

# 2025 Mt. Vernon Invitational

Date: Tuesday, September 16, 2025, 6:00 PM Girls Race,  
Boys to follow



Location: Cross Country Course located west of the  
Track and Field Complex at Mt. Vernon Township High  
School

Race Time: Separate Girls and Boys race—unlimited entries for both. Girls race first and then Boys race. Coach's Meeting at 5:30  
pm at the finish line.

Entry Fee: No Fee

Awards: Top 10 finishers will receive medals for each race

FIRST PLACE TEAM PLAQUE FOR BOYS

FIRST PLACE TEAM PLAQUE FOR GIRLS

ATHLETIC TRAINER WILL BE AVAILABLE

Scoring: Top 5 runners from each team will count towards the team score, and if the 6th runner's place breaks the tie.

Timing: The Meet will be timed by TRXC timing. Live results [available at this link](#)

Entries: You may run all your runners in the races without designating the top 7.

[Entries will take place on Athletic.net \(Online Entry Link\).](#) **ALL entries will be due NO LATER than Monday, Sep. 15th at 9:00AM**

**CST. No late entries will be accepted.**

Entry Questions? Please reach out to Paul Golian - [paul@trxctiming.com](mailto:paul@trxctiming.com)

Links (Click): [Box Assignments](#) [Roster \(Boys\)](#) [Roster \(Girls\)](#)

Chip Return: **Teams are responsible for returning their timing chips at conclusion of the meet, in numeric order and rubber banded. Any lost or damaged chips will result in a \$35 fee per chip!!**

Course: **MAP INCLUDED**--The start line is directly west of the High School Track. Grass course with the race finishing on the track.  
(Course distance is 3 miles)

Facilities: Camps must be set up outside the Mt. Vernon High School Track.

Teams in Attendance: Carbondale, Centralia, Marion, Mt. Vernon, Hamilton County, and Salem Please call one of the coaches if  
you have a question. Looking forward to seeing you.

Contact: Head Boys Coach: Trace Turner (618) 214-2444

Head Girls Coach: Robert Grider (618) 315-8416

Athletic Director: Seth English (618) 218-0014

