

DECATHLON

MONDAY & TUESDAY, 3 & 4 JUNE 2019

[BISHOP FEEHAN HIGH SCHOOL](#)

Transportation						
Day	Dismissal	Bus Leaves TC	Travel Time	Arrival @ Meet	Bus Leaves Meet	Arrival @ TC
Mon. 6/3	1:45 PM	2:00 PM	+/- 25 min.	+/- 2:25 PM	+/- 5:00 PM	+/- 5:45 PM
Tues. 6/4					+/- 5:45 PM	+/- 7:45 PM

Notes	
Travel - A white bus will travel to and from the meet according to the schedule above. - With prior notice, individual athletes may travel to/from the meet on their own. - If time allows, at the conclusion of Tuesday's events, the team will meet the girls heptathlon crew and coaches for a team-sponsored meal at Chipotle in the plaza. Weather - In case of bad weather, the decision to hold the meet will be made by 1:00 PM - Check team Instagram and TC Athletics Twitter for updates. Awards - Plaques to the top 5 individuals - Plaques to the top 3 teams - T-shirts to each event winner and the top 20 individuals. Order of Events - See below for details. - Further meet details can be found here. Facility - Bishop Feehan is a 6-lane composite track.	Field Events - General - All fair attempts will be measured. - All marks will be metric. - High Jump - Two pits will be used. - Opening height is 1.23m (~4'). - The bar moves up in 5cm increments. - Athletes are allowed no more than 6 total jumps. - Long Jump 1 pits will be used. - Each pit's board is painted. 3 jumps; no finals. - Triple Jump 1 pit will be used. - Boards are painted at 24', 28', 32, and 36'. 3 jumps; no finals. - Shot Put 1 circle will be used. 3 throws; no finals - Javelin Throw - Grass runway 3 throws; no finals

Order of Events & Notes			
Day 1		Day 2	
1	100m: Heats seeded randomly	1	110m Hurdles: Heats seeded randomly
2	Long Jump*	2	Triple Jump*
3	Shot Put*	3	Javelin Throw*
4	High Jump*	4	Discus Throw*
5	400m: Heats seeded randomly	5	1500m: Sections seeded by total points
*Field event order may differ; athletes should come prepared.			