

## **SUMMA Packing List**

### **Linens**

- ☐ Pillow
- ☐ Sleeping bag or sheets for a long Twin bed (twin XL)
- ☐ Blanket (if you get cold)
- ☐ 2 bath towels and washcloths

### **Toiletries**

- ☐ Soap/ Body wash
- ☐ Toothbrush & toothpaste
- ☐ Lotion
- ☐ Shampoo/Conditioner
- ☐ Deodorant
- ☐ Sunscreen
- ☐ Bug Spray
- ☐ Travel pack of tissues
- ☐ Feminine hygiene products, if needed
- ☐ A Toiletry Bag/shower caddy to carry things to and from the bathroom
- ☐ Shower Shoes/Flip Flops

### **Clothing**

- ☐ Casual Shorts/Pants/Jeans
- ☐ Casual Shirts
- ☐ Professional Dress (for debates)
  - ☐ Dress Pants, Coat & Tie
  - ☐ Suit
  - ☐ Dress
  - ☐ Skirt and blouse
  - ☐ Appropriate shoes for dress
- ☐ Pajamas (remember you are in a shared sleeping area, so these must be appropriate)
- ☐ Underwear
- ☐ Bathing suit (see pool guidelines not sure if you will need, but better to have it). For females an active/sporty style suit is best
- ☐ Rain jacket/poncho and/or umbrella
- ☐ Sweatshirt or jacket
- ☐ Shoes for afternoon and evening activities (chacos, tennis shoes - something you can walk around in)
- ☐ Sturdy shoes if you plan to hike
- ☐ Socks if needed for other shoes

## **Seminar Items**

- ☐ Writing Materials (notebook, paper, pen, pencils, etc)
- ☐ Laptop/Tablet with keyboard (strongly recommended, but optional)
- ☐ Bible (New Revised Standard Version preferred, but not required)

## **Other Items**

- ☐ Flashlight with extra batteries
- ☐ Phone charger (you may want to bring a longer cable)
- ☐ Refillable water bottle that closes
- ☐ Sunglasses
- ☐ Small backpack
- ☐ Laundry supplies, if needed
- ☐ Laundry bag for dirty or soiled clothes

## **Optional Items**

- ☐ Musical instrument or other props for Camp Talent Show (“SUMMA’s Got Talent”)
- ☐ Spending Money
- ☐ Laundry detergent (*Note: You will have access to the dormitory laundry facilities free of charge*)

## **Medication**

A separate medication form will be sent to participants.

## **Do Not Bring**

- ☐ Bicycles, skateboards, skates, scooters, or rollerblades
- ☐ Extension cords
- ☐ Televisions
- ☐ Flammable items (such as candles, popcorn poppers, hot plates, etc.)
- ☐ Alcohol, illegal drugs, or tobacco products of any kind
- ☐ Firearms, knives, or weapons of any kind
- ☐ Pets of any kind