



## **2025 BELLINGHAM SCRAMBLE**

### **DATE (Tentatively):**

Weekend of December 6/7th, 2025

- Gym opens at 7:30 AM
- Coaches meeting 8:30 AM
- Wrestling to begin at 10 AM

### **LOCATION:**

516 High St, Bellingham, WA 98225

-Park in lot 9G and walk north towards Carver Gym. The doors are on the East side of the building.

### **WEIGH IN:**

Satellite

### **WEIGHTS:**

NCWA:

- Men: 125, 133, 141, 149, 157, 165, 174, 184, 197, 235, 285
- Women: 101, 109, 116, 123, 130, 136, 143, 155, 170, 191, 235

### **Style:**

Folkstyle will be wrestled for Men. Women will have the opportunity to wrestle both Folkstyle and Freestyle. No competition between Men and Women will take place.

## **FORMAT:**

Coaches will rank wrestlers 1 to 4 and matches will be paired at similar skill level and weight. Every wrestler will be given at least 3 matches. More matches will depend on time restrictions. The number of mats used will depend on the number of registered athletes.

## **Registration:**

Email [western.wa.wrestling@gmail.com](mailto:western.wa.wrestling@gmail.com) with entries (expected weight, skill level, and name) and add any questions.

Individual entry fees will be \$35. Teams with more than 10 athletes will be charged \$350. Men's and Women's teams will be charged as separate entities.

## **Eligibility:**

With the compliance of the NCWA (National Collegiate Wrestling Association), no unattached wrestlers may participate. NCWA member schools (such as WWU) may host competition ONLY between wrestlers and teams that are active members of the NCWA, NCAA, NAIA, NJCAA or CCCAA.

## **Admissions:**

Adults pay \$5. Students with a WWU ID and children under 12 are free. Cash, a Card, or a check made out to WWU Wrestling will be accepted.

## **Amenities:**

- Showers on site
- Regional airport out of Bellingham ~ 15 min drive
- Airport Hub out of Seattle-Tacoma ~ 90 min drive
- Contact [Western.wa.wrestling@gmail.com](mailto:Western.wa.wrestling@gmail.com) for practice info the day before

# Parking:

C Lot will be open to the public during the weekend

