



Updated January 28th 2025

## **Rock Climbing Club Information**

After School Climbing will begin in the third week of term 1. There are approximately twelve scheduled sessions over this term and the first half of term 2, running on Monday or Thursday. Students will need to elect which session (Monday or Thursday) they would like to attend. The first sessions will be on Monday 10<sup>th</sup> February and Thursday 13<sup>th</sup> February. There may be some shuffling of days during the first few weeks. The last planned session will be May 29th.

Climbing Club normally runs from 3:15-4:45 pm on our home wall. Students should get changed into climbing appropriate clothing after period 5 and meet at the climbing wall on their chosen day. Please bring warm clothes - it can get quite cold in the shade as the year progresses.

Cost of Climbing Club membership is \$110.

In addition to climbing on our home wall, climbing club membership includes the following:

- Up to four trips to climb at Port Chalmers Quarry after school instead of our home wall. We will return by 6:00 on these days.
- Two private sessions at Resistance Climbing Gym.
- Invitation to a special OGHS Gear Night with special discounts and access to knowledgeable climbing staff.
- Discounts on local day trips.

The Climbing Club also offers trips for those who want to climb a bit more. These have an additional cost and include:

- Long Beach in Dunedin
- A weekend in Christchurch - Port Hills
- Special lead climbing sessions
- Lead climbing course upon request

See the school sports website and [climbing calendar](#) for details on these and other trips.

New in 2025, we are offering strength training and/or technical skills training (knots, anchors, etc.) on the day you are NOT climbing. This is optional, but at no additional cost. Strength training at the gym will not be supervised by a climbing instructor.

A qualified Rock Leader or higher will be present for all climbing activities. This will usually be me (Daniel Bleckinger). If I am unable to attend a session, I will try to find a suitable replacement, but if none are available, we may need to cancel a session. Climbing may also be cancelled in case of wet weather or other unforeseen events.

All cancellations, announcements, or updates will be made on the Climbing Google Classroom by the end of Lunch. Some cancellations are expected through the season and no refund or partial refund will be given.

All climbing gear is provided, but you are encouraged to bring your own shoes, harness, helmet, and chalk if you have them.

Please ensure you return the completed consent form to the school office as soon as possible. We have limited numbers to ensure all students get a quality experience with plenty of climbing. Full payment is due to the school office before participating. Make sure you are on the Google Classroom (b44z4xv) for additional information and updates.

Let me know if you have any questions or concerns.

Climb on,

Daniel Bleckinger  
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