

MENTAL HEALTH RESOURCES

Mental Health for Youth and Adults:

www.mentalhealthamerica.net

www.nami.org

www.nimh.nih.gov

www.nctsn.org

www.mentalhealth.gov

www.thenationalcouncil.org

www.samhsa.gov

www.mentalhelp.net

www.childmind.org

Depression and Bi-Polar:

www.bpkids.org

www.dbsalliance.org

www.bbrfoundation.org

www.familyaware.org

Anxiety:

www.adaa.org

www.ocfoundation.org

www.anxietypanic.com/index.html

www.nctsnet.org

Eating Disorders:

www.anad.org

www.eatingdisordersanonymous.org

www.oa.org

Psychosis:

www.bbrfoundation.org

www.schizophrenia.com

Substance Use and Substance Use Disorders:

www.aa.org

www.na.org

www.al-anon.alateen.org

www.drugabuse.gov

www.drugfree.org

ADHD:

www.aacap.org/cs/resource.centers

www.chadd.org

www.healthychildren.org

www.help4adhd.org

Suicidal Thoughts:

<https://suicidepreventionlifeline.org/>