

# Why You Should Ruin Your Life

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Ruining your life isn't as hard as it may seem. There are millions of ways for this to happen, but I believe this is the most effective. Ruining your life can mean so many things, from hitting rock bottom to giving up everything you worked so hard for. Ruining your life could be the best thing that could ever happen to you, but how would you know if you missed this opportunity?

As children, we have been told that our only job is school because we are forced to believe that if you don't have an education, then you are wasting your life, but what if I told you that those people are entirely correct and this is just the first step in ruining your life? There are eight easy steps to failing out of school. This advice is for college students, but it can apply to all.

Step one is don't go to class regularly; not showing up to class is less about the attendance than unofficial absences, so not showing up will let the teacher know that you just don't care enough to do so, and you won't be in their passed list of students.

Step two, don't do the reading.

Step three, if your teacher assigned the reading, not doing it is ideal because if they cover it in class, you won't know it, thus making it less stressful on your behalf because, let's face it, you have better things to do besides school. Not doing the assigned work will likely help you fall behind to the point that you can't catch up and you shouldn't even try.

Step four, waiting until the last minute is the best way to show your teachers that you are not going to pass this class. Now, personal issues might get in the way of you completing an assignment early, but just simply not doing it until just before it's due will put you on the track of ruining your life and education — which is what everyone wants in life.

Step five, never go to office hours. If your teacher offers office hours, just don't go. It means that you sit and ask more questions that you learned about during the week. Even if you are lost and need help, don't go. It reflects on how much you care about school and you shouldn't.

Step six, assume you deserve a good grade. Grades are supposed to be earned, but even if you know the material, feeling like you are entitled to a grade will make you put less effort into your work, which will show your teachers that you just don't care and will cost you your grade.

Step seven, never ask for feedback on your work. Doing this might help improve your grade and nobody wants to do that. So next time you hand something in, whether you believe it is good or not, just sit back and relax and never worry about that again.

Step eight, focus exclusively on your grade. All that matters is that you are barely passing the class without putting in any work. You are never going to need to know what you learned in school anyway, so just relax and do the bare minimum. School and grades are just the first steps to ruining your life in the best way possible.

Insecurities, we all have them. Do you ever just wake up one day and look at yourself and dislike certain aspects of your face and body? Well, there is a permanent way to change that. Drugs. Just like all things, they have their positive and negative effects. Some of the positive effects of drugs are that they permanently change the way you look, think, and feel. On the other hand, they are extremely addictive, and I would normally suggest that you should never do them, unless of course they are prescribed, or you just want to ruin your life and let down everyone who loves and cares about you. Here are just a few ways drugs can change your appearance and body.

Steroids cause acne breakouts on your face and body. Meth causes acne, dull skin, and self-inflicted wounds from picking at your face and body because you think that bugs are crawling under your skin, leaving sores and scars. And don't forget those needle marks and collapsed veins if you shoot up any drugs! Meth causes a decrease in appetite, causing you to look thin and skeletal. Steroids can cause you to stop growing – you may never reach your full adult height. (“How Drugs”)

With all of this being said, you have to stop and think to yourself, do I really want to live a full, healthy, and long life or take the easy route? Drugs are something that can seem harmless but can set you right on track for ruining your life, which is all that everyone wants.

Do you ever just think to yourself and say, Jesus, I have way too much money? Well, if so, here are a couple of ways to get rid of all that extra cash and ruin your life.

Here are a couple of ways overspending could hurt you. It could ruin your relationships because it takes longer to recover from an argument about money than any other argument, so if you ever want to ruin a relationship with someone you really love, then just argue about cash until they leave you.

Gambling is an easy and quick way to get rid of all the bothersome money that just holds you back. Spend a night in a casino and don't leave till you're broke. Gambling also comes with some new and exciting perks like depression, anxiety, and an increased risk of suicide.

Debt due to unnecessary purchases. Debts include interest, and when you're in debt, you are paying back more than what you spent. So if you were looking at that rainbow-feathered coat with a leather strap that only cost thousands of dollars, go ahead and buy it. It's your life. Even if you die before you get out of debt, just leave it all to your loved ones and ruin their life with your debt.

I guess what I'm trying to say is that life is short, and don't ruin it by not being there for yourself. It makes a difference in how your life should, and could, turn out. When you think about it, how important is it to you that you take care of yourself the proper way?

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