

Scripts for booking site treatment descriptions:

Elective and Medically Indicated Breast/Chest Surgery Massage

Speed healing, manage scar tissue, reduce numbness and promote healthy circulation after elective and medically indicated breast surgery such as breast augmentations, lifts and reductions. Male chest surgery like gynecomastia and chest implants are also welcome.

This initial appointment will allow us time to discuss your surgical case history, do a thorough assessment, and still have time for hands-on treatment, home-care instructions and treatment plan.

Breast Cancer Surgery Massage

Book this appointment if you've gone through any kind of breast cancer surgery, which may include (but not limited to): mastectomy, lumpectomy, expanders, breast reconstruction, DIEP flap, TRAM flap, Lats flap and more.

This initial appointment will allow us time to discuss your surgical case history, do a thorough assessment, and still have time for hands-on treatment, home-care instructions and treatment plan.

By investing in your surgical preparation and recovery, you're opening the door for faster, more streamlined healing, more flexible scar tissue and reduced likelihood of post-op complications.

Gender-affirming Surgery Massage

Welcoming your new chest or breasts with massage therapy can speed up healing, adjust to body changes, and offer home care for confidence in your new shape. As well, you can access healing support for other gender-affirming surgeries like nose, eyes, lips, jaw and more.

This 75-min initial session includes time for history, assessment, treatment, home-care and treatment plan.

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