

Anchor Terms & Conditions

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Anxiety Relief Content Disclaimer

Our guides and exercises are designed to provide relaxation and personal enrichment for individuals experiencing anxiety and panic attacks. We do not claim to provide medical or therapeutic benefits. The content provided is for general informational purposes, and we make no representations or warranties of any kind, express or implied, about the completeness, accuracy, reliability, suitability, or availability with respect to the anxiety relief guidance or accompanying materials.

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Marketing Consent

By subscribing to our service, you consent to receive marketing materials from Jayden Broadway, including but not limited to newsletters, promotional offers, and updates about our products and services.

Refund Policy

All sales are final, and there are no refunds. If you cancel your subscription, you will not receive a refund for any remaining time or content left in your subscription.

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You may cancel your membership at any time. Upon cancellation, you will be immediately removed from the app and will no longer have access to the anxiety relief content or other membership materials.

Governing Law

These Terms of Service shall be governed by and construed in accordance with the laws of the state of Nebraska, without giving effect to any principles of conflicts of law. Any legal action or proceeding arising out of or relating to these Terms of Service shall be brought exclusively in the federal or state courts located in Nebraska, and each party irrevocably consents to the jurisdiction of such courts.

Acceptance of Terms

By subscribing to our service, you acknowledge that you have read, understood, and agree to be bound by these terms and conditions. If you do not agree to these terms, please do not use our service. By joining Anchor, you also agree to our hosting platform, Grouped's, [terms and conditions](#) and [privacy policy](#).

Contact

If you have any questions or need further clarification about these Terms & Conditions, please reach out at: calminyourpocket@gmail.com.