West Granite Composite MTB Team Student Athlete Quick Start Guide

📋 How to Join

- Step 1: Click HERE to fill out the team interest/sign-up form
- Step 2: After March 29, register with NICA via PitZone (link sent by coach on/after March 29).
- Pro tip: While registration is in the spring, you will register based on the grade you will enter in the fall.
- Deadline: Utah League registration closes May 30.
  - *Note: Students must be fully registered and paid to participate in practices or any other events. An athlete may "try it out" **one time** after a parent/guardian signs a waiver that can be provided by a Head Coach*

💰 Costs

- League Fees: Jr. High (Grades 7-8th) $330; High School (Grades 9-12th) $400
- Team Fees: Junior High $75 first rider; High School $100 first rider
  - Multiple athletes/household: Pay full fee for oldest rider and $50 each additional
- Racing Kit: Jerseys & shorts from Volt Team Store (approx. $70 per item).

🔧 Required Gear

- Quality mountain bike, helmet, water bottles/Camelbak
- Need a loaner bike…we have some options, click here for the request form and the agreement. Please plan for approximately 2-3 weeks' time from your request to arranging delivery of the bike.
- Gloves, spare tube, multi-tool, snacks
- Bike light (1000 lumens) for evening rides starting mid-August

📅 Key Dates

- Pre-season practice dates: May 2, 4, 9, 11, 16, 18, 28
- Regular season practices: Mon & Thu (6–8 pm); Sat (9–12 pm)
  - Regular season practices run from June – October
- 2026 Race Schedule:
  - Aug 22 – Race 1 @ Soldier Hollow
  - Sept 5 – Race 2 @ Eagle Mountain
  - Sept 26 – Race 3 @ Moab
  - Oct 10 – Race 4 (HS Only) @ Cedar City
  - Oct 23-24 – State Championships @ To Be Announced
  - !!NEW!! November 14-15 – Western Regional Races @ St. George

❓ Additional Info

- Click here for the slide deck from our kickoff meeting
- Click here for financial assistance information for league fees from the Utah league
- Additional Questions – Please Contact:
  - Tammy Henry - Jr. High (7-8th Grades) Head Coach: tammy.jo.henry@outlook.com
  - Rochelle Bartschi - High School (9-12th Grades) Head Coach: rochellebartschi@yahoo.com
  - Matt Frank - Team Director: wgcmtb@gmail.com
  - Treasurer: wgcmtbtreasurer@gmail.com
- More info: https://wgcmtb.org | https://www.utahmtb.org

Q&A

Q: As a returning athlete, do I need to purchase a new kit this year?

The kit design has not changed since last year. The league requires that we race in the same jerseys. If you have either of the two most recent “Ohana” themed jerseys, you will be fine. You may want to consider purchasing a new kit to use for races and use the prior kit for practices.

Q: Can I participate before I am fully registered?

NO. Riders must be fully registered to participate at practices or any other Utah High School Cycling League events. Riders ARE NOT INSURED until they are fully registered (signed waiver and complete payment). A one time “try it out” waiver is available from a Head Coach for any athlete to use for a single practice. This may only be used once per athlete.

Q: When is the team fee due?

The due date for team fees is July 1.

Q: I can’t remember my Pitzone email/username to login?

The email invitation was sent to the email you used to sign up. Your coach can also verify your email login. If you forgot your password, click on the forgot password link.

Q: I entered incorrect information (e.g. birthdate, medical information), how do I change this?

Log in to your Pit Zone account and change the info by clicking the “rider profile” button, then the “rider information” tab and then the “edit” button.

Q: As a parent, guardian, or other adult, can I participate with the team?

Absolutely!

We’d love to have you join us to help coach and guide our student athletes. You can ride with the team as a coach (not as daunting as it may seem) and volunteer to help with committees, trail work, etc.

If you own a vehicle capable of pulling the team trailer to races, we are always looking for willing drivers and will pay for your gas when you pull the trailer.

Please talk with a Head Coach or the Team Director for more information.