

Before Church: Arrive by 9:45am to start a pot of coffee, restock coffee/tea supplies as needed, welcome people and hand out bulletins as folks walk into the sanctuary

After Church: Walk through the sanctuary, clean up the communion table, empty the coffee pot, clean coffee grounds, turn off the coffee maker, gather the tithe from the sanctuary, count it in and deposit the tithe at a Valley Bank location. **Scheduled in Planning Center once every 4-6 weeks.**

☐ Worship Team

Calling all musicians! Worship teams rotate regularly and are **scheduled in Planning Center once every 4-6 weeks** based on **your availability**. If you have a passion for worship, we'd love to have you join us!

☐ Audio/Visual Team

The A/V role includes arriving by 9:15am, preparing lyric slides for worship, starting and monitoring the live stream, and adjusting sound as needed. This is a great place for teens to serve! **Scheduled in Planning Center once every 4-6 weeks.**

☐ Children's Church Leader or Helper

We offer Children's Church during the worship service every other week during the school year for kids ages Pre-K to 4th grade. If you are interested in helping disciple our kids, we'd love to have you join us! All kids ministry volunteers are required to complete RTR (Reduce the Risk) Training. **Scheduled in Planning Center once every 4-6 weeks.**

☐ Church Cleaning

Since we do not hire a cleaning service, we need your help to keep our space clean. We have a sign-up sheet in the foyer for families/ individuals to **sign up for a month at a time**. More than one individual can sign up per month to share the load. Instructions and a cleaning checklist are hanging on the wall in Pastor Iain's office. **Cleaning can be done anytime during the week** that fits your schedule, but ideally the upstairs would be clean for Sunday mornings.

I am willing to serve! Please contact me about the ministry area(s) I have checked above.

Name: _____

Phone Number: _____

Email Address: _____



SERVING
BY SERVING